Vol. 49, No. 5/MAY 2023 P.O. Box 70 • Millstone, N.J. 08510 A MONTHLY PERIODICAL SERVING CLEARBROOK

May 29



Glorious spring!

Photo by Ed Hornichter

### Healthcare Center Services: We Are Here for You!

#### By Elizabeth Caruso, MSN, RN, COHN-S -Nurse Manager

The Healthcare Center provides a variety of services for the Clearbrook community residents. This article will help you understand how we are able to serve you! Please familiarize yourself with all that we are able to provide for you and your healthcare needs.

The Healthcare Center is here for you and is open every day of the year, 24

hours a day, including weekends and holidays. The nurse responds to emergencies that occur in your home and within the community. The 911 dispatcher will call the Healthcare Center and inform the nurse the nature of the emergency and location and that the Monroe Township First Aid Squad is en route. All of the nurses are certified in Basic Life Support and automatic external defibrillator use.

In addition to responding to

emergencies, our nurses offer phlebotomy/lab services. We are able to draw blood and collect urine specimens. We can have the results sent to your doctor. We request the prescription be dropped off to the Healthcare Center no later than the day before your scheduled lab work. Please check with your primary insurance to see if your insurance company has a contract with a particular laboratory. We use Saint Pe-

#### (Continued on page 4)

# **Shuffleboard Starts Again**

#### By Lee Wargo

Spring is the time to enjoy the outdoor activities at Clearbrook.

We are pleased to announce that shuffleboard will start on Tuesday, May 2 at 5:30 to 7 p.m. and every Tuesday from then on.

Come to the Shuffleboard Courts behind the Clubhouse to enjoy some outdoor fun and exercise with your friends and neighbors.

Presorted

Standard

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All residents are welcome. Call Lee at (609) 619-3978 with any questions. See you there.







Having fun at the \$5 Dance on April 22.



Fiber Arts Club member Ellen Sherman, (right) and her beautifully hand embroidered cross stitch tablecloth!

#### Voice of Clearbrook – Channel 26 What's Your Passion? Now You Can Share It with The Clearbrook Community.

By Matthew Troncone, VOC Producer/Announcer/ Engineer

#### Spotlight: The Producer

Many people have a passion. Some for music, art, reading, or gardening. Others may prefer ceramics, billiards, or outdoor sports, you name it, and somebody enjoys it.

What's your passion? Why not share it with the Clearbrook community?

As a producer of your own show, you get to share your knowledge and expertise on your favorite subject or skill.

Preparing and producing a show takes some planning. You pick a subject, research it, and gather the facts. Once you have your topic picked out and the research is done, it's time to plan out a script, or least a little bit of thought of how to present your material. Then share it in the best way for your audience. Will it be totally live or prerecorded video, maybe a combination of both?

The viewer survey conducted last year by the VOC showed health related information as the number one topic our audience was interested in. I've been producing a Vlog on health topics since 2007, so bringing my show to channel 26 was an easy transition. "You're A Survivor... Now What?' came from a life changing experience that produced a need for better health and nutrition.

If this sounds a little bit overwhelming, stick with me, it's easy when you have a system to follow.

You're not alone, bring your idea and we will help with the rest. You can be on the air before you know it!

After you produce your first show, suddenly you find yourself requesting dates for more shows. It is very exciting and gives you a sense of accomplishment. It is also a great way to give back to the community.

Come by the studio any morning Monday through Friday and bring your ideas. Let's make it come to life.

The Voice of Clearbrook meets every two weeks in the clubhouse at 12 pm in the multi-purpose room. During the meeting, the schedule of shows and titles for the following two weeks. Also, each show's announcer, engineer, and producer for the upcoming week's programming are set.

Our next VOC meetings are

# Lifestyle Happenings

#### By Krystal Graves, Lifestyle Director

Lifestyle is gearing up for the hot weather months by planning some steamy events for summer, but before we get to summer, we need to round out spring with the month of May.

May brings us some amazing events like Broadway's *Some Like it Hot,* Casino Night brought to Clearbrook by sponsor The Gardens at Monroe, a trip to Sight & Sound to see *Moses,* Comedy Night and a Mocktail Lounge but we also need to give a little teaser as to what is up ahead in June.

Right around the corner, we kick off June with another amazing \$5 Dance and this time the theme is Prom Night. Now, we do not expect tulle dresses and corsages but if you ever feel inclined to dress up according to our theme, we would love to see it!

Following our \$5 Dance will be a spectacular and splashworthy pool party at the Clubhouse pool. Registration will be required for this event. June also brings us another great Self Defense class with resident Frank LaRosa, Broadway's MJ, a patriotic floral design class sponsored by LARES Homecare and last but certainly not least RENT at the Cultural Center being brought into Clearbrook by Plaza Productions.

We hope to see you at one of our many spring and summer events and wish you a Happy Mother's Day and Memorial Day!





on May 9 and May 23 . All are welcome.

You can also call Ralph Carito at 609-860-5631 or Maureen Tereshko at 908-202-

#### 6537 for more information. Recent and Recurring Shows

One of the favorite recurring shows includes Murphy's Law on Tuesday nights at 7:30 pm. Murphy has endless movies, television shows, and Broadway productions. Tune in and catch some tremendous classic programming.

This past month, our weekday morning shows got right back on schedule. We had the debut of a new show featuring jazz music. The show is produced by Bradley Misell. You can turn on your television each morning to hear some music as well as special live broadcasts.

We welcome artists and hobbyists to contact us so we can interview/film them and their works in their homes for upcoming VOC shows. If interested, please call Stan Brim at 732-614-1277 to set up a short phone meeting.

#### Channel 26 is your Central Hub

Channel 26, the Voice of Clearbrook (VOC) cable TV station, is your central hub for Clearbrook news and relevant entertainment. We broadcast a live entertainment show every weekday morning from 9:30 -11:30 am. We also have a live show on Tuesday nights from 7:30 - 9:30 pm and once a month on Friday nights. On all other days/times, Channel 26 features scrolling announcements set to various great music. NOTE: We will be broadcasting taped shows soon. Stay tuned!

#### Three Ways to Watch Channel 26:

**On your TV**: If you have Comcast cable TV, go to Channel 26.

On your computer from the Clearbrook website: if you don't have Comcast or can't view Channel 26, go to Clearbrook-nj.com, click Resident Login, and enter your ID and password. Then click **Play** on the video that displays to stream Channel 26 directly from the web. (If you don't have an ID password, call the Clearbrook Administration office at 609 655-2706.) In the Clubhouse: View the TV next to Activities. It plays Channel 26 exclusively and continuously. Want to know ahead of time which shows to watch? Refer to the bi-weekly schedule posted on the Clubhouse Activities bulletin board, the Channel 26 TV bulletin board "scroll," the Clearbrook resident's Facebook page, outside the TV studio room in the Clubhouse, or the Clearbrooknj.com website (under VOC -> Morning Broadcast Schedule). Lights, Camera, Action,

# **Manager's Report**

#### By Donna Galindo, CMCA

Section elections are taking place in May. It is important to vote and stay involved with your Section to keep yourself informed.

It is the time of year we like to begin our outdoor projects. As a reminder most landscape and architectural alterations require an application for approval. The Landscape and Architectural Applications have been combined and updated for convenience. You can find the new application as well as the updated regulations on the website and at the Administration Office. Please contact Andrea Wolstromer at the admin office if you have any questions on Landscaping or Architectural Applications or changes.

The season for outdoor grilling has begun; as a reminder, outdoor grills must be at least five feet from the sides of your unit and not under any overhang. Please be aware that this is a violation of the rules of the community and the Monroe Township Fire Department.

Our Facilities Manager Eric Fachner along with assistance from Steven with Rezkom have completed preparing the community's outdoor amenities. Everything looks great!

The CCA will hold the annual RV parking space lottery on May 24, 2023, for those unit owners wishing to park their RV's on Clearbrook property. There is a total of eight parking spaces this year available and the lottery assures that all interested unit owners will have a fair chance for a parking space. To be included in the lottery, complete the e-form found at www.clearbrook-nj.com,

logging in using your credentials and going to: Resources/e-Forms/RV Parking Space Lottery. Entry form with vehicle registration and insurance card must accompany the submittal prior to May 24, 2023. See e-form for directions. If you need a physical form, they are located at administration.

Both pools are open and we are preparing for a great swimming season. The Clubhouse pool construction is under way and we will be open by Memorial Day Weekend. The new approved Swimming Pool Rules are posted in this issue of the Clearbrook Courier.

The CCA Board is in the process of working with the engineer and attorney on Electronic Vehicle Charging Stations regulations for unit owners. They will come out in the near future. As you have seen in the news, recycled e-bike batteries are dangerous. Please do not purchase them and definitely do not charge them in your unit. It is dangerous for you and your neighbors.

There are some projects going on that will enhance and beautify this community. A few examples are; a half-moon shaped turn around has been added to the east gate to allow visitors that cannot enter through the gate enough room to turn around and exit. Clearbrook Plaza is getting a fresh look with some planting replacements. WiFi service has been updated with new boosters so you should have an easier time surfing the web when inside the Clubhouse. You can use Clearbrook Open to connect. Speed humps are being installed on 2 locations on Clearbrook Drive in the near future to slow down our speeders.

Please be aware there are walkers and bike riders that need our consideration. Be mindful and do the speed limit of 25 mph.

Unfortunately, the Resident Telephone Directory will not be printed in the format as in the past. The office can print one on regular paper by request. You can contact Rosetta if you would like a printed copy.

May 15, 2023, is planting day in Zone 6 for NJ. Good Luck Gardeners.

A very *Happy Mother's Day* to all our Clearbrook mothers and grandmothers!

#### Editorial Office and Advertising Office (732) 761-8534 or 8535 E-mail: pescmd@aol.com

P.O. Box 70, Millstone Twp., New Jersey 08510 Editor/Publisher.....Cecilia M. Downey

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Come Volunteer!

Experience is optional. We will teach you what you need to know.

# CCA Open Board Meetings for 2023

#### All Open Board Meetings are at 7:00 p.m.

Wednesday, May 24 Wednesday, June 28 Wednesday, July 26 Monday, August 7

Wednesday, August 23 Wednesday, September 27 Wednesday, October 25 Wednesday, November 22 No Meeting in December Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom Annual Meeting (Election Day) Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom

Work Sessions take place the second Tuesday of the month. All meetings are subject to cancellation.

#### MAY 2023 — PAGE 3

#### The Clearbrook Courier

#### LMS Spring Announcements

Spring is in the air! Spring bulbs have bloomed and summer annuals will be installed mid/late May. The CCA responsible areas throughout the community have been edged and mulched. Spring Clean-up of the sections and contractual edging of unit owner beds (as outlined in contract) have been completed with additional winter debris clean-up continuing through May.

Currently LMS is on site starting our mowing services that will continue throughout the growing season. The first lawn fertilization was com-

pleted in April and the second fertilization/weed control will be applied in late May/early June, weather depending.

The first round of shrub pruning will begin after Memorial Day and will continue throughout the summer. Round 1 pruning includes select shrubs that are normally fast growing only, Round2 pruning includes all shrubs, unless the flag system is utilized. The pruning program offers a flag system for unit owners. Proper placement of (4) white flags located at the (4) corners of your unit will indicate no shrubs to be

**BOARDS OF DIRECTORS OF** CONDOMINIUM ASSOCIATIONS

Listed below are the dates and times of the annual meetings, the length of the terms of office that are up for election, and the individuals whose terms are expiring.

CONDO ASSOC	TIME	LENGTH OF TERMS TO BE FILLED	DIRECTORS WHOSE TERMS ARE EXPIRING
1	May 9, 2023	3 3-year terms	Jim Barre
	Lounge B		Maria Pontoriero
	7:00-8:00 P.M.		Gilberto Santiago
2	May 9, 2023	3 3-year terms	Frances Blum
	Ballroom	1 1-year Alt. Dir.	Bobby Jones
	7:00 P.M.		Phyllis Schuster
0	May 40, 0000	0.0	Barbara Turner
3	May 18, 2023	3 3-year terms	Janet Kovacs
	Lounge B	1 2-year term	Lynn Leavitt
4	2:30 P.M.	1 1-year term	Vacancies (3)
4	May 25, 2023	3 3-year terms	Marion Bush
	Lounge A		Liz Coulston
5	7:00 P.M. May 15, 2023	3 3-year terms	Vacancy Anne Martucci
5	Lounge B	1 2-year term	Wayne Mueller
	6:30 P.M.	1 1-year term	Vacancies (3)
6	May 15, 2023	3 3-year terms	Howard Birdsall
0	MPR	2 2-year terms	Dominick ladicicco
	7:00 P.M.	1 1-year term	Elyse McGuire
	7.001.101.	i i-year term	Laurie Reyes
			Lisa Gessert
			Vacancy
7	May 8, 2023	2 3-year terms	Scott Bennett
	Lounge B	) our torrite	Eric Vecchione
	7:00 P.M.		
8	May 10, 2023	3 3-year terms	Eileen Ayala
	Lounge B	1 1-year term	Felipe Diaz
	7:00 P.M.		Pat Esposito
			Bill Gould
9	May 18, 2023	1 3-year term	Angelo Gibaldi
	Lounge B	2 1-year terms	Lucy Carlucci
	7:00 P.M.		Pamela Frank
10	May 17, 2023	3 3-year terms	Steve Chaitowitz
	Lounge B	1 1-year term	Gary Levine
	7:00 P.M.		Denise Trojanowski
and man r			Barbara Kist
11	May 16, 2023	3 3-year terms	John Price
	Multipurpose R	noo	Julia Leonard
	7:00 P.M.		David Silverthorn

pruned. Proper placement of (1) single yellow flag in front of a specific shrub indicates to prune everything but that single shrub. These flags are only for "DO NOT PRUNE" purposes and can be obtained at the clubhouse administration office. Sections are pruned in a different order every year and will be posted on numerous Clearbrook platforms. Please have flags posted prior to pruning in your Section and leave installed until all pruning is completed for the season.

