Vol. 49, No. 6/JUNE 2023 P.O. Box 70 • Millstone, N.J. 08510 A Monthly Periodical Serving Clearbrook



Members of the Energy/Green Advisory Committee at the recently held Clearbrook Green Fair Photos by Ed Hornichter



Presorted

Standard

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Residents Murphy Grimes and Jerry Sperling shared information about the ramifications of climate change at the Green Fair.

The CCA President's Report

By Beverly Eskra

While working in Nursing Education at University Hospital in Newark years ago, I was privileged to read a book by a Psychotherapist named David Richo. He was very influential in the theory of self-help and I needed ideas on coping to relay to a cancer support group I was conducting. We all adopt coping mechanisms in our lives; some are good and some are not. However, I was always interested in gaining more knowledge in the field of self-identification/ actualization and this book served well in helping me to gain

"The five things you cannot change in life". One of these is that everything changes and ends! It is inevitable that it will take place no matter what we do to prevent it. The second thing is that everything does not always go according to plan! Thirdly, life is not always fair, fourthly, pain is a part of life and lastly, people are not always loving and loyal. However, we can find liberation in the richness of life if we embrace these changes. We cannot stop the unpredictable but we can learn to adapt and cope with the many skills we do have. By paying attention

is not always what we expect it to be, being appreciative and grateful for the relationships that we do have and allowing ourselves to be who we are will help us in embracing the changes that do take place.

All of these things lead me to where we are in the present! How we cope is really up to all of us and the answer to me at least is (Continued on page 2)



Casino Night was held here on May 4. Participants enjoyed table games, refreshments, prizes and awards. The event was sponsored by The Gardens at Monroe.



insight in how to deal with to the people and things change. His book was titled around us, accepting that life

Clearbrook Cornhole: Best Finish Ever!



Larry Pipen making a good throw

By Lee Wargo

The Clearbrook Cornhole Tournament Team finished tied for first place, for its best finished ever, in the Monroe recreation's 55+ Cornhole Tournament.

The team was captained by Mike DellaValle with team members Larry Pipen, Charlie Comaianni, Bob Ambrosini and John Tepedino, who all played their very best. Even though it was a highly competitive tournament, all good shots were applauded and good sportsmanship was shown by both players and fans of all the participating communities.

The State of New Jersey has designated several medals for those American soldiers who served. These medals go as far back as WW II. Thanks go out to Sergeant Major, SGM (retired) Myles Cappiello, a Section 10 resident, who ran the event. There were 27 of us proud GI's who walked out with a medal. Two medals were awarded posthumously. Mayor Stephen Dalina and Senator Linda Greenstein attended the event, as did the entire CCA Board.

Medals awarded: NJ WW II Recognition, NJ Korean Recognition, NJ Vietnam Recognition, NJ Global War on Terrorism, NJ Distinguished Service, and NJ Meritorious.

Photo and caption by Ed Hornichter

Voice of Clearbrook – Channel 26 Start Your Engineering Career with the Voice - No Experience Needed!

By Matthew Troncone, VOC Producer/Announcer/ Engineer

Spotlight: The Engineer Was that you peering through the window at the Voice of Clearbrook studio?

No doubt it could be intimidating. But, as you look around, it becomes intriguing.

Flashing lights, monitors, and other equipment are staring back at you.

Computer screens flash images, while others seem to be in an infinite countdown.

At first glance, it resembles a spaceship. You think if I step inside, will I be abducted, never to return to Clearbrook?

Take a deep breath, relax, and look beyond all those distractions. As you step inside (I promise no aliens will abduct you) you will see a studio equipped with lighting, cameras, and microphones. It even has blue walls. Yes, a professional recording studio, just like the ones used in commercial television stations.

Engineering a television show is like how many of us recorded a mixed 8-track, cassette, or CD back in the day.

Ending one song perfectly and starting the next song without a long pause became an art form for some of us.

Engineering at the Voice is very similar, switching from the intro to the live shots, starting a CD or video at the right moment, and of course getting the audio to sync at the same time.

While the producer brings the idea and shows material; the announcer delivers the upcoming community events.

But none of that matters without you, the engineer. As you sit down at the controls, you check the material from the producer. Review the timing for any audio or video being used for that day's show. Pick the prerecorded opening and check the preview window.

We are live in 3, 2, 1...pull back the audio on Lifestyles, switch to the live shot of the producer and announcer, and bring up the audio in the studio...

You can learn to engineer a television show (heck, they taught me) if you can click a mouse, push a few slides on the mixing board and you're halfway there. The rest of the controls and software functions we will teach you. Just stop by the studio any day from 9:30 am to 11:30 am, say

Lifestyle Happenings

By Krystal Graves, Lifestyle Director

Change can be challenging for many but something as simple as the change in season could be the good kind of change that we all need. Many of us love the warm weather but a wonderful season like summer allows for us to have new experiences both inside and outside of the community with friends and neighbors alike.

The end of winter brought us an honorable and memorable Veterans Ceremony. Spring gave us laughter as the Cultural Center stage was lit up for two days in a row with talent galore for *Zoom: The Musical*. And summer is about to bring us – The Prom, Broadway, fun nights by the pool, arts and crafts, game show night, baseball games and so much more! So although sometimes change can bring on feelings of apprehension, change of seasons in the Lifestyle Department is always going to bring you joy, laughter and lasting memories.

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hello, and watch the engineers as they work behind the scenes.

The Voice of Clearbrook meets every two weeks in the Clubhouse at noon in the multi -purpose room. During the meeting, the schedule of shows and titles for the following two weeks. Also, each show's announcer, engineer, and producer for the upcoming week's programming are set.

Our next VOC meetings are on June 6th and June 20th. All are welcome.

You can also call Ralph Carito at 609-860-5631 or Maureen Tereshko at 908-202-6537 for more information.

Recent and Recurring Shows

One of my favorite recurring shows includes Murphy's Law on Tuesday nights at 7:30 pm. Murphy has endless movies, television shows, and Broadway productions. Tune in and catch some tremendous classic programming.

You can hear many varieties of music each week as well, from classical and jazz, to featured artists in many different genres. This past month, our weekday morning shows were changed up a bit but right on schedule. You can turn on your television or log in to the Clearbrook website to hear the daily music or special live broadcasts.

We welcome artists and hobbyists to contact us so we can interview/film them and their works in their homes for upcoming VOC shows. If interested, please call Stan Brim at 732-614-1277 to set up a short phone meeting.

Channel 26 is your Central Hub

Channel 26, the Voice of Clearbrook (VOC) cable TV station, is your central hub for Clearbrook news and relevant entertainment. We broadcast a live entertainment show every weekday from 9:30 - 11:30 am. We also have a live show on Tuesday nights from 7:30 -9:30 pm and once a month on Friday nights. On all other days/times, Channel 26 features scrolling announcements set to various great music. NOTE: We will be broadcasting taped shows soon. Stay tuned!

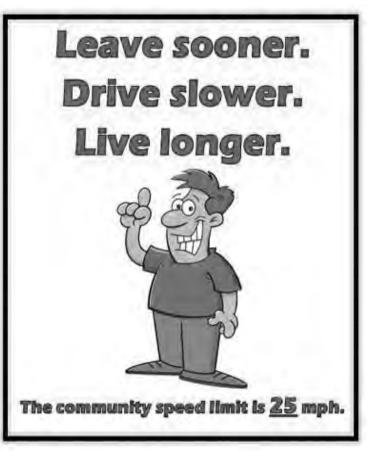
The CCA President's Report

(Continued from page 1)

very clear! Living alone or being inactive especially in the elderly can lead to disastrous results. Loneliness, detachment can dampen the human spirit so the more engaged you are in activities or relationships the better the outcome. I personally have found that by living in an active adult community like Clearbrook can help you accept the changes that take place and help you manage to live your life to the fullest without the fear of change. A place where the residents of this community are respected by the governing board and work to bring a community such as ours into the 21st century. A community comprised of many different cultures, religions and ideologies who merge together and find a sense of pride and ownership in their community. Our Clearbrook website states that we will exceed your expectations with the many activities that are offered and we have. We have been working hard to heal our community post covid by enhancing many of the amenities and most of all by listening to you! You can now look forward to a great summer season with a food truck adjacent to the Clubhouse pool for your light breakfast and lunch, a resident-only pool at the Cultural Center, extended hours at the Clubhouse and Cultural Center pools and a pool committee that is always open to suggestions and working together in the spirit of unity, and all of you have made this possible. We have listened and we have acted!

As you walk through our community the spirit of togetherness permeates the landscape. We gather, we talk, we communicate. Our open board meetings reflect our desire to hear you and listen to what you have to say. Our desire to work together and the ability to touch is of the greatest importance to this board and our fondest wish is that this year and the following years will prove to be our best ever!

As we move into the summer season, may we all be blessed with the spirit of kindness and acceptance of each other. We may not be perfect, but we are who we are because of the bond that we have created within our community. Let's help keep Clearbrook strong!



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Three Ways to Watch Channel 26: On your TV: If you have Comcast cable TV, go to Channel 26.

On your computer from the Clearbrook website: if you don't have Comcast or can't view Channel 26, go to Clearbrook-nj.com, click **Resident Login**, and enter your ID and password. Then click **Play** on the video that displays to stream Channel 26 directly from the web. (If you don't have an ID or password, call the Clearbrook Administration office at 609 655-2706.)

In the Clubhouse: View the TV next to Activities. It plays Channel 26 exclusively and continuously.

Want to know ahead of

(Continued on page 3)

CCA Open Board Meetings for 2023

All Open Board Meetings are at 7:00 p.m.