A few reminders, please ensure that no personal items or decorative landscaping accessories are left out that could interfere with, or be damaged by, contractual landscape procedures. This includes planters, pots, light fixtures, decorations, hoses, and etc.

Unit owners are responsible to make sure they have proper retention borders if stones are located around the unit, and to be sure irrigation is working properly and installed correctly. Damage that may be caused from landscaping procedures where neglect of CCA rules and regulations are seen, may fall onto the unit owner and/or Section.

All landscaping modifications must be approved prior to install or change. Finally, LMS will gladly send any Section or unit owner a proposal for any extra or additional work around a unit or property that isn't covered by the Landscape contract. LMS will handle all approvals for the unit owner if LMS is the chosen contractor. Additional work can be requested by filling out a "Proposal request for Landscaping" form which is available online and at the clubhouse.

LMS wishes everyone a happy, healthy, and safe spring. Please fill out a service request or proposal form for any of your outside needs. We are always willing to help or provide a service.

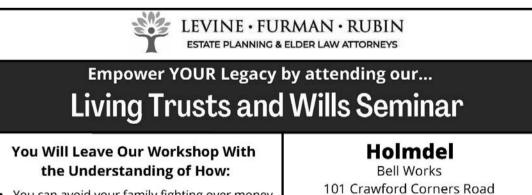




# REAL ESTATE IS LOCAL.

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• You can avoid your family fighting over money

12	May 8, 2023 Ballroom 7:00 P.M.	3 3-year terms 1 2-year term	Margaret Dickow Naomi Lefkowitz Vacancies (2)	<ul> <li>You can protect your home and your savings</li> </ul>
14	May 8, 2023 Lounge A 6:00 P.M.	3 3-year terms 1 2-year term	Vincent DiNiso Eileen Freilich Lee Wargo Vacancy	from the devastating expense of a nursing home.
15	May 11, 2023 Lounge A 7:00 P.M.	2 3-year terms	Sandra Stark Daniel Wasilko	your children's spouses.
16	May 16, 2023 Lounge A&B 6:00 P.M.	3 3-year terms	Chris Perdoni Thomas Riley Thomas Tompkins	<ul> <li>You can protect your loved one with substance abuse issues.</li> <li>You can avoid the common missteps by</li> </ul>
17	May 18, 2023 Cultural Center 7:00 P.M.	3 3-year terms 1 2-year term	Peter Abate Holly Ives Robert Scheid Patricia Czerwinski	families raising children with challenges, disabilities, or special needs.
18A	May 25, 2023 Cultural Center 7:00 P.M.	3 3-year terms 1 2-year term	Stan Brim Josh Jacobs Joe Manzo	Now is the right time for you to get your affairs in order with an up-to-date Estate Plan!
18B	May 16, 2023 Cultural Center	3 3-year terms	Sharon Monchinski Ed Swartz Anthony Yodice	You may register by ca (732) 238-6000 or online at www.l Most attendees choose to make an appoint
	6:00 P.M.		Gene Zonis	so please bring your ca

Tuesday, May 9th 10:00am | 2:00pm | 7:00pm

### Marlboro

Bella Vista Country Club 100 School Road Wednesday, May 10th 10:00am | 2:00pm | 7:00pm

### Monroe

Courtyard Marriott Cranbury South Brunswick 420 Forsgate Drive

Thursday, May 11th

10:00am | 2:00pm | 7:00pm

#### register by calling our office at line at www.levinefurman.com/seminars.

nake an appointment at the end of the presentation, se bring your calendar with you.

Renee is a full-time Broker Associate and senior real estate specialist (SRES), specializing in listing and selling homes in Active Communities. Renee is a Monroe resident and has worked for 19 years in Monroe's Active communities. Offering white glove service at every price point. Call Renee today for a complimentary consultation of your home.



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# Memorial Day-Monday, May 29

#### The Clearbrook Courier

#### Healthcare **Center Services**

#### (Continued from page 1)

ter's University Hospital's laboratory, Lab Corp and Quest Diagnostics. Contact the Healthcare Center to make an appointment or get more information on our lab services.

Our nurses are able to perform dressing changes and to administer injections. Our policy for administering injections is the resident receives two injections of the medication at their doctor's office before we administer the medication. If there is a wound dressing that needs to be changed, whether it is daily or a few times a week, we are happy to provide that service with the proper doctor's order.

We provide first-aid treatment, health seminars, and serve as a referral source for additional medical services. We can help you stay healthy by providing screenings such as blood pressure, blood sugar, cholesterol and

osteoporosis screenings. We can help with understanding discharge instructions after a hospital stay.

Our nurses are able to administer pneumonia vaccines with a doctor's order. We hold Flu clinics at the clubhouse so residents can stay safe and protected during flu season. COVID vaccines are offered based on the CDC recommendations.

This year we will be holding our Health Fair in Clearbrook on June 8 from 10 am-1 pm in the Cultural Center! We are so excited to bring this event back in person. Please come out and visit the vendors from the area. There will be prizes, refreshments and fellowship. It's a great way to meet the residents of your community!

If you haven't visited the Healthcare Center in a while, please stop by and fill out your medical questionnaire or update it with the medications, medical history, and/or family contact makes and numbers.

Please call Linda Jarosiewicz - Geriatric Nurse Clinical Coordinator, or any of the Clearbrook nurses, for more information or if you have any questions at (609) 655-5888.

# **Did You Know:**

- Broadway Some Like it Hot, May 3
- Casino Night May 4
- Movie- May 10 at 1P and May 13 at 7P
- Comedy Night May 12
- Moses at Sight & Sound May 17
- History of Jamesburg May 17
- Mocktail Lounge May 20
- Saint Peter's Hearing Seminar May 23
- · Ladies Night in the Woodshop is now Monday and Thursday nights at 7P

# **Poetry Corner**

#### **The Apologetic** Rabbit

By Joyce Blechman While sitting on my patio and reading my latest book,

I heard something move in the grass and got up to take a look,

- There in front of me standing was a cute little brown rabbit. He said he wanted to apologize
- for his bad summer habit, I didn't know what he was
- talking about and asked him to explain,
- He said he watched me plant tomatoes after a heavy spring rain.
- He watched me water and nurture the plants each and every day.
- And noticed when little tomato buds appeared to be on their way,
- He watched them grow from green to red and get big and ripe.
- Suddenly he couldn't help himself and the tomatoes he began to swipe,
- He said he was very hungry and they were all so juicy and sweet,
- He started picking them off the vine and couldn't get enough to eat,



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He wanted to tell me in his own words how sorry he really felt, And promised he would try to fix this problem he was dealt, He looked me in the eyes and said could I ask a favor of you, When you plant tomatoes again . . . could you plant some lettuce too!

#### In May

**By Ellen Tischio** See the Flowers in May What a Beautiful Dav Flowers are Blooming all over You may even find a Four Leaf Clover See the Green leaves on the Trees They are Dancing in a gentle Breeze All the colors make a Beautiful View Walking a garden is a fun thing to do.



#### The Boomers Club By Frank Casey and

#### Steve Rudin

It's so wonderful to feel the warmth of the sun on our face and to know that summer is just around the corner. It's time to breakout the suntan lotion and hit the beaches.

The Boomers Club will be hosting a Cinco De Mayo Dinner Dance on Saturday, May 6 at 7 p.m. in the Cultural Center. The doors open at 6:30 p.m. Feel free to dress for the occasion. This event is open to ALL Clearbrook residents, their friends and family. Are your taste buds feeling a little South of the Border? That's great because we have Moe's catering our event with a Mexican hot buffet. We'll also be serving dessert and coffee. This is a BYOB (no hard liquor) event. We'll have a DJ, we'll be selling 50-50 and we'll be handing out door prizes. Ticket prices for this event are just \$20 pp members and \$25 pp for non-members and guests. Although tickets for this event went on sale Tuesday, April 18. There are still tickets available for this event. Reach out to me or Steve.

June is a time for graduation and family gatherings, so we don't have anything scheduled for the month of June. We do have an Open Members Meeting scheduled for Friday, July 14 at 7 p.m. in the Clubhouse Ballroom. Doors to open at 6:30 p.m.

At this meeting you can BYOB (no hard liquor) and bring snacks. We'll have desserts, coffee, and will be selling 50-50. For more information, please feel free to visit our website. www.boomersof clearbrook.com

The Boomer's Club is a non-profit organization, created for the sole purpose of promoting social interaction among the residents of the Clearbrook Association.

For additional information about joining the Boomers Club, please feel free to email our President, Frank This is located in the Gables shopping strip, across from the Senior Center. It is a restaurant that will provide separate checks. Please RSVP to Michelle Hoff by Friday, May 5 in order to give the restaurant manager an exact count.

Text Michelle Hoff at 848.250.4834 and tell her: Yes, I will attend or

Yes, I would like to attend but need transportation or

Yes, I will attend and can provide transportation for # of people

Rides will be arranged if possible.

Movie- TRUMBO May 11, Thursday: 1-4

**pm Clubhouse** A movie of social significance. Please join us!

Save The Date

June 1 Movie at 1 p.m.

and 7 p.m. Clubhouse.

Shall We DANCE (Japanese version) This is a movie about dancing and finding your life's passion.

May 18, Wednesday -Socrates Café. Email to follow- Call Leader Elena Stolzer at 609-409-0253.

Book Group

For those who are new, we meet the first Wednesday of the month at 1 p.m. in the Conference Room of the Clubhouse. Call Anita Hyman (609) 409-6775 for further details.

The book for May is *THE STREET* by Anne Petry and Laurie Schwartzer will be leading the group.

The book for June is *VER-ITY* by Colleen Hoover . Deb Williams will be leading the group.

(Continued on page 6)





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Casey, at fcasey69@hot mail.com or Vice President S t e v e R u d i n a t srud58@outlook.com

#### New Horizons Club

Membership in New Horizons is \$15 annually. To join contact Hedy Swartz (609) 409-1632 or Sue Brim (609) 664-2655

New Horizons has the following events planned for May and June at this time:

Wednesday, May 10, Lunch Bunch 12 noon. We will be going to a very good Mexican restaurant right here in Monroe! Information as follows: Tacos El Tio, 211 Applegarth Road, Monroe (848)455-1020

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#### New Horizons Club

(Continued from page 5)

The book for July is *THE BLUEST EYE* by Toni Morrison. There will be no moderator for this group. We will each read it and bring a few fore the group. We have never done this before. This book has been banned in some high schools. We are going to try and determine why.

questions for discussion be-

There is no book for August . That is our semiannual lunch out. It is usually some

#### **Realtor Barbara Spies Resident of Clearbrook!!!**

Everyone's property looks so attractive at this time of year with the flowers and trees in bloom.

There are many baby boomers out there looking to downsize and move into 55+ communities. Keep this in mind now for putting your home on the market. I've helped many people with the sale of their home here in Clearbrook and they have been very happy with the transaction. I look forward to hearing from you and helping you with your move. Thanks!

Call me at 908-337-3633.

Have a Happy Mother's Day and an enjoyable and safe Memorial Day Weekend!



RESIDENTIAL BROKERAGE



Barbara Spies Sales Associate 908.337.3633 Cell 908.233.5555 Office Email: spiesbar@gmail.com www.barbaraspies.com place local that provides us with separate checks. Anita Hyman is our social director and it is always a lovely afternoon out.

#### Italian American Club

By Medele De Filippo

Ciao amici. Spero che state bene. Hi everyone. I hope you are doing well.

On Tuesday, March 28 at 7:30 p.m., our first meeting of the year was held in the Clubhouse Ballroom to a room overflowing with Clearbrook friends. Warm greetings could be seen and heard and smiling faces were everywhere. It was so good to see our returning members once again, and to say hello to our friendly new members. Welcome everyone!

President Lou DiMeglio opened the meeting asking us to stand and pledge to our flag. He thanked us all for being there and read the long list of newly joined members. Next he announced the names of those celebrating their birthdays and wedding anniversaries in the month of March. Congrats to you all. He then called upon Treasurer Betty Colgate to give us the club's bank balance.

Vice President Marie Schiumo advised that she and Lou have been officers of the club for many years. If any of our members would like to join the board, please let them know and they would be happy to explain the workings of the club. All new ideas are welcomed and will be thoroughly discussed.

And now it was time for conversation, coffee, tea and gigantic muffins. The 50/50 winning ticket numbers were called after refreshments and we heard a lot of "That's me!" I hope your voice was one of them.

New Members: Say hello to: Kerry Abry, Michael Angelone, Jim Barre, Pat Buttenbaum, Florence Cordova, Patricia Cruz, Lynn Cutter, Camille and Vito Dell'Olio, Nancy Edgerton, Eileen and Michael Farragher, Kathleen and Michael Gross, Patti and Steve Holzinger, Rose Kish, Caroline Lepore, Sharon Livingston, Seymour Liss, Marti Malovany, Josetta and Reid Maurer, Estelle and Joseph Mazzola, Silvia McElroy, Carmen Medina, Betsy Nichols, Paul Peralta, Russell Piparo, Rosemary and Philip Rinkowski, Wanda and Hector Soto, Renee Toplansky, Anne and Joseph Tredici, Maryann Trischitta, Joan Weistreich

Happy Birthday wishes in May (birthstone: Emerald) (flower: Lily of the Valley) to: Tina Balaban, Fred Buchsbaum, June Buryk, Lisa Capasso, Chik Chikas, Lisa Diniso, Sandra Geary, Rose Kish, Barbara Kowalczyk, Celeste Makely, Maria Medina, Edward Mizzi, Kathy Nasert, Catherine Oliva, Donna Oliva, Louise Seidner, Paul Seidner, Marianna Sferrazza, Matthew Troncone

Happy Anniversary wishes in May to: Betty and John Colgate, Rae and Frank Canzoneri, Christine and Ralph Gerbino, Kathleen and Michael Gross, Melody and Paul Henry, Karen and Bob Musso, Rosemary and Philip Rinkowski

Mark Your Calendar: Our next meeting will be held on Tuesday, May 23, at 7:30 p.m. in the Cultural Center. We will continue collecting 2023 membership dues, therefore, we remind you to please bring your check in the amount of \$15/per person. Coffee, tea and dessert is enjoyed at each meeting.

**Trips:** Monday, May 8, to the Resorts Casino in Atlantic City. Please call A/C Trip Coordinator, JoAnne Rago (609-655-4482) if you wish to join us for the day. You are always welcome and so are your friends. We play games on the bus and watch a movie on the trip home. And you might have "Slots of Fun."

Interested in Joining? We always welcome new members. If you are interested in joining, please call Vice President Marie Schiumo (609-409-9931). Everyone in Clearbrook is invited to join and to be a (Continued on page 7)



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Women's Health



#### **Italian American** Club

(Continued from page 6) part of our membership.

Before signing off, let me leave you with this from oldtime comedian Phyllis Diller. "Cleaning house while your kids are growing up is like shoveling the sidewalk before it stops snowing."

I want to wish a happy Mother's Day to all you loving mothers, grandmothers, aunts, sisters and nieces. Enjoy your well-deserved lovely day. And to all our awesome veterans, a special thanks to you for serving our country. As we remember Memorial Day this month, our flags will fly in your honor.

Arrivederci, buona salute a tutti. So long and good health to everyone.

#### **Fiber Arts Club**

#### By Cbris Brenner

Spring greetings to all! How wonderful to see the flowering trees in bloom!

We are planning our own spring garden with "wild flowers" created by our club members. Our flowers will be handmade using yarn and other materials. Some by knitting or crocheting. You can see the "Big Picture" soon.

The "Fiber Arts at night" group will start soon. It is especially for those who work in the daytime. Please look for our coming notices.

Daytime Fiber Arts still meets from 1 to 3 p.m. on Mondays in the Ceramics Room at the Clubhouse. You are welcome to join either group or both.

For more information, call Chris at 609-395-6825 and leave a message.

#### Clearbrook **Computer Group** By Harold Wexler

Make way for Windows 12. Microsoft hasn't officially commented on whether it's developing Windows 12. But credible leaks, rumors, and other indicators strongly suggest we'll get a Windows 12 in 2024. It took six years to develop Windows 11 after the Windows 10 launch and Windows 11 became available two years ago. But prior to Windows 10, major releases did arrive every three years, at least from Windows Vista on, so a new version of Windows relatively soon is not out of the question. Highlights among the leaks about Windows 12 indicate that the OS will have AI features built -in, and that its codename is Hudson Valley. It would appear that including Artificial Intelligence (AI) is the real driver for the development of Windows 12. At a recent Microsoft conference aimed at Information Technology (IT) professionals a Windows desktop interface with an altered appearance was shown, which many have suggested represents what we'll be seeing in Windows 12. Despite references to sion of Windows," Windows 11 came along. Microsoft is making both major feature updates and interim feature updates for Windows 11. There is every reason to assume this philosophy will continue for Windows 12. Microsoft has already implemented some AI features in Windows 11. Both the Search panel and the default Edge web browser include it.

Along with AI, Microsoft has a concept of a modular version of Windows sometimes referred to as Core OS. A modular Windows would separate out OS components, making for smoother updates and better security. It also would allow Microsoft to tailor instances of Windows to specific platforms and use cases. Some of these instances may not need the ability to run all those huge legacy Windows applications, saving system resources by omitting support for them. The prime example of this core-based approach was Windows X, which never reached full release status. The idea behind it was to create a lightweight OS that could compete with Chrome OS.

Are there music lovers who would like to create their own tunes, but lack the skill to do so? There is AI magic to the rescue. You can make music using a program called Beatoven. Beatoven is an Alpowered music platform that lets you create your own royalty-free music. The platform is incredibly user-friendly, so you don't need to be a music expert to get started. To use Beatoven simply pick a style and with a few clicks you can compose an original piece of music. If you're feeling a little lost or need some guidance, Beatoven also provides plenty of tutorials to help you get started. The platform makes it easy to experiment with different sounds, and moods until you find the perfect combination that fits your vision.

# **Democratic Club**

Submitted by Marie Tane

Tennille McCoy was our guest speaker at the April 10th club meeting. She is running for the vacated seat in the New Jersey Assembly 14th Legislative District. Ms. McCoy has a master's degree from Rutgers University. She has experience working with six governors. Her area of expertise is Labor Relations, and she should be an asset to our delegation. A club member asked about veterans benefits and she supports this. She has vast experience for a young woman. Hopefully the entire column of Democrats will be elected at the primary on June 6. The club also discussed formation of a social committee to promote events such as Karaoke night and a watch party with discussion for national debates. Please get involved by attending our next meeting on May 8 at 7 p.m. Meetings are

Windows 10 as "the last verheld the second Monday of each month.



#### **By Pat Castrucci**

We are excited with the new season of billiards and tournaments that are being scheduled and so pleased that billiards continues to capture new members of our community.

Welcoming are new members, at our April monthly meeting - Pete Perperas, Camille Dell'Olio, Rob Minkoff, Rebecca Busca, and Jerry Achiepolie.

Our tournaments are being scheduled which will also include once again, women



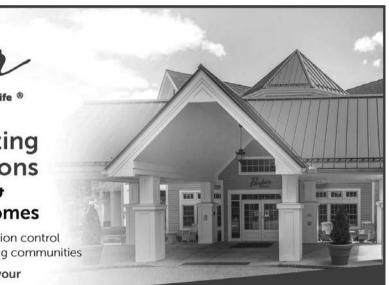
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# The Clearbrook Courier

### Section 1

By Marianne Gallagber Spring is in full force and the community is looking bright! I wish the daffodils could last so much longer!

Our first open meeting of the season was held April 11 and we enjoyed a good showing. It's so nice to see people out and about after a long winter. The board has been busy getting projects started and will be watching closely for quality control. Painting will happen for the entire Section this season, with power washing and rotted wood replacement occurring as well. Remember, if you have ANY comments or questions, PLEASE direct them to a board member and NOT the painting crew. Three buildings (12, 29, and 33) will get vinyl siding, the most we have done in any one season so far. We are trying to get as many done as possible and as soon as possible!

Our annual meeting will

be held on May 9 at 7 p.m. in Lounge B. Elections will take place at that meeting. Remember, we are AL-WAYS looking for help at any level - come out and volunteer with us - it's a great way to get involved. While the date to submit resumes has passed, anyone can be nominated from the floor (including you!) so don't be shy! After the elections, a new "refrigerator list" will be distributed with the names of whom to call for what. Try to limit calls to regular work hours when you can, although emergencies are a different story. Again, we are still short of email addresses and if you have not submitted yours, please do - it is the best way to reach the most peo-е

(Marianne.gallagher9@gma il.com)

I'm looking forward to a nice summer, not too hot or dry! If it IS dry, remember not to over water. Avoid watering during the hot part of the

# **Christian Fellowship**

#### By Brenda A. Carpio

Welcome to the month of May. We are all enjoying the beautiful flowers blooming throughout Clearbrook. Thank you all for helping to make our community a showcase of color. Your hard work is truly appreciated.

Being the month of May brings to our minds many special occasions and the two that stand out in my mind are Mother's Day and Memorial Day. Many of our younger residents are blest in that they still can celebrate Mother's Day with their parents. Then there are those, like me, who celebrate the wonderful memories of days gone by. We are reminded in Deuteronomy 4:9 to remember to teach the way of the Lord to our children, grandchildren and yes, to our great -grandchildren. This is a command of God and to us, who love God, a real privilege. We can teach best by our example. Matthew 22:37 gives us instruction on how we can best teach them. "Love the Lord your God with all your heart and with all your soul and with all your mind". We honor God by living as Jesus lived..... honoring God and living for others.

Memorial Day is the day when we honor our U.S. military members who gave their lives serving in the United States Armed Forces. This holiday has roots dating back to the post-Civil War era when citizens would place flowers on the graves of those who had died. Let us celebrate these brave men and women with love and gratitude for what they have done over the years to preserve this, our great nation for us to enjoy.

Our next meeting will be held on Friday, May 19 at 1 p.m. in Lounge A&B. We look forward to welcoming Pastor Drew Skog from the Bunker Hill Lutheran Brethren Church in Princeton. Pastor Drew is a young man with a real heart for seniors. You will surely enjoy meeting him. Remember to bring a snack or sandwich for yourself. Beverages and dessert will be provided.

day, stick to early morning or evening, and only water for 10-15 minutes at a time. Our soil is very shallow and the excess water just washes away and costs more money. Even though we don't pay for water individually, the Section pays based on usage, so remember to be prudent we ALL pay for the water!

Our next meeting, the annual meeting, will be held on May 9 at 7. I'm hoping for another good turnout! It is very rewarding for the board to see interest from the residents - we work very hard all year!

### **Section 2**

#### By Barbara J. Turner

Now that the weather is getting warmer, residents are beginning to make improvements to both their three-foot area and the interior of their homes. If you plan on making any upgrades, please do not elicit any information from other residents of your Section or other residents in Clearbrook with respect to upgrades to your property as this information may be incorrect and may result in fines being levied. Please refer to your Section 2 Rules or ask any member of the Section 2 Board if

(Continued on page 9)

#### Rack 'Em Up

(Continued from page 7)

members. So, ladies and gents, we were pleased to see the sign-up sheet full. The 9 Ball tournament is underway and winners will be announced upon completion. It will be so much fun.

Each tournament will be judged by an A player or someone with knowledge of all tournament rules. Also, we are attempting to make a ladies night on Thursday, if interested. If you would like to play, just arrive, no official appointments necessary. We stars at 7 pm. If you haven't noticed our Billiard room has been remodeled and looks

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If you are new to our community or if this is your first time attending, please call 609-235-9950 and leave a message so we will save a place for you at our table.

Happy Birthday and warmest wishes for a blessed Wedding Anniversary to all of our May celebrants. See you all on the 19th? We look forward to seeing new faces in our midst.

great.

Monday night Billiards will continue - even though outside activities are occurring. All are always welcome after your outside activities are completed or if weather is too warm - welcome into our air-conditioned room.

A Little Bit of Trivia: 9 Ball Pool is played with nine object balls numbered one through nine and a cue ball. On each shot the first ball the cue ball contacts must be the lowest-numbered ball on the table, but the balls need not be pocketed in order.

A Little Bit of Humor: SON: Hey, dad, when I grow up, I want to be a pool player.

DAD: You can't have it both ways son.

#### **Section 2**

(Continued from page 8)

you have any questions. There are 18 Sections in Clearbrook, and each Section has its own set of Rules. However, the CCA Rules are universal and apply to all Sections in Clearbrook.

The April 10, 2023, email below sent by Administration is an excellent guide to any anticipated improvements.

We've revised the Architectural and Landscape processes and wanted to apprise you of the changes.

First, any modification to your unit should be submitted on the new application. We have streamlined it down to only one application for everything! This includes landscaping modifications, interior modifications, and exterior modifications. Unless you are decorating, laying flooring, or painting the interior, every single project should be submitted to administration. Once the application is received, we will contact you if approval is required and whether additional documentation is necessary.

Second, some of the regulations have changed so it is recommended that you review the regulations for your project prior to sub-mitting your design.

You can review the new process, application and regulations on our website at www.clearbrook-nj.com under the forms and regulations tab.

We are excited to announce that our "Welcome to Summer" event will be held on June 4. All residents are invited and encouraged to attend. If you attended last year's outing, you do not want to miss this year's event. If you are new to the Section, we hope you will join the fun and take this opportunity to relax, meet and enjoy spending time with your neighbors. Additional information on this event will be forthcoming as the date approaches.

We also welcome our newest neighbors, Michael Cohen and Regina Massaro. Please make them feel welcome.

The Activities Department

#### **Section 3** Chatham Gardens *By Patricia Feeney*

Our first General Meeting in 2023 was held on March 23. It was good to see the reliable residents there and a few others which totaled about 25 in attendance. These open General Meetings are now being held every other month since the Section is moving along with "business as usual" which is a good thing for all of us. The Section's Executive Board member elections will be held on May 18 at 2:30 p.m. in Lounge B. At the time of this writing (April 14), I had already been informed by Administration that ballots have been mailed to all residents. If you are not planning to attend this meeting, please send in your Absentee Ballot which is very important.

May is usually the time when residents begin sprucing up their gardens and I want to remind you (along with new residents) of the approval process that is in place by the Architectural & Landscape Advisory Committee. While we do our own planting within our 3-foot area, the approval process is strictly enforced due to items that turn into overgrown bushes and believe it or not trees which can crack your foundation over time. Other issues have been planting things where it is not allowed. Remember to place

white flags in the corners of any 3-foot area if you do not want LMS to prune what you have planted.

Since we do continually get new residents, here are some other reminders for rules in place within our community:

- While some residents use a BBQ grill all year long, many more will be grilling in the nicer weather. Please make sure that your grill is 5 feet away from your overhang and garage.
- If you water your own lawn it is only permitted twice a week for 20 minute intervals, preferably in the morning which is also the best time to do this.
- When the weather becomes warmer and you are turning on your AC unit for the first time, remember to open your ceiling vents (for those without a heat pump) and replace your filter.
- It's been brought to our attention that an increasing number of ornamental items are being hung on the siding. This is not allowed since the siding can be damaged and water from rain and power washing can get behind the siding and damage the wood.

There are many areas of work that will be done once again this year. While we all would like these things taken care of when we call, you have to remember that our (Continued on page 10)

# *DO YOU HAVE ANY OF THESE SYMPTOMS?*

- Numbness
- Pain when you walk
- Sharp, electrical-like pain
- $^\prime$  Burning or tingling
- Difficulty sleeping from leg or foot discomfort
- Muscle weakness
- Sensitivity to touch

# YOU MAY HAVE

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# **PERIPHERAL NEUROPATHY**

Peripheral Neuropathy is a condition that affects millions of Americans, commonly resulting in pain, tingling, numbness, and other painful symptoms in the hands, legs and feet. This pain changes your life and affects how you work, how you play and how you live.