Wednesday, June 28 Wednesday, July 26 Monday, August 7

Wednesday, August 23 Wednesday, September 27 Wednesday, October 25 Wednesday, November 22 No Meeting in December Clubhouse Ballroom Clubhouse Ballroom Annual Meeting (Election Day) Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom

Work Sessions take place the second Tuesday of the month. All meetings are subject to cancellation.

Zoom: The Musical—a Hit



"Zoom: The Musical" was held in the Cultural Center on April 29 and 30 with over 600 residents and guests attending this hilarious comedy. The premise was based on the supposition that all of our favorite classic TV shows took place during the pandemic and everyone had to live their lives on Zoom. The play was written and produced by Clearbrook residents in the Stage Production Club. The head writer was Donna Richards. The cast was composed of Clearbrook residents.



Bravura Philharmonic Orchestra



Shellie Zicaro shows off her very first "Artistic Quilt" in the Fiber Arts Club's Monday afternoon session in Clearbrook's Clubhouse. Everyone applauded her for her astounding first-time endeavor! Come to Clearbrook's Fiber Arts Club and see what kind of masterpiece you can create!

Photo and caption by Jerry Sperling





Beverly McCutcheon puts the finishing touches on her stylized backing for a mirror she has designed. Helping her with some advice on filing down the edges of her creation is Clearbrook Woodshop Supervisor Richard Lewin. Richard has many years of experience designing beautiful art pieces and is one of the Woodshop's finest assets.

VOC

(Continued from page 2) **time which shows to watch?** Refer to the bi-weekly schedule posted on the Clubhouse Activities bulletin board, the Channel 26 TV bulletin board "scroll," the Clearbrook resident's Facebook page, outside the TV studio room in the Clubhouse, or the Clearbrooknj.com website (under VOC -> Morning Broadcast Schedule). Lights, Camera, Action, Come Volunteer!

Experience is optional. We will teach you what you need to know.

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By Joe Zicaro

The weather has broken and everything is now turning green. The play is building up. The excitement is here for Saturday Golf again!

The Saturday Golf Association got underway this season on April 8 with a three-man scramble. Finishing in first place to start the season off was the team of Mike Johnson Ted Cottingham and Jimmy Pierson with a 63.

Finishing in 2nd place for the day was the team of Colin Jones, Benson and Hedges, and David Little with 65.

3rd place finishes, to round out the field, with the following teams: Dave Silverthorne and Tom Luttman, also Joe Zicaro and Mr. Han 69

The closest to the pin went to Dave Silverthorne Longest Drive went to

Doug Dowling

week # 2 The 2 man scramble A Flight 1st Place-Mr Han and Mike Rekuc-72 2nd place-Chris Perdoni and Chris Jr.—74 3rd place—Joe Zicaro and Dan Seltzer-75 **B** Flight Andy Kosco and Al Pellar-77 Doug Dowling and Jerry Totten-78 Tim Casatelli and Jimmy Pierson 81

FORE!

The 2023 mixed tourna-

ment season is underway.

There are two to report.

There would have been

three, but the weather was

uncooperative along the way.

By Susan Matiejunas

Saturday Golf Association

4/15 Moving onto

4/22 Moving along at week 3

1st Place, Mr Han and Mike Shinkle—70 2nd place, Chris Perdoni and Brandon Perdoni—71 3rd place, Ted Cottingham and Richie Davis—72

There are some dates coming up, look for the signup sheets.

Let's Grip it and Rip it!!! P.S. Golf Etiquette 101:

Always be sure that the person in your group who is the farthest from the hole is allowed to hit first. Ok, don't forget repair your divots.

Opening day, April 26 there were eight groups. That has to be a record for that early in the season! Two groups tied at two under par. They were Gary Davis, Carol Ann Hroch, Ed Schimerer, and Jerry Totin; and Mark Baff, Nancy Haberman, and Dan Selzer. Three groups tied at one under: Herman Bozenhardt, Harold Carlton, Betty Lou Carney, and Andy Kosco; Ed Kopil, Jim Pierson, and Fred and Nancy Stone; and John Donohue, Melody Henry, Steve Holzinger, and Ed Tauss. Barbara Desiderio, John Jensen, and Ed Swartz came in at even par. Finally, yet another tie. Pat Brzozowski, Tim Casatelli, and Vito Ponzio; and Irwin Bailer, W.Link, Toni Fama, and Peter Perperas finished at one over.

May 10: At a two under 33 were Carol Ann Hroch, Ed Kopil, John Jensen, and Vito Ponzio. Next at 34 were Jim Pierson, Libby Podber, Dan Selzer, and Ed Tauss. We had a tie at 35. Those players were Melody Henry, Walt Link, and Peter Perperas; and Barbara Desiderio, John Donohue, Nancy Haberman, and Jerry Totin. Mark Baff, Pat Brzozowski, Gary Davis, and Ed Schimerer were at one over, followed at two over by Irwin Bailer, Harold Carlton, Betty Lou Carney, and Bob Tereshko. Herman Bozenhardt, Bob Kaufman, Andy Kosco, and Nancy Stone had a bad day. The Mayor's Cup happened early this year: Monday, April 24. I have the information for the women, but not the men. Our team of Linda Fallulcca, Melody Henry, Carol Ann Hroch, Nancy Stone, and Ann Marie Wasilko came in second to Regency. The other two teams were from Venue (a new community) and Rossmoor. Interestingly, although the tournament was played at Concordia, there was no team from there. That's it for this month. Until next, keep swingin' and hit 'em long and straight.



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Nurse's Notes

Reduce Your Risk of Developing Alzheimer's Disease: Eat Healthy and Exercise

By Elizabeth Caruso, MSN, RN, COHN-S – Nurse Manager

There are more than six million people in the United States who are living with Alzheimer's disease and, quite unfortunately, that number is expected to double by 2050. There are many reasons for this prediction, but mainly experts point to the aging population as a point of note.

As the population of the United States ages, more people will be diagnosed with age-related conditions including Alzheimer's disease.

In fact, according to a study published in JAMA Neurology, "roughly half of middle-aged Americans fear that they will someday develop Alzheimer's and other forms of dementia. And many aspects of the disease remain shrouded in mystery, as far as the general public is concerned."

What's going on?

Alzheimer's is a type of dementia caused by increased proteins in the brain that destroy the connections between brain cells that are important to memory and mental function. Further, as Alzheimer's moves from the early stage through the middle stages and finally to the end stage of the disease, brain cells continue to degenerate.

While there are some FDA-approved medications on the market that may slow the progression of the disease, there is no definitive treatment or cure. According to the Alzheimer's Association, "more than 12.7 million Americans over 65 are expected to have Alzheimer's, unless major medical breakthroughs are made to cure, reverse, or slow AD."

What you can do to reduce your risk of developing Alzheimer's.

Did you know that almost 80 percent of people who develop Alzheimer's also have been diagnosed with cardiovascular disease? It's true, says the Alzheimer's Association. "Exercise may directly benefit brain cells by increasing blood and oxygen flow in the brain. Because of its known cardiovascular benefits, a medically approved exercise program is a valuable part of any overall wellness plan," explains the Alzheimer's Association.

What's normal and what isn't as we age.

All that being said — and, no, it's not a pretty picture — rest assured that the vast majority of people who may be afraid they will develop the condition will not. Consider this: becoming a bit forgetful can often come naturally as we age. Alzheimer's disease is a brain disease. It is not a normal part of aging.

The Alzheimer's Association points out that the forgetfulness some begin to experience over the age of 60 is actually mild cognitive impairment (MCI). "MCI affects roughly 12 to 18 percent of people over age 60," the association estimates, noting about 10 to 15 percent will go on to develop dementia each year.

MCI includes "losing your train of thought, forgetting appointments or social gatherings, becoming disoriented in places you know well" among others, experts say.

Next steps...

Don't suffer in silence. If you or someone you love is experiencing any of these symptoms of MCI or Alzheimer's disease, speak with your doctor so your condition can be monitored and a wellness plan can be developed for you.



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A considerable amount of research has been published that says improving heart health — specifically by stepping up your level of exercise and eating a nutritious diet — can help reduce your risk of developing this type of dementia.

"We know that what is good for the heart is good for the head," says the U.K.'s Alzheimer's Society. "Research suggests that improving your heart health through diet and exercise can help to reduce risk of dementia."

Making sure risk factors are at proper levels — including blood pressure, cholesterol, and blood sugar help reduce your risk of developing diseases as you age. to help you stay active and secure.

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Art Appreciation Club

By Paula Davis

At our last meeting we were entertained, educated, and amazed, watching the story of the Mexican artist, Frida Kahlo, and the love of her life, Diego Rivera.

Although Frida Kahlo was hampered by much physical illness and disability, she managed to paint vividly colorful pictures, a reflection of her vividly colorful life. Her on-again off-again love and part-time marriage to the also-celebrated painter, Diego Rivera, was a story in itself.

We were happy to see a "full house" in attendance and hope that our new members will continue to enjoy all of our presentations. Our next general meeting will be on June 22. Please keep watching Channel 26 and the bulletin boards for upcoming events. All Clearbrook residents are welcome to attend meetings.

Remember, art is in everything around us. If you look at something and you admire it, whether it is a beautiful flower, a melodic symphony, an expressive photograph, an interesting structure, or a graceful ballet, you are looking at an artistic creation. Enjoy the art that surrounds us every day and makes us feel happy.

Clearbrook Computer Group By Hal Wexler

Bad news if you're still on Windows 10. Microsoft is going to stop adding new features to the OS through upcoming updates. Last year's release of version

22H2 for the OS 'will be the final version of Windows 10, Microsoft says. That means you'll need to get Windows 11 for major enhancements. This is Microsoft's way of encouraging users to transition to Windows 11. Users should only expect to receive performance fixes and security patches through future Windows 10 updates. Expect the updates to arrive monthly until the October 2025 end-of -support cycle date. According to surveys about 75% of users are on Windows 10 so the news will annoy a lot of people. It's those who can't shift to Windows 11 due to Microsoft's decision to impose certain system requirements found on PC's released in the last few years.