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AllCure Spine and Sports Medicine is pleased to announce their new program for treating Peripheral Neuropathy, which includes a combination of advanced FDA-cleared treatments with breakthrough technology that aids in healing the damaged nerves. The effects of this program can be felt on the first few visits. This treatment restores, stabilizes, and rebuilds the nerves in your extremities. Treatment has also been effective in addressing painful symptoms of arthritis, MS, and other forms of chronic pain. Patients generally feel relief physically throughout the treatment period and even feel better emotionally after experiencing a reduction in pain.

has been doing an excellent job of posting many different activities for Clearbrook. Whether the activity is held within Clearbrook or off-site, there is an abundance of activities to choose from. If you have not already done so, hopefully you will find something of interest.

Tuesday, May 9, 2023, is Election Day as well as our annual Board meeting. The meeting will be held at 7 p.m. in the Clubhouse Ballroom. Come and find out who will comprise our new Board of Directors. Hoping to see you there!

Beware of false knowledge; it is more dangerous than ignorance. – George Bernard Shaw



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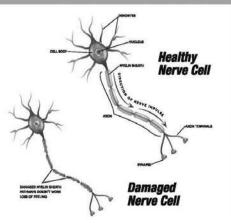
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#### HOW DO YOU KNOW IF YOU HAVE NERVE DAMAGE?

Peripheral neuropathy is the consequence of damage to your peripheral nerves. There are over 100 different kinds of peripheral nerve disorders or neuropathies – some are the result of a disease like diabetes, while others can be triggered by a viral infection. Still others are the result of an injury or compression on the nerves. No matter where the problems begin, it is imperative nerve disorders are resolved as soon as possible to prevent permanent damage. Many people suffer with pain for years, not realizing that their symptoms may be due to Peripheral Neuropathy. Symptoms start gradually, then get worse, including numbness, burning or tingling sensations and sharp, electrical-like pain. Treatment options have been limited to a small assortment of pain medications, which can lead to further issues. Ignoring the problem or masking the symptoms has never been a viable solution. If you suffer from any of the aforementioned symptoms, we can help.



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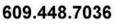


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Section 3

#### (Continued from page 9)

Board is limited to a certain amount of money from the time that our president and treasurer meet with the auditors which was done in 2022 for our budget review. This goes for concrete, landscaping issues, roof repairs/ replacement, just to name a few on a list that goes on forever. The Board does the best that can be done with the money allotted for each year.

There are plumbing issues every year. When this happens, many assume it's the Section's responsibility and will pay for this. In most cases it is the resident who ends up paying the bill. Unfortunately, this may be increasing since our pipes are 50 years old and pitted inside the pipes. One thing plumbers remind the homeowner is to use Scott brand toilet tissue due to the age of the pipes. Also, do not flush any "flushable" wipes regardless of what the package says.

In closing, I want to wish all the mothers, grandmothers, godmothers, aunts, nieces, sisters and single parent dads a very Happy Mother's Day. We have all been like mothers to others at some point in our lives.



Also, Remember Memorial Day on May 29. We all know the reason that this day is to commemorate our fallen soldiers - the men and women who have given their lives to protect our democracy, giving us our freedom that we continue to enjoy in these United States of America.

### Section 4

#### By Irene Belinsky

Oftentimes, with the start of spring, homeowners look to completing home improvement projects - both inside and outside the homes.

As our Section is nearing the 50-year mark, there are a few things homeowners could consider for updating and improving their homes and making them safer.

If your lights are flickering, this is usually a sign of wiring gone bad and probably new wiring needed. It would be best to contact an electrician to investigate and perhaps rewire. This can happen in any part of your home. Faulty wiring is also a fire hazard so it should be addressed. Section 4 uses Integrated Electrical Solutions which is reliable and reasonable. They can be contacted by calling or texting at (732) 877-7243.

We also recommend using only "licensed" electricians and/or plumbers for any work you may require for your protection. Rezkom is not licensed for these things, so you should not be calling them. And if you find a contractor advertised anywhere, please note that license numbers start with the letters B, I or O. Anything else is not a valid license.

Lithium batteries are now found in many of our appliances - in our cars, cell phones, water heaters, etc. However, you need to be careful of your usage of these things. For example, if you don't use your electric water heater for one year or a long period of time, the lithium batteries can explode and cause a fire.

If you are planning on purchasing an electric vehicle and would like to put in a

charging station - Section 4 will ask you to place that outlet on the outside of your garage wall, not inside again for safety reasons and less risk of explosions or fire. Once the vehicle is charged, vou can then move it into the garage. Cost of the charging station would be up to the homeowner. It should also be noted that the cost of charging is usually equivalent to \$1/gallon of fuel. The CCA is now investigating putting in charging stations near the Clubhouse and Cultural Center. As with all charging stations, there is a cost to charge. I know we'll

hear more about that shortly. As our homes are all electric - if you are thinking about getting a new air conditioner or would like to improve the efficiency of your heating system at the same time, you could consider a "Mini Split System". This is something you can take advantage of with a financial grant of \$5,000 and an interest free loan of \$10,000 through JCP&L. This combines a heat pump with a new AC unit and will make a significant difference in your electric heating and cooling bills. Check it out at the following JCP&L site: https:// residential.energysave nj.com/jersey-central/homeperformance/

Indoor breaker panels are something else you should consider for replacement. Specifically, if you have added to it over the past few years and the breaker switches are from different manufacturers - this could be a fire hazard. By code, all breaker switches on the panel should be from the same manufacturer. The Section recently got prices on replacement of these breaker panels for a Braeburn model (\$2700) and a Master Lodge (\$1700). These are from Integrated Electric Solutions previously mentioned.

And outdoors - we recently found out that LMS performs limited seeding under the terms of the CCA contract. Section 4 was last overseeded in 2021 so we are scheduled to be done either this fall or next fall depending on need. If you can't wait that long and wish to pay for it, we have reliable

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and reasonable landscapers we can recommend as well as LMS.

The Section Board will be doing a walk-through May 2 to review the state of roofs, sidings, gutters and driveways. We will report on this in our next issue and at our Open Board meeting. We are also in the initial stages of researching the feasibility of installing gutter guards on our homes. If the Board decides to pursue this, the proiect would most likely be spread out over a few years. And outdoors - we recently found out that LMS performs limited seeding under the terms of the CCA contract. Section 4 was last overseeded in 2021 so we are scheduled to be done (Continued on page 12)

# May — Lifestyle Events and more

Krystal Graves, Lifestyle Director • Kate Covey, Lifestyle Assistant Lifestyle Department Hours: 9-5 pm —CLOSED 12 to 1 pm— 609-655-5760 All events are subject to change.



# **CCA Open Board Meetings for 2023**

**All Open Board Meetings** are at 7:00 p.m.

Wednesday, May 24 Wednesday, June 28 Wednesday, July 26 Monday, August 7

Wednesday, August 23 Wednesday, September 27 Wednesday, October 25 Wednesday, November 22 No Meeting in December

Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom Annual Meeting (Election Dav) Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom

Work Sessions take place the second Tuesday of the month. All meetings are subject to cancellation.

Clearbrook **Grocery Bus** The grocery bus runs on Thursdays. Pickups start at 9:30 am and go throughout the community. To reserve your seat, you must call the Activities Department. NO LATER THAN 2pm the day prior to the day you want to go. 609-655-5760 Please look for eblasts regarding activities the Activities Department is putting on. Also, Channel 26 and the Clearbrook Website continue to be a great resource for information to keep you up to date.

# **Community**

# Information

Health Care Center Open 24 Hours, 7 days a week

# **Phone Numbers**

# **To Know**

Administration	9 a.m 5 p.m.	655-2706
Lifestyle Dept.	9 a.m 5 p.m.	655-5760
Health Care Center	24 Hours	655-5888
Maintenance	8 a.m 4:30 p.m.	655-5890
Main Gate	24 Hours	655-5891

The Clearbrook Courier



#### **Section 4**

#### (Continued from page 10)

either this fall or next fall depending on need. If you can't wait that long and wish to pay for it, we have reliable and reasonable landscapers we can recommend as well as LMS.

And last, after working on the Section 4 Board for two years, I will be resigning as President at the end of June. If there is anyone in the Section who would be interested in taking over this challenging and fulfilling post and working with a great team of volunteers, please call the work order number at (609) 642-6813. We'd be happy to discuss the detailed responsibilities of the position and answer any questions you may have.

#### Section 6 Hilltop Village

By Bernice Fitzgerald Section 6 Co-President Hello Neighbors...

Our Annual Meeting will take place on Monday, May 15 at 7 p.m. in the Clubhouse. Board elections will

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FOR ADVERTISING CALL: Princeton Editorial Services 732-761-8534 or 8535 pescmd@aol.com take place. It is extremely important that residents make an effort to attend this Annual Meeting.

Our siding project continues and hopefully will be completed for this year soon.

Please be advised that under no circumstances should anything be nailed to the siding. If someone nails anything to the siding, the Section will issue fines and the unit owner will be responsible for the cost of the repair and/or replacement of the damaged siding. This is an extremely expensive project, and every unit owner holds responsibility to ensure the siding is not damaged.

Additionally, if any unit has trees and/or oversized bushes within their three-foot bed that could impede the installation of the siding, they will be required to have these removed at their expense. If the unit owner fails to do this, either the Section will have it removed and the cost levied onto the unit, or the building will be skipped and the next building in line will be done.

We were excited to hold our first open meeting of 2023 on Monday, April 17 in the Clubhouse. Hope everyone enjoyed the pizza! We discussed several important items involving the Section. If you were not able to attend, we hope you will make this month's Annual Meeting.

The Board cannot express enough the importance of using safety when walking. We have had several close calls. Wear reflective clothing and carry a light.



The pools will be opening Memorial Day weekend! For those residents who look forward to spending their time in the sun and water – IT IS ALMOST HERE! Please check the Courier and/or Administration for the 2023 pool rules. Let's have a great summer and enjoy our amenities!

We would like to welcome all our new residents to Section 6! Please follow any important updates on Channel 26 and we hope to see you at the meeting!

The Section has established a Hot Line number for all residents to call. NO ONE SHOULD BE CALLING A BOARD MEMBER'S PHONE DIRECTLY. Please use the Hot Line number – 732-573-8473. Board members will no longer be answering their cell phones for residential calls.

Stay happy and stay safe!

#### **Section 8**

#### Hampton Village By Liz Strazza

Vice President

Welcome to May! Springtime... Flowers... Warmth... "...These are a few of my

favorite things..."

There are four General Section Meetings every year and we encourage all residents to attend. Below are the remaining dates, so please mark your calendars. All held in Lounge B, 7-9 p.m.

• Wednesday June 14

- Wednesday September 20
- Wednesday November 15
   Maintenance requests

If you have maintenance requests, please fill out a Section 8 - Work Assignment Sheet. Unless it is an emergency, please do not call because we do not want verbal requests. We use the Work Assignment Sheet as an audit trail. These forms are now located in the file room of the Administration Building - on the right hand side in the center cubby. They can also be returned to the same location. The form is also available on the Clearbrook-NJ.com website. You need to LOG-IN. (If you do not have a resident sign in, visit the website and follow the prompts.) Then go to CONTACTS. Once there, go to SECTION 8, then scroll down until you see the RED ing on a budget.

2. Concrete - Again this is all subject to the weather. Demolition will begin late April into May. Concrete work will begin on Oradell and move onto Glen. During this time, access will be limited. You will be notified when work will begin. Cars will need to be parked in the street and/or cul de sacs. Cars should not be parked on the driveways for 7-10 days after the concrete has been poured. Please remove anything needed from your garages prior to the work beginning. If cars are parked on the driveway when the workers arrive to work on your unit, they have been instructed to bypass your unit and move on.

Thank you in advance for your cooperation.

#### Respectfully, Melody Henry - President Hampton Village Section 8

Welcome to our NEW RESIDENT(s): 271A Convent Rd. – Terri Marchant and James Martin.

Please let me know if our "get well" wishes or "condolences" to our Section 8 friends and neighbors need to be sent. You are my eyes and ears!

Please take a moment to review all Clearbrook and Section 8 Rules and Regulations, so you are an "informed" resident!

Be sure to check your Courier events calendar for our next General Meeting and location.

Best Wishes to all celebrating birthdays and anniversaries this month.

Keep love in your heart and "Celebrate Everything!"

#### **Section 9**

#### Kensington Village

By Marie Service

Hi neighbors! Welcome to spring!

It is comforting to know the bitter cold part of the year has passed, hopefully, along with the scary tornadoes. We already see the beautiful flowers on our trees and the lovely tulips, daffodils and other spring flowers surrounding us on our community's property. And I know we all look forward to enjoying the flowers that our neighbors plant as well. Please remember that our own plants and flowers can only be planted within the three-foot border around our homes.



If it looks familiar, that's because it's right here in Clearbrook. If you also recognize the guy in the picture above, it's because that's me, the owner of the property and YOUR NEIGHBOR!

So, if the time comes when you are interested in selling your home, or having a friend or family member move into our neighborhood, remember I am right here in Clearbrook to help!

You can count on me!



349 Applegarth Road, Monroe Township, NJ 08831 1-300-367-1982 www.55plusHomes.com BUTTON. Click on this button to view and print the Work Assignment Sheet. Updates from the President

1. We are planning to start roofing on the units on or about 04/24/23 into May. This schedule will vary due to multiple factors. We will update you as the project progresses. Some of you have asked about new gutters and leaders. If inspection indicates that they are needed, then you will get them. If you don't get them when the roofs are done, then they will be inspected again when the new siding is installed. If you have a serious gutter issue, please fill out a Work Assignment Sheet. Please be patient and remember that we are workI hope you all enjoyed your April holidays!