Microsoft has integrated a great Artificial Intelligence (AI)-powered image creator called "DALL-E" into its Bing chatbot. Microsoft has redesigned the Bing Search Engine to include the ChatGPT AI from the company Open AI that Microsoft has invested in. DALL-E is available in the Edge Browser for Windows 10 and 11 users who are signed in via a Microsoft account. The name DALL-E is based on a combination of the names of the artist Salvatore Dali and the Hollywood movie robot Wall-E. All you need to do is ask DALL-E to create an image from a description in text.

With the Edge browser open you will see a vertical toolbar at the far right of the browser window. Click on the blue Bing icon at the top of that toolbar and a new adjacent panel will open. It will contain various options including a selection of response modes and a dialogue box to type in your text. Make sure to enable the "More creative" option. Type a brief description of the image you want DALL-E to create into the dialogue box at the bottom of the panel and then click the forward-facing arrow icon to start the process. Use the word create when making your request. It



- Stenosis
- Difficulty Bending, Twisting, Lifting, Standing, Walking
- Shooting, Burning, Stabbing Sensation

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can take a little while for the image creation to complete, up to 4-6 minutes, so be patient. DALL-E will create 4 images for you to choose from based on your input. There is a wide range of uses for DALL-E, such as images for newsletters, posters, invitations, notices, and similar items. Microsoft doesn't often come up with brilliant innovations but with the DALL-E image creator, the company has,

Fiber Arts Club

By Chris Brenner

Spring is here and it brings new activities.

At Fiber Arts Club we have a new branch called "Fiber Arts at night". It will be on the second and fourth Thursdays of the month at 6:30 pm in the Ceramics room. The dates for this month are: June 8 and June 22. This is primarily for those who work during the day and are unable to attend Fiber Arts at 1 to 3 p.m. on Mondays.

Our Monday members are working on the "Big, big Spring picture"! This is a group project and will be finished soon.

It is almost 60"x60". Be sure to see it in about two3 weeks!

Republican Club at Clearbrook

By Melody Henry

The Monroe Township Republican Club (MTRC) meets the third Thursday of the month at the Monroe Township Public Library at 7 pm. They will be hosting all the local candidates running in the primary, so stop by and get acquainted with them.

The Republican Club at Clearbrook meets the fourth Thursday of every month. This group focuses on discussions including the indictment of former President Trump, Fox News letting go of Tucker Carlson, defunding of the police with related crime waves throughout the country, the "WOKE" movement, and familiarizing ourselves with famous quotes in history and their relevance to today. One such quote: "In a time of deceit, telling the truth is a revolutionary act". This famous quote is by George Orwell, an English author and journalist, who wrote Nineteen Eighty-Four and Animal Farm. If these topics interest you, consider joining us on June 22 in the Clubhouse Ballroom at 7 pm for a lively discussion. The primary is Tuesday, June 6, 2023. If you are interested in being a poll worker, please contact Ms. Lucille Panos at lp956@aol.com as soon as possible. Please take the time to know your candidates and vote! The Middlesex County Republican Organization (MCRO) is having its 2023 Campaign kickoff on Wednesday, June 7, 2023, from 6 to 10 pm at the Forsgate Country Club located at 375 Forsgate Drive in Mon-



(Continued on page 7)

Republican Club

(Continued from page 6) roe. There will be a buffet dinner and entertainment. Sponsorships are available and you may purchase online tickets at www.MIDDLESEXGOPNJ.or g. If you have any questions, please email MCREPUBLI-CANSNJ@gmail.com.

Save the date of June 9, 2023, for the Monroe Township Republican Club annual fundraiser in support of our candidates. Details to follow.

The Boomers Club

By Frank Casey and Steve Rudin

June is a time for graduation and family gatherings, so we won't be scheduling anything for the month of June. We would like to reach out and congratulate everyone who has a grandchild graduating in 2023. Bless each of you for a job well done.

If you missed our Cinco de Mayo dinner dance on Saturday, May 6 in the Cultural Center, Eric Wolff will be placing photos of the event up on our website. Many thanks to all who had attended this event.

We have an Open Members Meeting scheduled for Friday, July 14 at 7 pm in the Clubhouse Ballroom. Doors to open at 6:30 pm.

At this meeting you can BYOB (no hard liquor) and bring snacks. We'll provide desserts, coffee, and will be selling 50-50. For more information, please feel free to visit our website. www. boomersofclearbrook.com

The Boomers were to host a Mid-Summer Night Dream dance on Saturday, August 12 in the Cultural Center. Due to CCA's plans to renovate the Cultural Center late July through the month of August, it appears that we will need to cancel that event. If anything changes, our members will be notified by email. All other residents will receive updated information in the July/August issue of the Clearbrook Courier, on Channel 26 and our website.

For additional information about joining the Boomers Club, please contact our President, Frank Casey, at fcasey69@hotmail.com or our Vice President Steve Rudin at srud58@ outlook.com

Democratic Club

By Patricia Schwalje June is busting out all over, and Monroe Democrats will be busy getting out the vote, and working at the June Primary.

The May 8 meeting of the club honored the memory of Elizabeth "Betty" Schneider, Monroe Township Council-woman, with a moment of silence.

Our membership was happy to learn the council

seat left vacant by Betty's passing will be filled by Michael "Mike" Markel. Mike is a resident of Rossmoor, and serves as President of the Rossmoor Democratic Club.

Club Co-President, Larry Silverman, welcomed guest speaker, Prakash Parab, President of the Monroe Township Indians for Civic Action (MICA). Mr. Parab stated that he has been a resident of Monroe for 22 years. He holds a PhD degree in pharmaceutical development, and had worked for Bristol Meyers Squibb. After his retirement in 2016 (Continued on page 8)

Did You Know?

In June...

 Shuffleboard is now every Tuesday from 5:30-7 p.m.
 If you're interested in playing Tennis, contact

Tony at 732-754-5588.

- June 3 \$5 Dance The Prom, Dancing through the decades!
- June 5 Self Defense Class
- June 7 AARP Safe Driving Course
- June 7 & 10 Movie, Whitney Houston: I Wanna Dance with Somebody
- June 10 Pool Kick-off Party
- June 24 RENT, Theatrical performance in the Cultural Center
- June 30 Patriotic Floral Making Class



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Center for Joint Replacement







References gladly furnished upon request

(Continued from page 7) he wanted to enhance the

representation of Monroe's Indian community, and Monroe Indians for Civic Action (MICA) was created. MICA is an action oriented, nonpolitical, group with membership of 700 families, of Indian heritage. The mission of MICA is to promote civic service through volunteering. The group is active in enhancing educational services for Monroe children; particularly in the areas of Youth Robotics and STEM. They work to keep Monroe green and support preserving open spaces, and farmland. During the pandemic the group served lunches to the police, fire and EMT workers. Their efforts raised \$22,000, of which they donated \$16,000 to Emergency Services for the purchase of supplies, and distributed masks to Monroe Adult Day Care centers. Mr. Parab stated they were surprised to find there are many families in Monroe at the poverty level, and in need of food. MICA donated \$3,500 to the Monroe Food Pantry. The group participates in Earth Day activities, Green Fair and Oktoberfest. Mr. Parab's information was much appreciated by the Democratic Club membership.

The next speaker was NJ Senator, Linda Greenstein. Democrats are on the June 6 primary ballot Column B. Linda is up for reelection, and spoke about the need for Democrats to "get out the vote" in 2023. She emphasized her participation on the State Budget Committee and the work Democrats are doing to hold prescription drug prices down. She shared Democrats work to expand the oversight for Long Term Care facilities, and updated Senior Freeze payouts. When questions from the floor were opened, Bob Axelrad, a disabled veteran, thanked Ms. Greenstein for her work on behalf of disabled veterans.

Up for reelection to the County Board of Commissioners is Monroe resident, Leslie Koppel. Leslie shared that she actively promotes volunteering. She also shared the importance of voting June 6, and informed the membership that of 7,000 mail-in ballots that had gone out, Monroe residents have only returned 97 as of May 8.

Council President, Miriam Cohen, is running for reelection this year. She served as a Public Health nurse, and was proud of the Council's work with Mayor Dalina, keeping the tax rate stable. She spoke about the importance of elections, especially as we witness Republican controlled legislatures in other states wiping out a women's right to choose her health care, while allowing anyone to carry a gun. Miriam informed the membership that due to Mayor Dalina's diligence, and with the support of the Township Council, and Municipal Township employees, Monroe residents can continue to enjoy both extensive municipal services, and a stable tax rate.

In addition to Linda Greenstein, Leslie Koppel, and Miriam Cohen, other Democrats on Column B are Thomas Tomaro for County Commissioner, and NJ District 14 Assembly, Wayne DeAngelo and Tennille McCoy.

The next meeting of the Democratic Club will be Monday June 12, 7 p.m.

Italian American Club

By Medele De Filippo

Ciao amici. Spero che state bene. Hi everyone. I hope you are doing well.

On Tuesday, April 25, we held our meeting in the Clubhouse once again. After pledging to our flag, President Lou DiMeglio read the birthdays and wedding anniversaries of our club members who were celebrating in April. He continued with the reading of the names of all our new members.

Vice President Marie Schiumo reminded us that if we planned on attending our catered June 27 luncheon which will be held at the Cultural Center from 1 to 4 p.m. Please take a reservation form to fill out. The luncheon will include assorted sandwiches. salads, cookies, soda and water. You may bring the beverage of your choice, but no hard liquor please. All forms needed to be returned at our

your eyes, prompting many oohs, aahs and applause from the audience. John is an expert ventriloquist and magician and got many laughs during his act.