May has arrived and is important to us because on the 18<sup>th</sup> we have elections for our Section Board members. Up for re-election are: Lucy Carlucci and Angelo Gibaldi. We also have a new candidate Shashi Suri. Please remember to send in your vote and come to the meeting at the club house on the 18<sup>h</sup> and get the results in person.

Our ladies luncheon is on Tuesday, May 16 at City Streets at 12:30. Come join us.

(Continued on page 13)

#### **Section 9**

#### (Continued from page 12)

Please "Save the Date" for our annual block party. It will be on Sunday, June 11. A memo with the details will be coming soon.

# Other dates to remember:

May 1 – First day of Asian Pacific American Heritage month

May 5 – Cinco de Mayo May 14 – Mother's Day

May 29 – Memorial Day

Welcome to all new residents in our Section. Hope all birthday and anniversary celebrants have a wonderful day!

#### Section 10

#### By Barbara Kist

Finally summer is almost here. The pools will be opening at the end of the month and we will all be enjoying the warm weather. I want to wish Happy Mother's Day to all the Moms in Clearbrook and this includes the Moms of furry critters.

The May Section meeting will be on May 17 at 7 p.m. in the Clubhouse Lounge B. This is the Annual meeting to elect Board members. In person and absentee ballots will be counted while the meeting is taking place and the results of the election will be announced. Everyone should have received their ballots in the mail. Ballots can be dropped off at the administration office or brought to the meeting. Please take the time to cast your vote as the Section requires a minimum of 19 owners to vote in the election. Refreshments will be available before and after the meeting. Please try to attend. The Section Board is looking into planning a Section get together in the summer. Stay tuned for details.

If you have an issue that the Section needs to address, call the Section hotline at 609-655-4723.

If you have anything you want to be discussed in the Section news, please email me at barbkist@comcast.net

### Section 11

Malden Village Annual Meeting and Elections By Rich Kretschmann The Section 11 Unit Own-

ers Annual Meeting and

vote by absentee ballot to assure that their votes are cast at the Annual Meeting even when circumstances prevent them from attending the meeting. Any Unit Owner may withdraw its absentee ballot at the meeting and replace it with a new ballot to cast at the meeting.

# Section 12

#### Nottingham Village By Jerry Sperling

Here I am at my computer awaiting the next Ice Age. Boy, is it hot and the air conditioning is going full blast and I'm ready for December! But, the Courier's deadline is upon me and I've got to comply!

First of all, let me remind you the Section 12 Open Board Meeting will be held on May 8. At that time we will be holding our annual elections.

Our meeting will be held in the spacious Cultural Center, so attend. There will be plenty of "elbow room." As vou all know from reading my column, we are adding two more director positions to the board to make it seven working members. So please, come to the meeting and welcome these two new volunteers, Jim Hornings and John Tepedino! Eleven roofs were completed by J. Cramer and we have only six more roofs left to go on our list. Come on down to our next meeting and let us have your suggestions about ideas you have for our new projects for Section Twelve.'

It's springtime again, time to clean up and see if your irrigation systems are in working order. Check if your sprinkler heads are operational.

Also check if you have any leaks in your toilets. Remember, we still have to pay for our H2O, so let's all conserve water.

With all the heat and the uncertainty of rain, we need volunteers to help water the plants that are in our Section cul de sacs! I am going to bring this matter up once again, because I keep finding dog poop on my lawn. Perhaps it's because you readers don't like my column and you are telling me something? Come, on guys and gals, pick up your dog's waste. No one wants to see or step in it! Have yourself a great spring and Happy Mother's Day!

house, Lounge A. The votes will be counted Monday. Three directors will be elected to serve a three-year term and one director will be elected to serve a two-year term.

Section 14 had its first meeting of the year. Thank you to all the residents who attended. There were many new residents attending. I'm hoping we will see more of you at the next Open Meeting August 14, 2023.

I want to let you know what the Board of Directors has been doing and will be doing this spring. I'm glad to report that we had a good winter without many damages that we had to repair. The Section had a few gutter repairs, siding repairs and other general maintenance issues that we had taken care of. We had the trees trimmed before the winter that were overhanging the units. The gutters were cleaned after the trees were pruned.

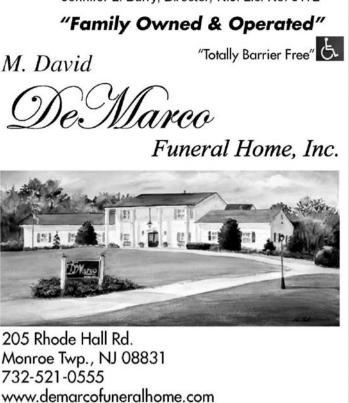
This spring, we will finish all the roof replacements, leaving every unit roof replaced. Vinnie walked with the tree service to review all the trees that need additional trimming now. The gutters were cleaned in April, and we are reviewing getting estimates for gutter replacement for the future. Some of the units are in an area where the trees are causing issues.

The dryer cleaning is going to start soon; this is at no charge fee to you. Rezkom will call you to make an appointment to clean the inside dryer vents and then the outside vents. Please remember you must be home.

The Section had to spend money on home repairs for the outside vents because of raccoon invasion. We want to prevent rodents getting into vents, garages and other parts of the homes. We are asking politely to stop feeding the birds. We all love the

(Continued on page 14)

M. David DeMarco, *President*, N.J. Lic. No. 3203 Thomas J. DeMarco, *Manager*, N.J. Lic. No. 4651 Peter S. Winther, *Director*, N.J. Lic. No. 4763 Jennifer L. Burry, *Director*, N.J. Lic. No. 5172



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Elections will be held on Tuesday, May 16, 2023, at 7 p.m. in the Clubhouse Multipurpose Room. In April, all unit owners were mailed a notice of the Annual Meeting along with a ballot and resumes of the candidates. That notice also included an explanation of how to prepare and submit an absentee ballot. Note that all absentee ballots must be received by the CCA Administrative Office by 4 p.m. on May 15.

The Section 11 by-laws set the quorum for a Unit Owners Election meeting at 15%. This means that at least 15% of the Section's eligible units must cast ballots in-person (i.e., at the meeting) or by absentee ballots. All unit owners are encouraged to

#### Section 14 Oxford Village By Grace Makuch

For those of you who knew Margaret Roberts a Section Director and much more in Clearbrook, her Memorial Service was a success. There were over 200 friends and family at the Cultural Center remembering her.

Please drop your Absentee Ballot at the Administration office or send it to the Administration office. The Annual meeting of Section 14 will take place on May 8, 2023, at 6 p.m. in the Clubwww.monroehomesalesllc.com

monroehomesalesnj@gmail.com

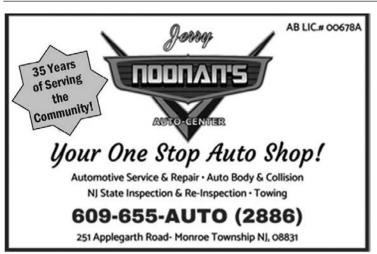
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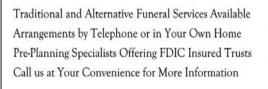
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#### P/T-F/T - OPPORTUNITIES

#### Section 14

(Continued from page 13) birds, but the seeds are attracting raccoons, squirrels, chipmunks, etc., that cause home damage.

The street light inspection is over and the lights with issues have been reported to have them taken care of.

The Belgian blocks in the Section were reviewed and those in need of replacement and service will be taken care of soon.

Call these Street Directors if you have any questions. Laminsky, 609-619-Pam 3043 Pompton Rd & Delair Rd & Marlton Rd Lisa DiNiso, 609-903-0273 Velaris Plz & Dilatius Plz IleneFreilich, 609-655-3617 Hazen Rd & Belford Rd Grace Makuch, 609-619-3696 Croydon Rd & Ardmore Rd Vinnie, 609-903-0273 Maintenance advisor Trees, siding, gutters etc

#### Section 15 **Pickwick Village** By Sandra Stark

"I've learned that people will forget what you said; people will forget what you did; but people will never forget how you made them feel." Maya Angelou

Memorial Day: On May 29, we will celebrate our beloved National heroes who lost their lives while defending our liberty. Originally known as Decoration Day after the Civil War, a time to decorate the graves of the fallen, the day officially became Memorial Day after WWII. We are truly indebted to those who gave all. **NEVER FORGET!** 



#### **IMPORTANT: Residents/ Owners Meeting**

Our Section 15 Annual Elections Meeting is scheduled for Thursday, May 11. If you cannot attend, please fill out your ballot according to the instructions and submit it to the CCA office. NOTE: A mailbox is located by the shuffleboard courts for after hours.

As of this writing, the committee has not yet met. However, we are awaiting a quote for raking and seeding of seven areas where trees have previously been removed. A report will be given at the Annual Meeting.

Termite Remediation: On Thursday, April 13, Anchor Exterminating treated 541AB/MN Cornus Plaza and 541CD/OP Berberis Plaza for termites. A number of other buildings within Section 15 have been treated during the last four years. If you have any questions, please contact the CCA office.

**CAPITAL IMPROVEMENTS** Vinyl Siding: Quotes targeting four of the remaining 19 buildings are expected to be reviewed at the April 17 Board meeting. More information will be shared at the Annual Meeting. The siding program is expected to take a number of years.

Concrete: The Board will be determining which of the remaining twelve driveways and various sidewalks, if any, will require replacement in 2023.

CCA Responsibility: Belgian Block - An inventory of the damaged or loose blocks (spray painted orange) has been submitted to the CCA office for review.

The contact information for the Section President: Sandra Stark at 908-938-0798 or by email: starkc21@aol.com Happy Mothers' Day!

#### Section 16 **By Maria Petro**

Hi Section 16 residents and welcome to spring. They say April Showers bring May flowers, but May also brings the Section Elections! All residents should have received your Section Election Ballot. Please remember to vote. Let your voice be heard.

Our Annual Section Meeting and Election will be held on May 16, 2023, at 7 p.m. in Lounges A&B in the Clubhouse. The candidates running for reelection are Perdoni, Thomas Chris **Tompkins and Thomas Ri**ley. Nominations will also be taken from the floor the night of the Annual meeting. You may vote by absentee ballot or in person on the night of the election. If you choose to vote by absentee ballot, place your ballot in a plain envelope. Place that envelope in another plain envelope and put your name and Section number on the outside. Bring your ballot to the Admin office or mail to Admin office, 1 Clearbrook Drive, Monroe Twp. NJ 08831. Most importantly, please vote! Good luck to all candidates. Come out and let your voice be heard. Hear what's up and coming in the Section. This is the place to ask your questions and voice your opinion. Your Board wants to hear from you. We want your ideas and input to help make our Section the best place to live! We will be serving refreshments s so please make every effort to

come out.

Your Board meets every month to keep abreast of things needing attention in the Section. All our committees are gearing up for spring and summer. If you have a landscaping or maintenance issue please fill out a Landscape/Maintenance form and drop it in the Section mailbox in the file room. The file room is located in the Clubhouse across from the Voice of Clearbrook studio.

Our next Section breakfast will be held on Tuesday, May 9. We will meet at Christo's Kitchen at 9:30 a.m. There will be many breakfast choices and a chance to connect with friends and neighbors. The cost will be \$14. Please let us know if you are coming. You may pay cash at the door.

We hope you get out and enjoy the beautiful weather this month and we'll see you next month!

Special days in May:

May 14, Happy Mother's Day You are the heart of the family

May 29 (celebrated) Memorial Day. Thank you to all Veterans who made the ultimate sacrifice for our freedom.

# Section 17

**By Holly Ives** 

Are you enjoying our lovely weather...or most of it? Colors are replacing bare trees and bushes, the air is fresh, and it feels great to be outdoors. Are you ready for storms, tornados(!), brush fires, and whatever else Mother Nature might send our way?

Have you:

- Reviewed your "Be Prepared" food supply and checked their expiration dates?
- Added bottled water and coolers as well as snacks to the car for long and short road trips?
- Updated medication lists and emergency numbers?
- Even a checklist of what you need to gather "just in case" at the last minute is a good idea.

#### **Section News**

It is Election Time! Please VOTE either (1) in person at the meeting on Thursday, May 18, or (2) by absentee ballot that must be received by 4 pm on or before May 18 in the Administration Office at the Clubhouse. There are 4 directorships to be filled. Our next Board Meeting is Wednesday, May 10 from 2 pm - 4 pm in the Conference Room at the Clubhouse. The next Section 17 Meeting is Thursday, May 18 from 7 pm - 9 pm at the Cultural Center. Our BBQ on Saturday, June 17 from 2 pm - 6 pm at the Cultural Center is coming together. Details and planning continue. Tickets will be sold for \$10/per person cash only. Sal Perchiano and Steve Charney have started their yearly "walk around Section 17" to foresee any problems

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#### **OPERATIONS**

Dryer Vent Cleaning: Each year in May all dryer units in the two-story Devons are cleaned, and the remaining 47 units are cleaned every third year. Appointments will be arranged by **REZKOM** at the convenience of the resident.

Drainage: The Section 15 Board met with representatives of Section 17. We mutually agreed to a few solutions offered by Section 17. We are hopeful that these measures will resolve the flooding of the parking area for 544 ABCD Ardmore Road.

Landscape Committee:

(Continued on page 15)

#### Section 17

(Continued from page 14)

with maintenance and landscaping. Loose Belgian blocks have been reported and work to reinstall them is underway.

Holidays for May: May Day (1), Teachers Day (2), National Nurses Day (6), World Laughter Day (7), National Red Cross Day (8), National Apple Pie Day (13), Mothers Day (14), National Senior Fraud Awareness Day (15), Armed Forces Day (20), Memorial Day (29), and National Smile Day (31).

Happy Birthday to all born under the sign of Taurus and Gemini especially Chris Thronsen. Anniversary wishes to those celebrating especially Rose and Phil Rinkowski. Get well wishes to all in need.