After the entertainment, we were invited to help ourselves to coffee, tea and apple turnovers. After our refreshments the winning 50/50 ticket numbers were called. The meeting was concluded shortly thereafter.

Happy Birthday wishes in June (birthstone: Pearl) (flower: Rose) to: Michael Cannarozzi. Bob Carlucci. Angelo Capone, Josephine Donzelli, Eileen Farragher, Elaine Fiorenza, Julius Levine, Sharon Livingston, Joseph Montalbano, Betsy Nichols, Jeff Parkhurst, Carole Parisi, Denise Pendolino, Jean Proper, Patricia Shorr, Prudence Stuto, Renee Toplansky, Maryann Trischitta

Happy Anniversary wishes in June to: Rose and John Begodt, Sharon and Fred Buchsbaum, Esther and Angelo Capone, Marie and Harry Dowling, Elaine Fiorenza and Nick Desalvo, Rosemary and Bud Kellert, Josetta and Reid Maurer, Carol and Jeff Parkhurst, Anne and John Petekiewicz, Victoria and Filippo Ruffino, Evelvn and Michael Sekac. Marie and Bob Service, Martha and Jerry Sperling, Bonnie and Mark Tornheim, Madeleine and Richard Torrisi, Rose and Vincent Villareale.

New Members: Say hello to: Patricia Castrucci, Carolyn Franklin, Alvera Grossel, Julia Leonard, Elizabeth and Nolberto Nieves. Welcome to the club!

Mark Your Calendar: June 27 luncheon, from 1 to 4 p.m. at the Cultural Center. This is a catered luncheon consisting of assorted sandwiches, salads, cookies, soda and water on each table. Also, BYOB, but no hard liquor please.

Trips: Monday, June 12, to the Resorts Casino in Atlantic City. Please call A/C Trip Coordinator, JoAnne Rago (609-655-4482) if you wish to join us for the day. You are always welcome and so are your friends. We play games on the bus and watch a movie on the trip home. And you might have "Slots of

Democratic Club



May 23 meeting with checks attached.

A/C Trip Coordinator Joanne Rago reported on the upcoming Atlantic City trip. Secretary Medele De Filippo was called upon to read the minutes of our March meeting, followed by Treasurer Betty Colgate who gave us an up-to-date account of the club's financial expenditures. There being no further business, we were introduced to the entertainer of the evening, John Lombardi, who goes by the stage name of Gemini. John has entertained us before. He hails from Brooklyn and is a standup comic, ventriloquist and magician. He has the talent of making small animals appear and disappear before

Fun.

Interested in Joining? We always welcome new members. If you are interested in joining, please call Vice President Marie Schiumo (609-409-9931). Everyone in Clearbrook is invited to join and to be a part of our membership.

Before signing off, let me leave you with this. When I was growing up my dad taught me about anticipation. He said "Just you wait until I get home."

Happy Father's Day to all you hard-working dads, grandfathers, brothers, sons, uncles, and nephews. Enjoy your well-deserved special day. Celebrate and have fun. Arrivederci, buona salute a tutti. So long and good health to everyone.

Jewish Congregation Highlights

By Michael Katz

Hello everyone! Summer is almost here and so much is happening at the JCC. By the time this article has been published we would have had our Sundae on Sunday meet and greet event. If last year's turnout was any indication, this one on May 21 would hope to have been a winner. Entertainment was provided along with the ice cream. Hope everyone had a great time.

This is also the time of year that we begin several annual sign ups. Our membership drive has begun. Forms have been distributed. If you have not received one, please contact our membership chair, Barbara Wellen, 814A Deal Road. Membership per person is \$30 or \$60 per couple. We have also distributed forms for our Tree of Life and Memorial Tree. If you would like to purchase leaves, please contact Michael Katz at 609-619-3762. Leaves are \$30 each per tree. Last, but most important, is our Book of Remembrance, better known as a "Yizkor Book". Each year this book is a charitable way for us to memorialize all those who have passed. The cost is \$5.00 per name.

Any questions, please contact Naomi Lefkowitz, 402B Delair Road or Michael Katz, 732-613-6762. We need the names ASAP. Please do not delay. The printer requires the booklet early to ensure we have it ready on time for the holiday.

To everyone who would like to return forms in person or need additional forms there will be a registration night on June 14 in the Clubhouse, Lounge A from 5-8 p.m.

One last thing to all the people; there is a prayer in Judaism that says "to all that are ill, have mercy on them and graciously restore their health and strength. Grant them a complete recovery Refuah Shlema".



onmouth

cardiology

Christian Fellowship

By Brenda A. Carpio

Hello Clearbrook. We are approaching the end of our season in Fellowship. Please note on your calendars that we will have our last meeting until September on Friday, June 16. We will have an indoor picnic. Hot dogs, dessert and beverages will be served. Please bring a salad of your choice to share with those attending. Call us at 609-235-9950 (leave a message) if you plan to attend so that we can be sure to have a place set for you and provide enough 'dogs' for everyone.

We have enjoyed a wonderful year. Attendance has improved and it is our hope that the September 2023 to June 2024 season will be even better. Thanks to one and all who have helped make this season a success.

Two important days occur in June. The first is June 14, Flag Day. Let us all fly the "Red, White and Blue" as we pay tribute to our flag and our great nation. In these days of unrest let us all be thankful for what we have been blessed with in our daily lives. In Proverbs 11:14 we are reminded that without good direction, people lose their way. Let us pray for our nation, its people and its leaders. May we lean on Him the flag on June 14 and sing along together: *God Bless America, Land that we love. Stand beside her and guide her*

in these difficult times. Fly

Through the night with a light from above.

From the mountains to the prairies,

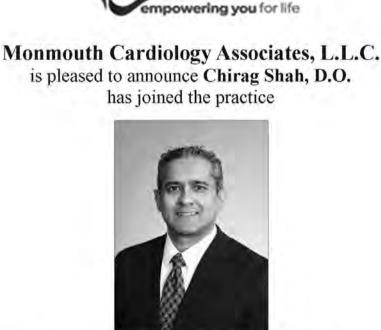
to the oceans, white with foam.

God Bless America, our home sweet home!

Our second important holiday is June 18, Father's Day. We all have memories of time past and the fathers we have known and loved. Let us pray for today's dads and their responsibilities:

God, we pray for the Dads and Grandfathers in our families and community. Protect them physically, spiritually, and emotionally. Give them strength and stamina to overcome the schemes of the enemy. May they be strong examples in the lives you have blessed them with. Thank you, Lord, for the men who faithfully serve you and work to keep our families strong. In Jesus' name we pray, Amen.

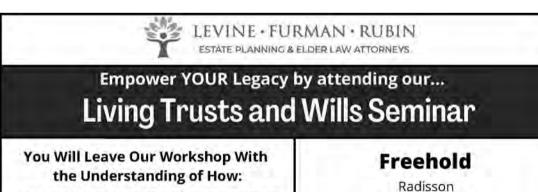
We hope you have a wonderful summer and look forward to our indoor picnic on Friday, June 16 at 1 pm in Lounge A & B.



Dr. Shah will see patients in the Monroe office located at

298 Applegarth Road, Suite G Monroe, NJ 08831 · 732-210-3285

Our Hospital Affiliations to include: Robert Wood Johnson, New Brunswick Saint Peter's University Hospital Penn Medicine Princeton Medical Center Jersey Shore University Medical Center



• You can avoid your family fighting over money

"Rack 'Em Up"

By Pat Castrucci

Summer is on the way flowers blooming, lawns turning green. All activities on board. So, let's begin with a new set of players for our next set of tournaments. Our latest 8 ball tournaments were great, which included A and B brackets. Congratulations to our winners Mike Kircher for A bracket and Mel Goldstein for B bracket. Ladies sign up. We're looking into enjoying just a women's tournament as well in the future, in the meantime we are having a ladies night every Thursday night starting

at 6:30 p.m.

Monday night Billiards will continue – even though outside activities are occurring. All are always welcome after your outside activities are completed or if weather is too warm or rainy, welcome into our air-conditioned room. As previously noted, our Billiard room has been redecorated and looks great, comfortable atmosphere and always friendly faces. Our seasoned members ready to help if needed.

Mark your calendars. Our next meeting is Wednesday, (Continued on page 10) and possessions when you are gone.

- You can protect your home and your savings from the devastating expense of a nursing home.
- You can protect your hard-earned assets from your children's spouses.
- You can protect your loved one with substance abuse issues.
- You can avoid the common missteps by families raising children with challenges, disabilities, or special needs.

Now is the right time for you to get your affairs in order with an up-to-date Estate Plan! 50 Gibson Place Tuesday, June 13th 10:00am | 2:00pm | 7:00pm

Monroe

Courtyard Marriott Cranbury South Brunswick 420 Forsgate Drive Wednesday, June 14th 10:00am | 2:00pm | 7:00pm

Princeton

Westin 201 Village Blvd **Thursday, June 15th**

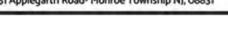
10:00am|2:00pm|7:00pm

You may register by calling our office at (732) 238-6000 or online at www.levinefurman.com/seminars.

Most attendees choose to make an appointment at the end of the presentation, so please bring your calendar with you.



609-655-AUTO (2886) 251 Applegarth Road- Monroe Township NJ, 08831





Section 2

The Clearbrook Courier

By Barbara J. Turner Our highly anticipated elections have finally come to pass, and we are happy to share the results of our newly elected and re-elected directors. We would like to thank Section 2 residents for their outstanding participation in the electoral process. Kathy McLaughlin - President

Bobby Jones - Vice President (Re-Elected) Norman Kleboe – Treasurer Barbara Turner - Secretary (Newly Elected) Sandra Jackson - Communications Officer Ruth Cereguas - Director Joseph Montalbano - Director (Newly Elected) Michelle "Shelly" Zicaro -Alternate Director (Newly Elected) While we are excited

about the addition of new directors to the board, we are equally saddened by the retirement of two longtime directors, Fran Blum and Phyllis Schuster. The contributions of each of these women, both in Clearbrook and the surrounding



area speak for themselves. Fran Blum

Before moving to Clearbrook Fran lived her entire life in Union City, New Jersey. She started working after her third child started school. She was a teacher in a Yashiva Day School in Jersey City where she was eventually elevated to Principal in Charge of English Courses where she remained until the school closed.

Fran moved to Clearbrook in January 1992. She was active in B'nai Brith where she eventually rose to be President of that organization. She was also a member another club, The of Brandeis Club, which was once an active club in Clearbrook. Fran was heavily involved in fund raising activities to support both B'nai Brith and Brandeis University. She was also active in the Meals on Wheels program.

Fran became a director of the Board of Section 2 in or around 2014-2015 where she was almost immediately elected to act as the Board's secretary. Fran started working in the Clearbrook library many years ago and where she is currently the most senior member of the library staff.

Now that she is no longer going to need to attend board meetings, that time will now be spent on the many other activities she loves, which include walking through Clearbrook.

Phyllis Schuster

Phyllis moved to Clearbrook in 2004. Almost immediately upon her arrival she was asked by the then president of the board to join the board. It must be noted that in 2004 there were no elections for directors like there are now. Phyllis accepted the invitation and has been an active member of the board ever since. Due to her active and outgoing personality,

she is involved with the Voice of Clearbrook, enjoys crochet and taking various arts and crafts classes including her favorite, diamond painting. She is also a member of the Activities Committee.

While a resident of Clearbrook Phyllis has also been involved in several Clearbrook stage productions which include acting and tap dancing and where she was also a member of the Melody Singers. She is currently a member of the Friends of the Senior Center.

After serving on the Board for 19 years, Phyllis feels that she should "take a step back and that it's time for some new blood to take over."

It is with genuine sadness that we announce the passing of one of our residents, Nenita Aliermo. Although we may not all know one another on a personal level, there is always a sense of loss when we lose one of our residents.

Every day may not be good, but there is something good in every day. - Alice Morse Earl

Section 4

By Irene Belinsky

Summer is on its way! And we can't wait!

Although we can't complain about the relatively mild winter, i.e., no snow, I think everyone is chomping at the bit to get their shorts on and welcome summer and the great outdoors.

One of the hallmarks of summertime is that we tend to be more active, and we should try to do more of it outside. This is especially important for those of us over 55. Leading a more active lifestyle outdoors promotes health.

There are so many studies that show the countless benefits of being outside - it increases energy, helps battle against depression and even boosts your immune system. So going outside promotes a healthy senior lifestyle.

So, you say, well my hip hurts or my knee is killing

(Continued on page 12)



.................



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(Continued from page 9) June 7 at 7 p.m. in Lounge B A Little Bit of Trivia

The first documented billiard table was ordered by King Louis XI of France in 1470. It resembled an indoor putting green, having a single hole in the center. Mallets with large heads, similar to putters and croquet mallets were used to push the balls around.

A Little Bit of Humor



June — Lifestyle Events and more

Krystal Graves, Lifestyle Director Lifestyle Department Hours: 9-5 pm —CLOSED 12 to 1 pm— 609-655-5760 All events are subject to change.



CCA Open Board Meetings for 2023

All Open Board Meetings are at 7:00 p.m.

Wednesday, June 28 Wednesday, July 26 Monday, August 7

Wednesday, August 23 Wednesday, September 27 Wednesday, October 25 Wednesday, November 22 No Meeting in December

Clubhouse Ballroom Clubhouse Ballroom Annual Meeting (Election Day) Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom Clubhouse Ballroom

Work Sessions take place the second Tuesday of the month. All meetings are subject to cancellation.

Clearbrook **Grocery Bus** The grocery bus runs on Thursdays. Pickups start at 9:30 am and go throughout the community. To reserve your seat, you must call the Activities Department. NO LATER THAN 2pm the day prior to the day you want to go. 609-655-5760 Please look for eblasts regarding activities the Activities Department is putting on. Also, Channel 26 and the Clearbrook Website continue to be a great resource for information to keep you up to date.

Community

Information

Health Care Center Open 24 Hours, 7 days a week

Phone Numbers

To Know

Administration	9 a.m 5 p.m.	655-2706
Lifestyle Dept.	9 a.m 5 p.m.	655-5760
Health Care Center	24 Hours	655-5888
Maintenance	8 a.m 4:30 p.m.	655-5890
Main Gate	24 Hours	655-5891

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Monmouth Cardiology Associates, L.L.C.

is pleased to announce Pratik Patel, M.D

has joined the practice



Dr. Patel will see patients in the Monroe and Somerset offices located at

Monroe Office 298 Applegarth Road, Suite G Monroe, NJ 08831 Somerset Office (Opening July 2023) 81 Veronica Avenue Somerset, NJ 08873

732-663-0300

MCA Expands its Hospital Affiliations to include Robert Wood Johnson, New Brunswick Saint Peter's University Hospital Penn Medicine Princeton Medical Center Jersey Shore University Medical Center



Section 4

me. As we get older, we should focus on what you can do rather than any aches and pains or decline in abilities. You will be happier. And there are many ways you can get outside and enjoy the fresh air and sunshine – and store it up for the winter.

Clearbrook offers so many outdoor activities to take advantage of during the summer months.

- Golf for all of you golfers.
- Bocce and shuffleboard are now going full swing as well as pickleball.

- Tennis courts are filling up.
- Let's not forget our two swimming pools and the offer of a real workout for those of us doing laps.
- Thompson Park in Monroe offers many hiking opportunities as well as parks in the Princeton area. Even if it's only for a half hour, this is very beneficial and walking in general promotes cardio. The amount of people walking and biking has noticeably increased. Best hiking trails are:

Thompson Park - Monroe; Monmouth Battlefield State Park (near Freehold); Gravel Hill *Trail – Bordering Monroe*; Jamesburg Park Conservation Area; Mercer County Park – West Windsor; Reinhardt Forest Preserve – 178 Plainsboro Road, hiking and bird watching, Cranbury; Heritage Park - Cranbury

- Picnics Outdoors not even anything fancy, just a sandwich when you are relaxing.
- Bird watching calms the mind and you connect with nature. Locally there is:

Charles Rogers Wildlife Refuge – Princeton; Reinhardt Preserve – East Windsor, also good for hiking.; Pond Platform – Red Bank; NJ. Audubon – gives free introductory guided walks, 908-396-7380 or website https://njaudubon.org

 Gardening – helps to maintain your strength and flexibility – you don't need a big yard just don't forget the kneepads.

And coming up June 24 will be our Section 4 Block Party – another outdoor activity you can enjoy with good food, music, and dancing. Stay tuned for more details coming soon.

So, when they say "Summertime, and the livin' is easy", yes, it is but try to do your living outdoors in the fresh air and sunshine and live healthier. You will notice the difference!

And just a reminder, the Section 4 Board now has two vacancies if anyone is interested: President and Vice President. Until such time these positions are filled, rest assured your Board will carry on its functions and responsibilities.

Section 5

are being looked into. Only those that are severely damaged will be corrected. The cul-de-sacs on Ironwood and Adler are being done over. We are installing new Belgium blocks and large rocks. Hopefully, this will eliminate tire tracks from trucks from ripping up the ground. The other cul-de-sacs will be done on a needed basis.

As you can see, I am on a roll. A note to our new owners and offenders. Garbage cans go to the sidewalk on Tuesday after 4 pm. No time earlier and no plastic bags either. Everything goes in the can or on top. Birds and other animals will tear the bags apart. Bags can land on someone else's lawn; I am always picking up recycling in the street left behind by the truck.

Enough complaining. Belated wishes for all the May's celebrations. In June, a happy and healthy wishes for our birthday and anniversary gals and guys.

Next month, I will announce the new board members. Let's welcome them aboard. Please check your meeting date sheet that was mailed to all for our next meeting. The board members are available for questions Monday - Friday 9 am thru 5 pm. Saturday 9 am thru 12 pm. We will get back to you at our earliest convenience. Thank You.

Section 6

Hilltop Village By Bernice Fitzgerald Section 6 Co-President Hello Neighbors,

The pool is open, and the summer begins! Our food truck is on site and ready to serve you tasty breakfast and lunch foods! Come sit outside at the pool and enjoy!

Our siding project is wrapped up for 2023. Residents whose homes were sided report that it is warmer and quieter!

Please remember that under no circumstances should anything be nailed to the siding. This is an extremely expensive project, and every unit owner holds responsibility to ensure the siding is not damaged.

Our Annual Meeting was held on May 15. The results are as follows: Elyse McGuire – 3-year term Howard Birdsall – 3-year

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Janice Kasper - Broker Owner • Donna Flatley - Broker/Owner Lois Nalitt Kane - Broker- Associate Sandra Bucci - Licensed Sales Associate • Jean Gsell - Licensed Sales Associate Viktoria Berger - Licensed Sales Associate • Michelle Pierson - Licensed Sales Associate By Fran Hecht

Summer has finally arrived. We have a lot to talk about. It's time to get out and see how our flowers and shrubs are doing. Say hello to your neighbor while you are there.

Sorry I missed the May issue. Hope everyone enjoyed Mother's Day. A big thank you to all who served and their families as well. Memorial Day is a time to reflect and enjoy a family BBQ.