#### Section 18A

*By Marianne Ippolito* Hi, Section 18A friends and neighbors!

Happy May. As I write this month's article which needs to be submitted by the 15th of the month, I am on vacation in Florida.

It's rained nearly every day and the weather home is beautiful. Go figure. There truly is no place like home!

I hope you were able to attend the April meeting and had an opportunity to meet the board candidates. Election meeting will be held on May 25 at 6 p.m. in the Cultural Center. Your vote is important and results will be published next month. In conjunction with CCA, our board continues to be very active which ensures the safety and value of our units.

Work has begun on roof replacement and with the warm weather, projects can be scheduled to maintain the exterior of our units.

For those of us with sprinkler systems, please be sure to install a rain sensor. Our water bill is very costly. Don't think that because water and sewer bills are included in our maintenance that the cost does not impact you. It can result in increases in our monthly fees.

Pools will soon be open!

Please check this publication for information on opening days and rules. Sounds like there are plans for positive changes based on recommendations from the pool committee.

As the nice weather returns more of our residents are out walking and biking so be mindful of the speed limit and stop signs.

Ciao for now!

#### Section 18B

By Katbryn Neu

The Rodgers and Hamerstein song "Spring Is Busting Out All Over"might describe the abundance of cherry blossoms welcoming spring back to Clearbrook. Despite celebrating our 50<sup>th</sup> Anniversary, Clearbrook continues to be a great community with the nice weather offering residents many opportunities to get outdoors.

May 5 brings Cinco de Mayo with margaritas and tequila shots and is the anniversary of the Battle of Puebla celebrating Mexico's military victory in 1862 over the French forces of Napoleon. Fans of horse racing look forward to the Kentucky Derby May 6. Mother's Day is Sunday, May 14. Memorial Day, May 29, is always the last Monday in May and a Federal Holiday which has become the unofficial start of summer.

The March Section Meeting was well attended. We've seen many home sales and welcome all new residents. At present five homes on Azalea have either closed or are under contract, with another one on the same street anticipated.

I read in April's Courier that a food truck will be onsite serving breakfast and lunch provided by Ahh La Carte and we should be getting further information.

The Annual Meeting of Clearbrook Tudor Village Association No. 18B will take place May 16 at 6 p.m. in the Cultural Center. We begin early to enjoy our annual pizza party and, after that, ballots are counted for the election of three Directors. Absentee ballots were mailed the first week in April with instructions for submitting your vote.

Anchor Exterminators have extended hours of service Monday, Wednesday and Friday. Call Administration for an appointment for ants and mice.

If you wish to have additional trash picked up by Waste Management they can be contacted at 1-800-633-9096 and refer to our account #502-61488 for information. There is a fee which can be paid with a credit card when you make arrangements.

With more of us barbecuing, please make sure grills are kept 5 ft. away from your unit. If you are turning on your outdoor water, please let us know if your hose bib leaks. Also, if you notice any Belgian block either dislodged or broken, inform the board.

Architectural and Landscape procedures have been revised and streamlined down to only one application for everything. The new process, application and regulations can be reviewed on the Clearbrook website at www.clearbrook-nj.com under the forms and regulations tab. Please use borders to separate stones from the lawn and if any stones have migrated outside the planting area please put them back. Keep sprinkler heads fully retracted to avoid damage by landscaping equipment.

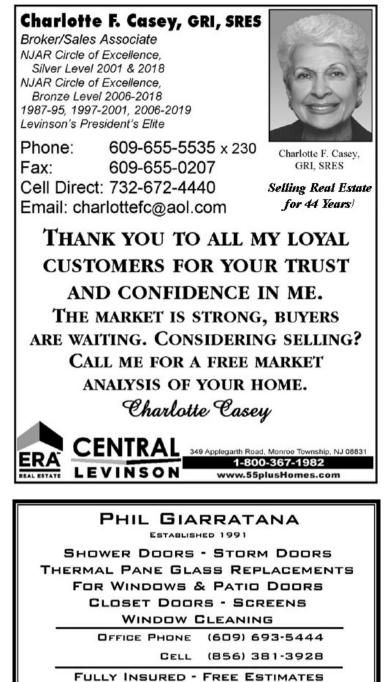
Don't change so people will like you; be yourself and the right people will love the real you.

#### Monroe Township Marks Holocaust Remembrance Day

MONROE TOWNSHIP -April 21, 2023 – The Monroe Township Human Relations Commission hosted a remembrance ceremony on April 18 at the township library as part of the community's participation in "Yom HaShoah," or, in English, "Holocaust Remembrance Day." The remembrance event, coordinated by the Human Relations Commission and its many volunteers, included local Holocaust survivors who sat in the front row. Scheduled to speak were Rabbi Shmuel Polin, spiritual leader of Congregation Etz Chaim in Monroe, and Paul Beller of Monroe, who told of his escape from Austria when he was just 8 years old.

brothers, sisters, children all stolen," the Rabbi said. "It is a wound that will never heal. And it is now up to my generation to speak up against ignorance and hatred. Holocaust education provides a steady voice in an unsteady world." "I'm one of the lucky guys who Hitler did not kill," said Beller, 91, married for 66 years and a proud greatgrandfather of eight. "He who hates is his worst enemy. And Hitler was his own worst enemy until his final days." In his opening remarks, Monroe Mayor Stephen Dalina, who was joined by members of the Township Council, noted that he can still vividly recall watching a television documentary about World War II and the Nazi regime as a boy.

act like that?' It was a moment that has stuck with me my entire life. As someone who earned an undergraduate degree in history, I know the importance of how we need to learn from the past, and deal with such contemporary issues as anti-Semitism." Another survivor. Sol Lurie of Monroe, told of how he was sent to six concentration camps, including Auschwitz, before being liberated in 1945 at age 15. Lurie went on to serve in the U.S. military, taking the oath of citizenship in Berlin, where he was stationed during the Korean War. "When I went back to Germany, I felt like a giant," he said. "The Germans tried to annihilate me, but I came back as an American, as a conqueror. Becoming an American citizen in Berlin made me the proudest American you'll ever find. (Continued on page 16)



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Polin, whose grandfather was in a concentration camp, said the Nazis annihilated 35% of the Jewish population on the planet. "Our hearts still ache. Fathers, mothers,

"When they showed images from the Holocaust, I remember running into my parents' room," Dalina said. "I asked, `How can people



#### The Monroe Township Cultural Arts **Commission Presents a Lecture Series for Photographers**

#### By Cathleen Norback

Dave Burwell, photographic artist, teacher, and president of the Princeton Photography Club, will present a lecture series for

#### Holocaust **Remembrance Day**

(Continued from page 15) God Bless America. I've survived to appreciate it."

When Dalina was sworn in as mayor in January 2021, one of his first acts was to join "Mayors United Against Anti-Semitism." There are 54 mayors in New Jersey that are part of a coalition of 700 nationwide, all declaring that anti-Semitism is incompatible with the democratic values that are the bedrock of American society.

"Many people in this room are aware that anti-Semitism is on the rise in our country and specifically here in New Jersey," Dalina said. "According to data released last month by the Anti-Defamation League, anti-Semitism incidents rose 36% in New Jersey in 2022, reaching 408 total incidents the most ever recorded in the state and the third-highest number recorded in any state across the country last year."

'That is why we must continue to educate and speak out against anti-Semitism," he added.

photographers of all ages and skill levels focusing on five different topics. The series will run from May through September and will be presented in two sessions: Afternoon sessions are 1 to 2:30 p.m. or evening sessions are 6 to 7:30 p.m. Although this is a series, each class is a separate entity, and people can choose any one [or more] topics that interest them.

1 – Understanding Your Camera: Tues., May 2 or Thurs., May 4

2 - The Art of Photography: Wed., June 28 or Thurs., June 8

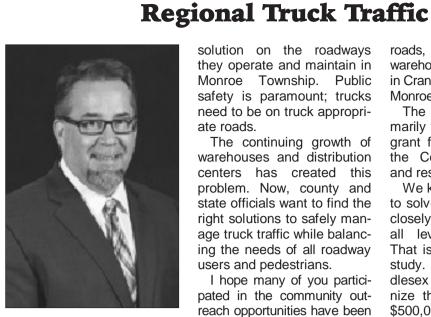
3 – Photographic Composition: Wed., July 26 or Thurs., July 13

4 - Nature Photography: Wed., Aug. 23 or Thurs., Aug. 10

5 – I-phone Photography: Wed., Sept. 27 or Thurs., Sept. 14

The lecture series is being held in the Monroe Township Library Meeting Room. The lectures are free, advance registration is required, but seating is limited to 60. Please join your neighbors for this upcoming lecture series!

For additional information on MTCA events, visit the website at https:// www.monroetownshipcultural arts.com



Mayor Stephen Dalina

#### By Monroe Mayor Stephen Dalina

Following the steady urging of Monroe, the North Jersey Transportation Planning Authority (NJTPA) and Middlesex County are undertaking a comprehensive regional study of ongoing truck traffic.

Both the state and county are taking our concerns very seriously and agreed to undertake this detailed study of the regional freight corridors this spring. It is the next, logical step in our efforts to finally reduce truck traffic in our residential neighborhoods and the roads surrounding our active-adult communities.

This ongoing freight movement study will hopefully provide the necessary information for state and county leaders to devise the right

Friends LIBRARY

solution on the roadways they operate and maintain in Monroe Township. Public safety is paramount; trucks need to be on truck appropriate roads.

The NJTPA and Middlesex County Study

The continuing growth of warehouses and distribution centers has created this problem. Now, county and state officials want to find the right solutions to safely manage truck traffic while balancing the needs of all roadway users and pedestrians.

I hope many of you participated in the community outreach opportunities have been part of this study, which included a public meeting at the Monroe Township Senior Center on December 7, a short online survey to gather public input regarding truck traffic issues and priorities and a second public meeting on April 17 at the Cranbury School in Cranbury where area residents gave their feedback on draft recommendations.

Officials are learning how and where the trucks move, as well as the bottlenecks and barriers. From there, recommendations will be made to improve traffic operations and safe mobility. The goal is to create consensus among municipal partners, private industry, and regional entities that rely on these roads.

I'm taking over this effort

roads, as many of the large warehouses, including those in Cranbury, rely on access via Monroe roadways.

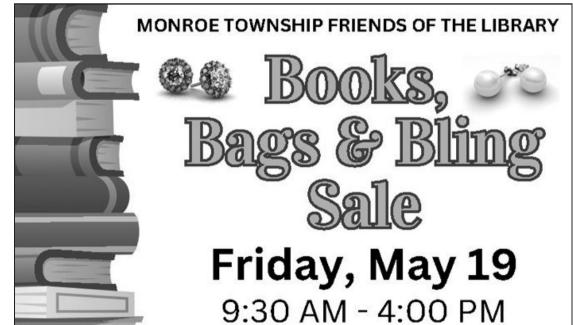
The \$500,000 study is primarily funded by a \$400,000 grant from the NJTPA, with the County providing staff and resources.

We know that the only way to solve this issue is to work closely with our partners at all levels of government. That is why I requested this study. The NJTPA and Middlesex County also recognize this problem, investing \$500,000 to identify the main issues and recommend solutions that are needed to give residents the relief they need.

At Monroe's urging, the study takes a regional approach, analyzing traffic effects in Cranbury, South Brunswick, and Jamesburg.

But we are not interested in just passing this nuisance traffic onto our neighbors. This study is hopefully the first step towards regional solutions in which all surrounding municipalities are working collaboratively on a fair and equitable solution.

As part of the study, the township has representatives on a Technical Advisory Committee - a key seat at the table as decisions are made. Monroe will be a full partner in every facet of this study, reviewing data at each step and ensuring the final results address the very legitimate, ongoing concerns of our community.



## **Important Phone Numbers**

**Monroe Township Transportation** 609-443-0511 Pickups in Clearbrook are at the Clubhouse, front entrance by the pool.

Monday-Friday: destination Freehold. Please be at Clubhouse by 9:10 am.

Monday & Wednesday: destination Princeton. Please be Clubhouse by 9:15 am.

The bus does circle Clearbrook Drive before departing.

Middlesex County Area Transportation (MCAT) 1-800-221-3520

St. Peter's University Hospital Transportation 1-800-858-8463

# YOU NAME IT WE HANG IT

# from the late former mayor,

Gerald W. Tamburro, who pushed for the state Department of Transportation and Middlesex County to ban heavy tractor trailers from local

# Saturday, May 20 10:00 AM - 4:00 PM Purchase gently-used books at bargain prices. Plus new and pre-loved jewelry and evening bags. Proceeds benefit the Friends of the Library.

4 Municipal Plaza, Monroe Twp., NJ 08831 Phone: 732-521-5000

DECORATIVE ITEMS OF ALL KINDS • PICTURES • MIRRORS SHELVING • TVS AND MONITORS • BLINDS • CURTAINS VALANCES • VERTICAL BLINDS • SHADES

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#### **Traffic Safety Announcement**

Please drive carefully within the community making sure to STOP at stop signs, use your DIRECTIONAL SIGNALS and abide by the SPEED LIMIT. Also, please be certain to park on the right side of the street.



# **Cultural Center Swimming Pool Rules**

Approved 3-22-2023

The rules listed below take into account the requirements mandated by New Jersey State law.

(NJSA 26:1A-7 and 26:4A-7)

#### THE CULTURAL CENTER POOL IS AN EXEMPT POOL WITHOUT LIFEGUARDS (SWIM AT YOUR OWN RISK)!

1. Pool will be closed when a gate attendant is not on duty.

- Pool Season is from Saturday May 27, 2023 through Monday, September 10, 2023 A. Hours of Operation are from 10am to 7:45pm B. From 10:00 am to 11:00 am, the Cultural Center pool will be used for Aquacise classes ONLY.
- There are no guests allowed. This is a RESIDENT POOL ONLY.
- Swimming alone is not permitted.
- Residents must show their Clearbrook picture ID card to the gate attendant before entering the pool area.
- Residents using the pool facilities must shower (no soap when using pool showers) before entering the pool in accordance with the New Jersey State Board of Health regulations.
- Pool furniture may not be reserved, may not be placed closer than 4 feet from the edge of the pool and may not be taken from the pool

area.

- 8. Food and drink are not permitted in the pool area.
- 9. Smoking, including ecigarettes is not permitted in the pool area.
- 10. No alcoholic beverages are permitted at any time; persons suspected of being under the influence of drugs or alcohol will be prohibited from entering the pool area.
- 11.Congregating at the pool steps is prohibited at all times.
  - 12. Running is not permitted within the pool area.
  - 13. Diving and jumping in the pool is not permitted.
  - The following flotation devices are allowed in the pool:
     A. Safety Devices (water wings, U.S. Coast Guardapproved life vests, back bubbles)

B. Therapy/medicinal devices (aqua-belts, water dumb-bells).

C. Small kickboards may be used for therapy/exercise only.

D. ONLY standard noodles are allowed. No noodles with nets are allowed.

15. Any person showing signs of skin disease, sore or inflamed eyes, a cold, nasal or ear discharge, or any communicable disease is not permitted in the pool. Band-Aids are also not permitted in the pool.

- Roughness, rowdy behavior, expectoration, or other conduct affecting the safety and comfort of others are not permitted.
- 17. For the comfort of all residents, any music device is prohibited with the exception of those that have individual ear/head phones.
- 18. No tables will be permitted on the pool deck.
- 19.Changing of clothing in the pool area is prohibited, i.e. outer wear to swim wear and swim wear to outer wear.
- 20.No pets, except ADA approved service animals are allowed in the pool area.
- 21. Rain continuing past 3:00 pm will close the pool for the remainder of the day.
- 22.Swimming and bathing during an electrical storm (thunder and lightning) is prohibited in accordance with Red Cross guidelines. Swimmers are permitted to reenter the pool 30 minutes after the last clap of thunder or stroke of lightning.
- 23. Any individual who refuses to follow pool rules or the direction of a lifeguard or security guard and/or whose conduct is abusive to fellow residents, pool management employees, or CCA employees will be required to leave the pool area.

## Monroe Kiwanis Hosts Fundraiser for Local Students

Kiwanis of Greater Monroe is hosting a fundraising event to provide scholarships for Monroe High School students.

The event "Expanding the Presence" features the international, self-taught, Spirit Medium and author, Rich Braconi.

Mr. Braconi is a retired undercover narcotic detective with 27 years of experience. He is known throughout New Jersey and Pennsylvania for providing a thought-provoking, spiritually enlightening, entertainment experience.

MAY 2023 — PAGE 17

This event will take place on Thursday Evening, June 1 from 6:30 to 8:30 p.m. at the Monroe Township Community Center (Recreation Center), 120 Monmouth Rd., Room 109. Doors will open at 6 p.m. The cost is \$50 per person.

Purchase tickets online through **Eventbrite.com Rich Braconi**. (Search for Monroe Community Center).

#### Cultural Arts Commission Presents Ultimate '70s Rock Tribute Experience

#### By Cathleen Norback

Join us as we take a trip with The Midnight Rock Show Band back to a time, just a few decades ago, when the earth was inhabited by quintessential Rock Stars. It was a time when music was magic and you waited for your favorite artist's next release.

The Midnight Rock Show Band, comprised of six masterful rock music veterans, will perform an exciting concert style live performance complete with clothing of the era, vintage video and sound elements. You will be transported back to the thrill of the memorable rock of the 1970s that is still as fresh today as the day it was released.

The program, sponsored by the Monroe Township Cultural Arts Commission, will be offered on Sunday, June 4 at 4 p.m. at the Monroe Township High School Performing Arts Center, 200 Schoolhouse Road, Monroe Township. Ticket information is available on the website: www.MonroeTownshipCultur alArts.com. Please join your neighbors for this upcoming presentation.

#### Clubhouse Swimming Pool Rules Approved 3-22-2023

The rules listed below take into account the requirements mandated by New Jersey State law.

- (NJSA 26:1A-7 and 26:4A-7)
- 1. Use of the pools when a lifeguard is not on duty is prohibited.
- Pool Season is from Saturday May 27, 2023 through Monday September 4, 2023
   A. Hours of Operation are from 10am to 7:45pm
   B. From 10:00am to 11:00am the Clubhouse pool will be used for lap swimming ONLY.
   Guests

A. Each unit is allowed 2 guests at no charge.

B. Over 2 guests are \$5 per guest. Fee for guests is to be made payable by check to Clearbrook Community Association and given to the guard at the gate.

C. All guests will receive a

they are using the pool facilities.

- Residents must show their Clearbrook picture ID card and sign in their guests in the log book located at the entrance to the pool. Residents must remain at the pool with their guests.
- Residents and guests using the pool facilities must shower (no soap when using pool showers) before entering the pool in accordance with the New Jersey State Board of Health regulations.
- 11. Pool furniture may not be reserved, may not be placed closer than 4 feet from the edge of the pool and may not be taken from the pool area.
- 12. Food and drink are not permitted in the pool area.
- Smoking, including ecigarettes is not permitted in

D. ONLY standard noodles are allowed. No noodles with nets are allowed.

- 19. Any person showing signs of skin disease, sore or inflamed eyes, a cold, nasal or ear discharge, or any communicable disease is not permitted in the pool. Band-Aids are also not permitted in the pool.
- 20. Roughness, rowdy behavior, expectoration, or other conduct affecting the safety and comfort of others are not permitted.
- 21. For the comfort of all residents and guests, any music device is prohibited with the exception of those that have individual ear/head phones.
- 22. No tables will be permitted on the pool deck.
- 23. Changing of clothing in the pool area is prohibited, i.e.



wrist band for the day.

- 4. Children under 4 years of age, strollers and/or baby carriages are not permitted in the pool or enclosed pool area.
- Minors 4 years to 12 years old, accompanied by a resident, are permitted in the enclosed pool area and pool on:
   A. Monday, Tuesday and Wednesday 2pm to 7pm
   B. Thursday, Friday, Saturday and Sunday 12pm to 7pm
- Children over 4 years of age are not permitted in the locker room or bathroom of the opposite sex.
- 7. Family Swim Days are Memorial Day Weekend, Father's Day only, July 4th day only, and Labor Day Weekend. Hours for families are entire day, opening to closing.
- 8. Residents are responsible for their guest's behavior while

the pool area.

- 14. No alcoholic beverages are permitted at any time; persons suspected of being under the influence of drugs or alcohol will be prohibited from entering the pool area.
- 15. Congregating at the pool steps is prohibited at all times.
- 16. Running is not permitted within the pool area.
- 17. Diving and/or jumping in the pool is not permitted.
- The following flotation devices are allowed in the pool:
   A. Safety Devices (water wings, U.S. Coast Guardapproved life vests, back bubbles)
  - B. Therapy/medicinal devices (aqua-belts, water dumbbells).
- C. Small kickboards may be used for therapy/exercise only.

outer wear to swim wear and swim wear to outer wear.
24. No pets, except ADA approved service animals, are allowed in the pool area.
25. Rain continuing past 3:00

- pm will close the pool for the remainder of the day.
- 26. Swimming and bathing during an electrical storm (thunder and lightning) is prohibited in accordance with Red Cross guidelines. Swimmers are permitted to reenter the pool 30 minutes after the last clap of thunder or stroke of lightning.
- 27. Any individual who refuses to follow pool rules or the direction of a lifeguard or security guard and/or whose conduct is abusive to fellow residents, pool management employees, or CCA employees will be required to leave the pool area.

#### CLASSIFIED ADVERTISING

#### Home Improvement & Services

**RELIABLE HANDYMAN SERVICES** – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

#### POWERWASHING—JOHN

**PEARL** Home Improvements, LLC. Power washing of houses, decks, sidewalks, patios and fences. Licensed and insured. #13VH06515700. (908) 208-1150.

**MIKE THE HANDYMAN** – See my display ad in this edition. (732) 780-0468.

T-K-S HOME IMPROVE-MENTS – Full service contractor. Kitchen, baths, basements, painting, tile and more. No job too big or small. License #13VH05970500. (609) 259-2574.

**POWERWASHING**—Spring/ Summer clean-up. Sidewalks, patios, houses. Reasonable rates. (910) 308-0376.

JOHN PEARL HOME IM-PROVEMENT AND LAND-SCAPING, LLC – General repairs and handyman work, painting, flooring, tile, deck repairs, powerwashing, landscape projects, and more. Licensed and insured. #13VH06515700. (908) 208-1150.

#### Miscellaneous/ Services

**TECH BUDDY** – Simple stepby-step help with smartphones, computers and tablets. Large print solutions for low tech problems. Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Amazon Alexa setup and training. Have Alexa remind you of your appointments, read audiobooks, more. \$5 off setup. Free quote. (732) 589-4974. techbuddybarb@aol.com

COMPUTERS CUSTOM BUILT & REPAIRED - RJF Sales Company LLC.\* Time to clean your computer and get educated on protecting yourself from scams. Desktop and laptop repair in your home. I am fully vaccinated; I use a mask. Virus removal and protection. Monroe resident with over 20 years of computer experience. (732) 723-9537 or (732) 967-3400. Please leave message; most calls returned same day.

ANNA'S HOME CARE – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 917-4208 or (908) 337-7462.

**CAREGIVER** – **CERTIFIED**, 20-year experienced caregiver with excellent references seeking live-in employment. Jane. (732) 520-0123.

#### **For Sale**

MTH O SCALE TRAINS and accessories. Call Allan at (732) 991-2195.

BUYING & SELLING GUNS – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

#### **Transportation TOM'S TRANSPORTATION** Local appointments. N.Y.C. events. Newark Airport. Call (609) 917-5600.

**ARNIE'S DRIVING SERVICE**. Anywhere. Anytime. Airport and NYC specialist. 609-751-1612

**LIMO GUY** — Our 20th year. We go almost anywhere. Upgraded SUVs. \$100 to Newark Airport. \$205 Philadelphia. \$205 JFK. We go almost anywhere. 24/7. Call (732) 803-2521.

**BOB'S RIDES FOR CASH**. All airports and N.Y.C. No locals. Concordia resident. Call Bob at (609) 819-1240.

AAA TRANSPORTATION— Monroe area. (Encore resident.) Transportation to airports, trains, piers, NYC, and I will drive your car to and from Florida. Reasonable rates. Call Howard (732) 979-3085.

#### **House Cleaning**

HOUSE CLEANING—Honest and experienced. Quality work. Call Laura, (609) 902-9951.



#### Friends of the Monroe Township Library Book Sale

There's something for everyone at BOOKS, BAGS & BLING, the Friends of the Monroe Township Library's semi-annual Book Sale. This sale will be held on Friday. May 19, from 9:30 am to 4:00 pm and Saturday, May 20, from 10 a.m. to 4 p.m. at the library, 4 Municipal Plaza, Monroe Township. Patrons may purchase gently DVDs. used books, audiobooks, and CDs at bargain prices. The book sale offers hundreds of donated

items, including fiction and non-fiction hardcovers and paperbacks, children's books, young adult books, movies, music, and audiobooks. This year, as an added bonus, the Friends will also offer new and pre-loved jewelry and evening bags!

All proceeds benefit the Friends of the Monroe Township Library. The Friends is a non-profit organization whose mission is to foster community awareness of the Monroe Township Public Library's resources, programs and services, and to support the library with membership dues and fundraising activities.

The Friends sponsors such activities as museum passes, the American Girl Doll lending program, mobile hot spots, book sales, puzzle swaps, wireless printing, college scholarships, lectures and book discussions, and youth programs. Contact the Friends via email at friends@monroetwplibrary.org

### May at the Monroe Township Public Library

#### Community Garden Plant Sale

Saturday, May 6 from 10:00 a.m. until 1:00 p.m.

The Monroe Township Community Garden will be selling vegetable plants to help you start your home garden. All proceeds go back into the community to help support local food pantries. Registration is not required.

#### Scrabble Club

Tuesday, May 9 at 3:00 p.m.

Come in and join us for some casual, noncompetitive, rounds of the timeless board game, Scrabble. We will try to place attendees around the same skill level (beginner, intermediate, expert) or based on average score. Feel free to bring your own board, or use one provided by the library. Registration is required. Register at the Welcome Desk, at www.monroetwplibrary. org/calendar or by phone at (732) 521-5000.

Photography Club

Tuesday, May 9 at 3:30 p.m.

Join us for the Library's newly-formed Photography

#### Save the Date for a Day at the Movies

The Monroe Township Chorus will present "A Day at the Movies" on Sunday, May 21. The concert will be held at the Monroe Township High School Performing Arts Center at 200 Schoolhouse Road, Monroe Township.

The Doors will open at 1:30 pm and the Show will begin at 2:00 pm. Club. This monthly club is open to Township residents ages 12+ and welcomes all skill levels. No experience is necessary to join. Bring a camera (smart device is acceptable) and share your love of photography. This is an in-person program. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary. org/calendar or by phone at (732) 521-5000.

Caregiver Support Group Wednesday, May 10 at 11:00 a.m.

A Caregiver Support Group meets at the Library monthly on the second Wednesday of the month. Kat Verdi, Certified Alzheimer's and Dementia Care Trainer, of The Gardens at Monroe leads the group. Her mission is to educate, empower and encourage caregivers. All are welcome. This program is held in person. Registration is not required. Sponsored by The Gardens at Monroe.

#### Mental Illness Resources and Services

Friday, May 12 at 11 a.m.

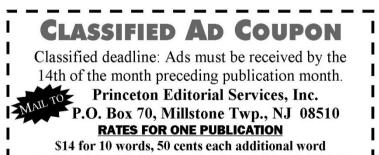
Learn how to access resources and services to help individuals living with mental health challenges. NAMI (National Alliance on Mental Illness) volunteers work in local communities to raise awareness and provide free (Continued on page 20)

#### Reading, 'Riting and 'Rithmetic Info Featured at Next League of Women Voters Meeting

#### By Linda Bozowski

The Monday, May 22 meeting of the League of Women Voters of Monroe Township will be held at Monroe Public Library at 6:30 pm. How school curriculums are developed and implemented will be the focus of the presentation. From the NJ Department of Education to the local classroom, topics and materials filter into our schools.