Back to business. The Section has been busy installing gutter guards on each unit. Sorry for some early wakeup calls. We discussed washing the units this year. Some tree trimming is being looked into.

Driveways and sidewalks

term Dominick ladicicco – 3-year term Laurie Reyes – 2-year term Lisa Gessert – 2-year term The officers remain as follows: Steve Holzinger – Co-President Bernice Fitzgerald – Co-President Sheila Blalock – Treasurer

Lisa Gessert – Recording Secretary

We would like to welcome all our new residents to Section 6! Please follow any important updates on Channel 26 and we hope to see you at the meeting!

The Section has estab-

(Continued on page 13)

Section 6

(Continued from page 12)

lished a Hot Line number for all residents to call. NO ONE SHOULD BE CALLING A BOARD MEMBER'S CELL PHONE DIRECTLY. Please use the Hot Line number -732-573-8473. Board members will no longer be answering their cell phones for residential calls.

Stay happy and stay safe!

Section 8

Hampton Village By Liz Strazza

Welcome to June! Getting ready for more time out of doors?

Things seem brighter and we all seem to have more energy!

Note from the President:

The Election is over and the results are in. However, first I would like to thank all of our residents who made this process such a success. A special thank you goes out to Esther Capone, who put together a delightful Ice Cream Social. Everything was so beautiful and also so delightfully yummy. Many thanks to you!!!!!!

Next are our election judges who did a phenomenal job - Carol Ann Hroch and Pauline Doctor. Carol Ann was kind enough to retrieve the election box and contents and both ladies counted the ballots to ensure the integrity of the vote. Thank you to Anne Pultzer for agreeing to be a back-up judge if needed. Thank you all for a job well done. Thank you to all the candidates for their time and commitment to this community and for being brave enough to jump right in and help us. It is hoped that you will all consider this a rewarding experience going forward. Most importantly, thank you to all our residents who took part in this electoral process to ensure a smooth transition of leadership. We had 35% of our residents vote and that is wonderful.

There were four positions available, three candidates (Felipe Diaz, Eileen Ayala and Pat Esposito) were running and one write-in candidate (Eileen Pitzer). Since there were an even amount of positions as candidates, a motion was made, seconded and unanimously accepted to vote in all the candidates without contestation. Below is your NEW Board of Directors for 2023-2024. Melody Henry - President Liz Strazza - Vice President Lyn Carlton & Debbie Vollaro - Co-Treasurers Eileen Pitzer - Secretary Eileen Ayala - Director Felipe Diaz - Director Pat Esposito - Director Martin Miller: Director

wonderful Board, who give so willingly of their time and are so diligent in their work ethics and work together so smoothly to keep, preserve and protect the financial and physical assets of this Section.

Respectfully submitted,

Melody Henry, President Hampton Village.Section 8

Some things you should know:

-Come and meet with your board by attending our next Open Meeting, Wednesday, June 14, 7 pm in Clubhouse Lounge B.

-Fallen trees have been removed throughout the Section.

-Cutting of the lawns has begun.

-Seeding was completed... So please remember to keep watering the lawns and especially the new "seed" in the early morning hours.

-Remember the June 10th Pool Party !!! Be sure to sign up!!!

Take a moment to visit all the Sports areas now opened and available for your use.

-Protecting against property and mortgage fraud:

County Clerk offers free fraud alert service. Scams are often committed against property owners in the form of fake deeds or liens, which can go unnoticed for years. To protect your property, one of your most important assets, sign up for this FREE service provided by the Middlesex County Clerk's office.

To access this FREE tool, visit: "middlesexcounty nj.gov" and search "property alert". (A Thank You goes out to Pauline Doctor for providing this information.)

NEW RESIDENT WEL-COME TO: Stop by and say "hello"! Young Chan Lee and Mi Sook Lee at 266A Glen Rd.

As we go into the summer, be careful and enjoy the beautiful weather and all the amenities Clearbrook has to offer!

Best Wishes to all celebrating birthdays and anniversaries this month.

Keep love in your heart and "Celebrate Everything!"

Section 9

Kensington Village

have to be removed at unit owner's expense. Any trees planted within ten feet of the sewer will have to be removed. Many sections are experiencing issues with tree roots damaging sewer lines."

My guess is you all remembered to vote in May. This issue went to press shortly before our voting so the results will appear in next month's issue.

I hope you all enjoyed and appreciated Zoom: The Musical performed on Saturday, April 29 and Sunday, April 30. Section 9 was well represented in this stage production. As most of you know, the "brain child" of this show was our very own Donna Richards. With some help from Gina Ward, Donna wrote this play, was in charge of stage production and pretty much did all the over-seeing of every aspect of the show. Lucy Carlucci was the stage crew manager, and two of the actors, residents of Kensington also were Tina Corio and Shashi Suri. Kudos to you, ladies! It was a great performance and would not have been such a success without all your hard work and dedication.

Holidays for the month of June are:

- June 14 Flag Day
- June 18 Father's Day
- June 19 Juneteenth
- June 21 First day of Summer

Other dates to remember are our ladies luncheon on June 20 at 12:30 at City Streets and our Block Party on June 11. See our flyer for details.

A warm welcome to our new residents. Please join us at our June Block Party and meet your neighbors!

As always, many happy (Continued on page 14)



Esther Capone, of Section 8, put together a delightful Ice Cream Social at the Section's May meeting.





www.demarcofuneralhome.com

Special welcome to our newest member of the Board:

Ms. Eileen Pitzer.

And special thanks to our Board member Bill Gould, who has stepped down from the Board and will remain a friend of the Board by assisting and consulting. And, last but not least, thank you to a

Bv Marie Service Hi everyone!

Spring has come and is almost gone! Summer will be upon us in a couple of weeks and I think everyone is anxiously waiting for the pools to open.

A few words from our president, Paul Handwerk:

"We have had six more new garage man-doors installed. Pressure washing will be complete by the time you will be reading this article. We have come up with a list for this year's concrete and had a new meter panel installed on one of the townhomes. I have located all 84 water shutoffs to the units and have started to locate the cleanouts for the units. Any shrubs in the three-foot area over the sewer line will



If it looks familiar, that's because it's right here in Clearbrook. If you also recognize the guy in the picture above, it's because that's me, the owner of the property and YOUR NEIGHBOR!

So, if the time comes when you are interested in selling your home, or having a friend or family member move into our neighborhood, remember I am right here in Clearbrook to help!

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Section 9

(Continued from page 13) returns to all who are celebrating their birthdays and anniversaries this month.

Section 10 By Barbara Kist

I hope everyone is enjoying the pools and outdoor activities this summer. I would like to wish all the fathers a Happy Fathers Day.

The June Section meeting will be on June 26th at 7:00pm in the Clubhouse lounge B. Refreshments will be available before and after the meeting. Please try to attend. The Section summer picnic will be held on July 9th in the Clubhouse ballroom. This year we will be having a fajita bar and refreshments, more details to follow. As in past years, the Section will be subsidizing a portion of the residents cost, guests are welcome but at full cost and home health aides are free.

We will be cleaning all the dryer vents in the Section in the near future, each resident will be contacted to schedule an appointment. We will also be contracting to have all the houses in the Section power washed. When this work is scheduled. we will email the residents. Walkways and driveways are not included but we will provide a quote to have the contractor do this work at the owner's expense.

Due to the age of our homes we are starting to encounter problems with the electric meters and are going to have to replace them all. The board brought in a contractor to examine each electric meter and provided a list of the ones (approximately 1/3) that need immediate replacement. Those will be replaced over the next few months. We will then replace the remaining units over the next two years. This is a fairly expensive job and will cause us delaying the siding replacement. We will provide more information when available.

If you have an issue that the Section needs to address, call the Section hotline at 609-655-4723.

If you have anything you want to be discussed in the owner meeting at 15% of the eligible units casting ballots at the meeting. We had 97 of our 99 units eligible to vote this year. Thus the 15% quorum required that at least 15 units cast ballots by voting in -person at the meeting or by absentee ballots. The number of units casting ballots at the meeting was 43 (15 inperson and 28 via absentee ballots).

Since we only had four candidates running for the four vacancies, those four were duly elected at the meeting. The election results were: Dave Silverthorn, Julia Leonard, and RD Patel were each elected to fill the three 3-year terms and John Price was elected to fill the 1-year term.

Our appreciation and gratitude go out to the four newly elected Section 11 board members who have volunteered to serve all 99 unit owners in Section 11 by accepting the responsibilities mandated under New Jersey and U.S. condominium laws as well as the Clearbrook and Section 11 governing documents.

In addition, we extend thanks to the three ladies who volunteered to register unit owners who attended and cast ballots at the meeting as well as tally the ballots and report the election results to the meeting chair. Peggy Kraus and Madeleine Torrisi served as Election Inspectors and Sharon Wagreich served as the Election Supervisor.

Board Reorganization Meeting - On May 23, the newly constituted Section 11 Board of Directors met to hold its annual reorganization meeting as required by the Section 11 By-laws. The primary purpose for this meeting is for the Board to elect its officers for the next 12 months. These officers are President, Vice President, Treasurer, and Secretary. However, the results of that election were not available prior to printing of this edition of the Courier and will be printed in the Courier's July 2023 edition.

Section 12

By Jerry Sperling Hi Nottingham Villagers!

Audrey Hill. Audrey accepted the nomination and all welcomed her to the board. We now have a full Board of seven members here to serve our Section 12, hooray!!!

A big black dog was seen running loose recently around Section 12 on Grandin Road. Please, all dogs must be on a 6-foot leash, not 12-foot and never left to run around on their own. Please adhere to our rules and regulations. You must walk with your dog on a leash (and once again) you must pick up your dog's waste.

Power washing will be commencing soon and if you want your patio that is attached to your sunroom power washed, please reach out to Perry at Econo Wash to schedule an appointment. We will be sending a robo call and an email out to inform you when this will commence.

Our annual walk-about was completed and we will be contacting our contractors soon to get our yearly maintenance done! A big round of applause to Maggie and Russ, Rosemarie and John for a hard job, well done! Now that we have a full board, all maintenance issues must go to Rosemarie Stuppiello at 732-207-4127.

That's it for now, have yourself a great Father's Day and а meaningful Juneteenth!

Section 14

Oxford Village Grace Makuch Secretary Clearbrooksection14@gmail.com

Section 14 Oxford Village Board of Directors election was carried out on Monday, May 8 in Clubhouse Lounge A. We want to thank all those who participated by filing out the ballot form and either mailing it or bringing it to the main office. Thank you, Rick Boyle and Andy Geary tor monitoring the vote counting. We also had 10 ballots that were cast on May 8 at the election meeting. Candidates were Vincent DiNiso, Ilene Freilich, Bill Leahy and Lee Wargo. After the final votes were counted, all were elected and approved for the Section 14 board of directors. This will be the first year on the board for Bill and we welcome him on his new adventure. All directors will keep the same positions as in 2022. The next Section 14 Open Meeting will be Monday. June 12 in Lounge A at 7 p.m. Please come and meet Bill. We will be talking about what is happening in the fall for our Section. This has been a quiet month for news in our Section. In the past, I have read many interesting articles in the Courier from all the Sections; I hope you take time to read all the other Sections' news as well and in all of Clearbrook.

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Clearbrook is a very desirable community and the homes are selling fast if priced right. I can provide you with a free market analysis of your home and get it LISTED! I also can find a buyer for your home and get it SOLD! I look forward to hearing from you.

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Enjoy the first Day of Summer, June 21st and Father's Day on June 18th!

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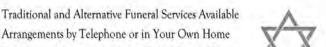
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Section news, please email me at barbkist@comcast.net.

Section 11

Malden village By Rich Kretschmann Annual Unit Owner Meeting and Elections - All Clearbrook sections hold their Annual Unit Owner Meeting and Board of Directors Election in May. This meeting for Section 11 was held on May 16. As usual, the election was the primary action taken at this year's meeting. We were filling four board seats, three for 3-year terms that expired at the meeting and one for a 1-year term resulting from a resignation.

Our by-laws set a quorum requirement for a valid unit

It's Jerry again, and I'm back with stuff which you should be interested in. First of all, the weather is getting really hot! So please don't forget to drink lots of fluids; vour body needs to keep hydrated! Next, be careful of the sun's harmful rays. Over time, they can cause cancer. So much for Dr. Jerry. Now for Section 12 news. We're all thankful to have our President Beverly back after her illness! Welcome back, Beverly!!! As for our Section 12 Board, we have added two new board members to our roster. The election results were as follows, Maggie Dickow 44 votes, James Hoenings 40 votes, John Tepedino 39 votes. One nomination was made from the floor and was made for

Section 15

Pickwick Village By Sandra Stark

"To plant a garden is to believe in tomorrow." Audrey Hepburn

2023 Board Elections took place at the Section 15 Annual Meeting on May 11. Sandra Stark and Danny Wasilko were re-elected to serve three-year terms. We extend a special thank you to George Richter who was appointed inspector to verify that the quorum requirement had been met, to open the absentee ballots and to count all ballots including those submitted at this meeting. Over 50% of the eligible residents/ owners voted. Thank you all for your participation!

Residents/ Owners Meeting

Save The Date: Our next Section 15 Meeting is scheduled for Thursday, August 10.

Capital Improvements

Vinyl Siding: The Board has considered the vinyl residing budget designated for 2023 and has contracted improvements for the following four buildings: 538 and 542 Berberis Plaza, 551 Cornus Plaza and 553 Ardmore Road. The contractor has projected completion by the end of June.

Operations

Drainage Update: The full Board of Section 15 met with three members of the Board of Section 17 regarding the drainage from 630 Madison Road. Although we all agreed on a few solutions, none have been implemented yet. The work will be done at Section 17's expense. We are hopeful that these measures will resolve the flooding of the parking area for 544 ABCD Ardmore Road.

Landscape Committee: The committee has met and has identified three areas to receive trees: the pond area behind the homes on Cornus Plaza and the lawn area extending from the front of 541 Berberis/ Cornus Plaza to Ardmore Road. Additional research has been done regarding ornamental trees including Bloodgood Japanese Cherry, Redbud, Pink Dogwood, White Kousa Dogwood, and Kwanza Cherry. Planting dates and costs have not yet been approved. CCA Responsibility: Belgian Block - An inventory of the damaged or loose blocks (spray painted orange) has been submitted to the CCA office for review.

Section 16 Queensway Village *By Maria Petro*

As I write this article in mid May, the weather has turned so much warmer and the sun has been shinning. This has lifted the spirits of many of us. Many of us have planted our spring and summer flowers and the Section is in full bloom.

Another social event we will be bringing back is Friday Night at the Movies. This is held, in the Ralston Plaza Cul de Sac. Bill Turkus, our president, provides the movies and the screen. You just need to bring your chair and snacks. If you have a favorite movie you would like to provide, that would be greatly appreciated as well. Watch for the announcement as to when the movies will begin.

Our May breakfast at Christos Kitchen was a huge success. Everyone was pleased with the selections and the service and atmosphere were exceptional. We will be planning a luncheon soon and also our annual Block Party.

The Section Elections were held on May 16. Congratulations to Chris Perdoni, Thomas Tompkins, and Thomas Riley who were reelected to the Board. We really need more volunteers for our committees. Please contact any Board member to help on a committee.

In order to help residents understand the rules and regulations of Clearbrook and Section 16, a spreadsheet which will help to delineate whether the responsibility for an issue or item for your unit is yours, the Section or the CCA, is available on the website. You can also get a copy at our open meetings. This will also help residents know who to call for any emergency problems or issues. Any general issues must be in writing on a Maintenance Request form and placed in the Section mailbox in the file room. The file room is located in the administration building across from the Voice of Clearbrook office. The best way to get the information you need is to attend our meetings and ask guestions. The Board meets the 3rd Tuesday of the month. All are welcome.

I would like to remind everyone that your Board is always working to make our Section a great place to live. I would also like to remind everyone that the Board is ALL volunteers. Please be mindful not to call a board member unless it is an emergency. All residents who rent must go through their landlords to report any issues. July and August, Monday, Thursday, and Saturday September, Monday and Thursday.

The Board would like to wish a Happy Father's Day to all the Fathers and Grandfathers in our Section.

As we head into summer, please remember to support our local businesses and let them know we support and thank them for keeping us supplied during the past two years. Stay safe, and enjoy the beautiful weather. See you next month.

Section 17

By Holly Ives

Every day is an opportunity to have a good day! It's what you make of it that counts. We can enjoy spring for a few more weeks. Hope you are taking part in events both inside and out. The pools are now open with their new rules and regulations. Be safe in the sun!

Important: Remind any visitors to use 1 Clearbrook Drive in their GPS to bring them to the main gate. Once they pass through the gate, they can enter your address in their GPS. Although the side gates now have improved "turnaround" access, your guests will appreciate one less wrong turn. Also, once they have arrived at your home, please remind them not to block driveways or mailboxes.

Section News: Our BBQ is on Saturday June 17 from 2 until 6 pm (NOTE start time) at the Cultural Center. RSVPs are/were due by June 1. [Call Holly or Joan for any questions.] The next Board Meeting is Wednesday, June 14 from 2 to 4 pm in the Conference Room at the Clubhouse. We will "see you in September" for our next Section meeting.

Holidays for June: Say Something Nice Day (1), D-Day (6), Flag Day (14), World Elder Abuse Awareness Day (15), Fathers Day (18), Juneteenth (19), Summer Solstice (21), Korean War (25), National PTSD Day (27), and National Work From Home Day (29).

Happy Birthday to all born under the sign of Cancer and Gemini, especially Viviana Cruz. Anniversary wishes to those celebrating, especially Nancy and Bob Scheid. Get well wishes to all who need them.





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Summer BBQ

BBQ Committee: Joanna Cook and Begee (Barbara) Haney are exploring and will advise. This event has been held previously in September.

The contact information for the Section President: Sandra Stark at 908-938-0798 or by email: starkc21@aol.com Happy Father's Day! Some gentle reminders again:

Please pick up after your pets

All trash cans are to be kept in your garage not in the driveway

Do not park in front of any mailbox. The Postman will NOT deliver the mail if the mailbox is blocked

Watering days: June, Monday and Thursday

Section 18A

By Marianne Ippolito

Hello friends and neighbors in Section 18A.

Hopefully everyone enjoyed the beautiful weather Mother Nature treated us to especially mid May as I write this column. One can't help but notice the array of colorful plants and flowers that embellish our gardens and walkways and patios. I love to spend time in the garden and can see that many of you enjoy the labor of love involved.

Summer projects have begun and our Section board has been very busy working (Continued on page 16)

732-777-0032 Martin Goldstein, Mgr. N.J. Lie: No. 4025

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Section 18A

(Continued from page 15)

with unit owners on projects that require approvals or permits. Part of the scope of work for the board is determining which units need immediate attention. They meet with contractors and experts in specific fields. They hold work sessions to determine what needs to be done and what fits into the budget. Our board members take safety and value of our units seriously and need to balance need and cost.