The meeting is open to the public, and League membership is not required to attend. We hope that this presentation will be of interest to all members of our community, since it affects our youngest residents. Please note the change of location and time.



#### Help & Health Services

AT ANGEL TOUCH HOME CARE we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059. At all Stop Signs even if you see no incoming traffic. Clearbrook's Speed Limit is 25 MPH.

Admission is \$10.00 per person at the door and children through high school age are free. For additional information contact Sheila Werfel Director at 609 619-3229

# NOTICE

Gasoline generators are not permitted in Clearbrook. The ban of gasoline generators will be strictly enforced. Propane generators are permitted as long as all approvals have been granted. Multiple: 10 words in two publications = \$14 x 2 = \$28.00 10 words in three publications = \$14 x 3 = \$42.00, etc. Check those publications that apply:
□ The Clearbrook Courier □ The Concordian
□ Encore Speaks □ GW Voice □ Regency Reporter
□ Renaissance Reflections □ The Rossmoor News
□ Check here for all seven publications
No discounts apply. All ads must be mailed with payment. No classifieds accepted by phone or email.
Note: Phone numbers count as one word. Do not count punctuation. Do not abbreviate.
State category/heading, ie., "For Rent", "For Sale",

- Help Wanted." You will not be charged for the heading.
  One check or money order must accompany insert,
- One check of money order must accompany insert, MADE PAYABLE TO PRINCETON EDITORIAL SERVICES, INC.
- Phone number or address which appears in ad must appear on check or money order to ensure proper credit.

#### Name

#### Tel. #

(Above information is for *Princeton Editorial* purposes only if we need to contact you. Above information will <u>not</u> be published.) **PLEASE** <u>*PRINT*</u> YOUR AD ON 8.5 x 11" PAPER

			The Clearbrook Courier			MAY 2023 — PAGE 19
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<ol> <li>9:30 am Ballroom Dance CC</li> <li>10 am Men's Table Tennis CC</li> <li>11 am Woodshop WS</li> <li>12:30 pm Dup. Bridge MPR</li> <li>1 pm Fiber Arts CER</li> <li>3:45 pm Yoga with Rama BR</li> <li>6 pm Bocce</li> <li>6 pm Bocce</li> <li>6 pm Stage Production Cast Party CC</li> <li>6 pm Stage Production Cast Party CC</li> <li>6 pm Stained Glass Class AS</li> <li>6:30 pm Billiards Clinic BIL</li> <li>6:30 pm Sec. 6 Bd. Mtg. CON</li> <li>7 pm Workshop- Ladies Night WS</li> </ol>	2 9 am Stained Glass Class AS 10 am Women's Table Tennis CC 11 am Woodshop WS 1 pm Bd. Mtg. Sec. 3 CON 2 pm Healthy Bones BR 6 pm Boomers Cinco de Mayo Ticket Sales CON 6:45 pm Cribbage CER 7 pm Presidents Council MPR 7:15 pm Line Dancing CC	3 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm New Horizons Reading Group CON 1 pm Diamond Painting CER 5:30 pm Cornhole CC 6 pm Stained Glass Class AS 6:30 pm Sec. 7 Bd. Mtg. CON 7 pm Billiard Club Mtg. LA 7 pm Pinochle CER 7:30 pm Chinese Dance BR	4 9 am Ceramics Club CER 10 am Activities Comm. Mtg. MPR 10 am Current Events LA 10 am Women's Table Tennis CC 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Dup. Bridge LA 1 pm Scrabble Games MPR 3 pm Mandolin CER 6 pm Boomers Cinco de Mayo Ticket Sales LA 7 pm Casino Night CC 7 pm Chair Aerobics BR 7 pm Meditation CON 7 pm WS - Ladies Night WS	5 9:30 am Rules & Regulation MPR 10 am Men's Table Tennis CC 11 am Sec. 12 Bd. Mtg. CON 11 am Woodshop WS	6 7 pm Boomers Cinco de Mayo Dance CC
	8 9 am Energy/Green Comm. Mtg. LA 9 am Sec. 9 Bd. Mtg. CON 9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga w/Rama BR 6 pm Bocce 6 pm Sec. 14 Elections LA 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 7 pm Democratic Club Mtg. MPR 7 pm Sec. 7 Open Mtg. LB 7 pm Sec. 12 Open Mtg. BR 7 Workshop- Ladies Night WS 7:15 pm Ballroom Dance CC	<ol> <li>10 am Women's Table Tennis CC</li> <li>11 am Woodshop WS</li> <li>11:30 am VOC Mtg. MPR</li> <li>2 pm Healthy Bones BR</li> <li>6:30 pm Sec. 5 Bd. Meetings LA</li> <li>6:45 pm Cribbage CER</li> <li>7 pm Sec. 1 Open Mtg. LB</li> <li>7 pm Sec. 2 Annual Mtg. Elections BR</li> <li>7 pm Sec. 4 Bd. Mtg. CON</li> </ol>	10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm Movie BR 1 pm Diamond Painting CER 2 pm Sec. 17 Bd. Mtg. CON 5:30 pm Cornhole CC 6 pm Sports Advisory Comm. CON 6 pm Stained Glass Class AS 7 pm Pinochle CER 7 pm Sec. 8 Elections LA 7:30 pm Chinese Dance BR	11 9 am Ceramics Club CER 10 am Current Events CON 10 am Women's Table Tennis CC 11 am New Horizons Bd. Mtg. LA 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Dup. Bridge LB 1 pm New Horizons Movie BR 1 pm Scrabble Games MPR 3 pm Mandolin CER 6 pm Sec. 18A Bd. Mtg. MPR 7 pm Chair Aerobics BR 7 pm Pickwick Village Sec. 15 Elections LA 7 pm WS - Ladies Night WS	12 10 am Men's Table Tennis CC 11 am Woodshop WS 8 pm Comedy Show CC	13 8 am Scrap Booking/ Card Making CER 7 pm Movie BR
14		<ul> <li>9 am CCA Executive Session MPR</li> <li>9 am Stained Glass Class AS</li> <li>10 am Italian American Club Bd. Mtg. CON</li> <li>10 am Women's Table Tennis CC</li> <li>11 am Woodshop WS</li> <li>2 pm Healthy Bones BR</li> <li>6 pm Sec. 16 Open Mtg. LA&amp;B</li> <li>6 pm Sec. 18B Pizza Party - Election CC</li> <li>6:45 pm Cribbage CER</li> <li>7 pm Sec. 11 Election MPR</li> <li>7:15 pm Line Dancing BR</li> </ul>	CC	<ul> <li>18</li> <li>8 am Pro Shop - Chamber of Commerce Breakfast BR</li> <li>9 am Ceramics Club CER</li> <li>10 am Current Events CON</li> <li>10 am Women's Table Tennis CC</li> <li>11 am Woodshop WS</li> <li>12:30 pm Dup. Bridge LA</li> <li>1 pm New Horizons Open Mtg. CC</li> <li>1 pm Scrabble Games MPR</li> <li>2:30 pm Bd. Mtg. Sec. 3 LB</li> <li>3 pm Mandolin CER</li> <li>7 pm Chair Aerobics BR</li> <li>7 pm Meditation CON</li> <li>7 pm Sec. 2 Bd. Mtg. LB</li> <li>7 pm Sec. 17 Open Mtg. CC</li> <li>7 pm WS - Ladies Night WS</li> </ul>	19 9:30 am Rules & Regulation MPR 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm Christian Fellowship Mtg. LA&B 7:30 pm JCC Friday Night Services CC	20 10 am Energy/ Green Comm. Mtg. CC 7 pm Happy Hours - Joanna Caruso BR
All Events	22 9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga with Rama BR 6 pm Bocce 6 pm Sec. 15 Bd. Mtg. CON 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 7 pm Workshop- Ladies Night WS 7:15 pm Ballroom Dance CC	AS 10 am Women's Table Tennis CC 11 am Woodshop WS 11:30 am VOC Mtg. MPR	1RASH PICK UP/RECYCLING         24         10 am Men's Table Tennis CC         11 am Woodshop WS         1 pm Diamond Painting CER         5 pm Cornhole CC         6 pm Sec. 1 Bd. Mtg. CON         6 pm Sec. 1 Bd. Mtg. CON         6 pm Stained Glass Class AS         7 pm CCA Open Bd. Mtg. BR         7 pm Pinochle CER         7:30 pm Chinese Dance LA         7:30 pm Chinese Dance LB	25 9 am Ceramics Club CER 9:30 am CCA board/ President Council/ Staff Mtg. BR 10 am Current Events CON 10 am Women's Table Tennis CC 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Dup. Bridge LA 1 pm Art Apprec. Bd. Mtg. LB 1 pm Scrabble Games MPR 3 pm Mandolin CER 7 pm Chair Aerobics BR 7 pm Republican Club LB 7 pm Sec. 4 Open Mtg. LA 6 pm Sec. 18A Election CC 7 pm WS - Ladies Night WS	26 10 am Men's Table Tennis CC 11 am Woodshop WS	27 10 am JCC Yizkor Services CC
<b>ABBREVIATIONS</b> CON = Conference Room BR = Ballroom CC = Cultural Center LA = Lounge A LB = Lounge B CER = Ceramics Room BIL = Billiards Room MPR = Multipurpose Roor WS = Woodshop COM = Computer Room PL = Parking Lot	10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CER 6 pm Bocce 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 7 pm Workshop-Ladies Night WS	30 9 am Stained Glass Class AS 10 am Women's Table Tennis CC 11 am Woodshop WS 2 pm Healthy Bones BR 6:45 pm Cribbage CER 7:15 pm Line Dancing CC	31 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm Diamond Painting CER 5:30 pm Cornhole CC 6 pm Stained Glass Class AS 7 pm Pinochle CER 7:30 pm Chinese Dance BR		202	

# May at the Monroe Township Public Library

(Continued from page 18) education, advocacy, and support groups to help individuals, families and caregivers affected by mental illness. Presented by Jeanne Goll, NAMI volunteer. This is an in-person event. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/ authortalks or by phone at (732) 521-5000.

#### Non-Fiction Book Discussion

Monday, May 15 at 2 p.m. Join us for a discussion about "The Water is Wide" by Pat Conroy. Reserve a copy at the library, or download the ebook using the Libby app. This is a hybrid program. Join us via Zoom or in person. Registration is required. Register at the Welcome Desk, on our website at www.monroe

Chair Yoga

twplibrary.org/calendar or by

phone at (732) 521-5000.

Monday, May 15 at 5 p.m. Chair yoga is a gentle form of yoga that can be done sitting on a chair or standing on the ground while using the chair for support. Guided by Hope Yoga. Register by e m a i I to e b i e n nas@monroetwp.com, or call 732-521-4400 ext. 114. Sponsored by Mayor Dalina's Wellness Commission.

#### Backyard Birding

Tuesday, May 16 at 2:30 p.m.

Ever wonder what that bird is? Join us to learn the importance of birds, how to identify common local birds, and what to do to attract more to your yard. This program is held in person. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary. org/calendar or by phone at (732) 521-5000.

#### **Operatic Explorations**

Wednesday, May 17 at 2:00 p.m.

Festival Director Gregory J. Geehern will present the vocal offerings of the Princeton Symphony Orchestra's 2023 Princeton Festival. This program is sponsored by the Monroe Township Cultural Arts Commission. Registration is not required.

#### Creating Art

Wednesday, May 17 at 4:00 p.m.

Artists Fran Gunther and Audrey Roth share their insights on the creative process behind their artworks with a discussion and demonstration. This program is held in person. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/ calendar or by phone at (732) 521-5000.

#### Page Turners

Thursday, May 18 at 11:00 a.m.

Looking for something to read or add to your reading list? Library staff will present and recommend a variety of titles pertaining to a different topic, both new and old titles. The theme for this session is *SciFi/Fantasy.* This is a hybrid program. Join us via Zoom or in person. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/ calendar or by phone at (732) 521-5000. If you wish to join us on Zoom, you must register with a valid email address.

#### Flowerpot Craft

Thursdays, May 18 at 2:30 p.m.

Join us as we embrace the change of seasons by designing our own flower planters. Register at the Welcome Desk, online at www.monroe twplibrary.org/calendar or by phone at (732) 521-5000.

#### Friends of the Library Book Sale Plus Bags and Bling!

Friday, May 19 from 9:30 a.m. until 4:00 p.m.

Saturday, May 20 from 10:00 a.m. until 4:00 p.m.

Gently-used books for sale at bargain prices. Also: DVDs, audiobooks and CDs. Prices range from \$.25 to \$2.

The Friends will be selling new and pre-loved jewelry and evening bags during the book sale.

All proceeds benefit the Friends of the Library.

Memory, Aging & the Brain Wednesday, May 24.at 3:00 p.m.

If you or someone you know is experiencing memory loss or changes in behavior and thinking skills, it's time to learn the facts. Attend this session presented by board-certified psychiatrist, Dr. Jeffrey Apter, and learn the difference between mild cognitive impairment, dementia, and Alzheimer's disease. Register at the Welcome Desk, online at www.monroetwplibrary.org/ authortalks or by phone at (732) 521-5000.

#### Friday Afternoon Movie

Friday, May 26 at 2:30 p.m.

Every month we show a different modern classic film. We are unable to list the title of the film here due to our licensing agreement but visit our website or call the library for information. This month, the Marx Brothers turn an operatic performance into chaos in their efforts to promote their protégé's romance with the leading lady. Registration is required. Register at the Welcome Desk, on our website at www.monroetwplibrary.org/ calendar or by phone at (732) 521-5000.



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