Work has already been completed on roofs and will move on to driveways. Several trees have been either trimmed or removed in the event that they pose a hazard. That said, unit owners should familiarize themselves with what our monthly dues cover and what is unitowner responsibility. When you have the time, familiarize yourself with the Clearbrook CCA website. Feel free to reach out to either the board or CCA regarding unit/ community issues. You may not be aware of the time our board members spend walking the community, taking phone calls, scheduling contractors all while keeping to a budget. They meet with CCA and other Section board members to ensure compliance with the overall rules. Sadly, throughout the community, not every problem is covered by the Section and may be your responsibility. There can be costs related to repairs that fall on the homeowner. I'm sorry to point this out, because my goal is to always keep this column up-

beat and informative. I would like to remind the

residents of Section 18A that the board is a group that has volunteered time and expertise from past experience and are dedicated to our little piece of this community. Other Sections are not quite as lucky to have such an engaged board. Go to the meetings and voice your opinion. Get involved on committees that keep our Section one of the best in Clearbrook. Remember that when you purchased a home here it did not come with a 24/7 on call superintendent staff. Please refrain from calling before 9 am or after 5 pm and remember that they are at the mercy of contractors' availability to assess your unit issue. Also, please be reminded that the board's responsibility is to address issues from unit owners and need not respond to emails they receive from outside of our Section and certainly issues or complaints not related to the structure and safety of our units.

Wishing you all a fabulous summer ahead. So much to do here in Clearbrook, in Monroe Township and in NJ. Look for events in our newsletter and goings on in the Monroe Senior Center and Library. Take a ride down the shore. Live, laugh love but most of all stay safe, and be well.

Section 18B Tudor Village

By Kay Neu

Welcome to summer. Summer begins with the Solstice occurring June 21, sig-



home veterinary visits 27 years all-feline experience \$10 off first house call fee with this ad

Rebecca Bergknoff, CPA

 Personalized accounting services in the comfort of your home. The nice weather has seen a number of new homeowners and we warmly welcome all to Section 18B. Hopefully many of you saw the email inviting all to our Annual Election and Pizza Evening last month. Please make sure we have your email in 18B's email account by sending an email to clearbrooksection18b@gmail.com putting your name in the subject line.

Gutter cleaning began the first week in May for the whole Section.

As a reminder to all and especially new residents, CCA Administration has a form to indicate where your front door key can be obtained either at the Main Gate or a neighbor. If you are unavailable in an emergency, the cost of damage to your front door will be incurred by you.

Clearbrook recently combined the Landscape and Architecture Modification Request forms and simplified them. Forms can be found online at Resident login or at the Administration Office. Some of the regulations have changed so it is recommended you review them prior to submitting your project design. While each Section may have their own regulations, CCA's apply to all. It's prudent to hire licensed and insured electricians and plumbers.

It is never permitted to hang anything from your home's siding. Doing so can damage siding and allow water from rain or power washing to get behind the siding and slowly rot. Siding will be repaired at the owner's expense.

When grilling outdoors, remember to keep the grill five feet away from siding. Before turning on your air conditioner, remember to open your ceiling vents.

Homeowners do not pay for water, but Section 18B does. Please be mindful of spigot or toilet leaks, limit sprinklers and use a sensor on your irrigation system. LMS should start pruning in the 3-foot area shortly; if you wish that they do not, you can place white flags at the corners of those areas. The pool opens Memorial Day Weekend and Page 17 of the May Courier has everything you need to know to enjoy either of the two pools. The pickleball courts are totally new having been given new asphalt and fencing. We have a growing number of plavers. Shuffleboard has started Tuesdays 5:30 to 7 p.m. The Activities Department has been doing a great job selecting and posting entertainment for all. Wrinkles should merely indicate where smiles have been... Mark Twain



Hip Surgery

By Jack C. Harris I did not fall. I did not slip, But I still need, A brand new hip! The one I have, Has just worn out. Sometimes the pain, Will make me shout! When I walk, I tend to hobble. On the stairs, I start to wobble. l use a cane, To get around, And if f I don't, I might fall down! My doctor's gonna Take his blade, He'll cut my skin, I'm not afraid. He'll grind my bone, With a surgical point, To make it ready, For a mechanical joint! He'll sew me up,



Up until then! And when I'm healed, And I'm all good, I'll walk and run, Just like I should. So if you see me, Jump and skip, You'll know I have, My brand new hip!

In June

By Ellen Tischio In June you may see a celebration It could be a Wedding or a Graduation

Weddings are popular in June After the ceremony you may dance by the light of the Moon

Graduations may be from Preschool, Middle school, High school or College No matter the Age of the Student. you know they have gained Knowledge

Monroe Pleased to Partner with Middlesex County Surrogate to Offer a Satellite Office

By Mayor Stephen Dalina

The Middlesex County Surrogate's Office plays a critical role in the lives of many Monroe residents, including many of our senior citizens.

That is why I engaged Middlesex County Surrogate Claribel Cortes in an important discussion about ways in which the surrogate can have a closer relationship with Monroe. Her office is based in downtown New Brunswick, where parking and traffic can be challenging. My goal was to identify a localized place where residents can have easy access to the services they require, with ample, free parking.

I would like to thank the surrogate, who was eager to find the right solution for the people of Monroe. Together, we decided to open a satellite office for the surrogate at the Monroe Township Library, 4 Municipal Plaza.

Library Director Leah Wagner said the room is reserved each Wednesday for representatives of the surrogate's office to meet with residents and assist them in probating wills and to address other needs. Services are fee-based. "Some of our residents are going through a difficult time and don't want to have to travel up to New Brunswick to meet with the surrogate," Wagner told me. "So, beginning in the fall, we partnered with the surrogate's office to have a satellite office in our library. It has been going very well, as we offer a comfortable place to meet that is right in town." The county surrogate oversees the probate process and estate administration. When someone in our

community passes away, the surrogate ensures that the deceased person's will is valid and guides the distribution of assets according to the will or applicable laws.

The county surrogate may also handle matters related to guardianship and conservatorship. If a resident is unable to make decisions for themselves due to age, illness, or disability, the surrogate court can appoint a guardian to make decisions on their behalf.

Similarly, if someone is unable to manage their financial affairs, the surrogate court can appoint a conservator to handle their financial matters. These appointments are crucial for protecting the interests of vulnerable individuals who are unable to advocate for themselves.

The surrogate also processes adoptions and invests minors' funds on their behalf.

The surrogate ensures that the legal rights and interests of all Monroe residents are protected, particularly in cases involving death, incapacity, or vulnerable populations. I would like to express my appreciation to Surrogate Cortes for working with me to find the right solution for Monroe residents. I am pleased the service is wellused at the Monroe Township Library, as there are a number of appointments with our residents scheduled each and every Wednesday. You can make a reservation by calling the surrogate directly at 732-745-3055. You can also learn more about the services provided by visiting middlesexcountynj.org/surrogate

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Important Phone Numbers

Monroe Township Transportation 609-443-0511 Pickups in Clearbrook are at the Clubhouse, front entrance by the pool.

Monday-Friday: destination Freehold. Please be at Clubhouse by 9:10 am.

Monday & Wednesday: destination Princeton. Please be at Clubhouse by 9:15 am.

The bus does circle Clearbrook Drive before departing.

Middlesex County Area Transportation (MCAT) 1-800-221-3520

St. Peter's University Hospital Transportation 1-800-858-8463

JUNE 2023 — PAGE 17

Cultural Center Swimming Pool Rules

Approved 3-22-2023

The rules listed below take into account the requirements mandated by New Jersey State law.

(NJSA 26:1A-7 and 26:4A-7)

THE CULTURAL CENTER POOL IS AN EXEMPT POOL WITHOUT LIFEGUARDS (SWIM AT YOUR OWN RISK)!

- 1. Pool will be closed when a gate attendant is not on duty.
- 2. Pool Season is from Saturday May 27, 2023 through Monday, September 10, 2023 A. Hours of Operation are from 10am to 7:45pm B. From 10:00 am to 11:00 am, the Cultural Center pool will be used for Aquacise classes ONLY.
- 3. There are no guests allowed. This is a **RESIDENT** POOL ONLY.
- 4. Swimming alone is not permitted.
- 5. Residents must show their Clearbrook picture ID card to the gate attendant before entering the pool area.
- 6. Residents using the pool facilities must shower (no soap when using pool showers) before entering the pool in accordance with the New Jersey State Board of Health regulations.
- 7. Pool furniture may not be reserved, may not be placed closer than 4 feet from the edge of the pool and may not be taken from the pool

area

- 8. Food and drink are not permitted in the pool area.
- 9. Smoking, including ecigarettes is not permitted in the pool area.
- 10.No alcoholic beverages are permitted at any time; persons suspected of being under the influence of drugs or alcohol will be prohibited from entering the pool area.
- 11. Congregating at the pool steps is prohibited at all times.
 - 12. Running is not permitted within the pool area.
 - 13. Diving and jumping in the pool is not permitted.
 - 14. The following flotation devices are allowed in the pool: A. Safety Devices (water wings, U.S. Coast Guardapproved life vests, back bubbles)

B. Therapy/medicinal devices (aqua-belts, water dumbbells).

C. Small kickboards may be used for therapy/exercise only.

D. ONLY standard noodles are allowed. No noodles with nets are allowed.

15. Any person showing signs of skin disease, sore or inflamed eyes, a cold, nasal or ear discharge, or any communicable disease is not permitted in the pool. Band-Aids are also not permitted in the pool.

- 16. Roughness, rowdy behavior, expectoration, or other conduct affecting the safety and comfort of others are not permitted.
- 17. For the comfort of all residents, any music device is prohibited with the exception of those that have individual ear/head phones.
- 18. No tables will be permitted on the pool deck.
- 19. Changing of clothing in the pool area is prohibited, i.e. outer wear to swim wear and swim wear to outer wear.
- 20.No pets, except ADA approved service animals are allowed in the pool area.
- 21. Rain continuing past 3:00 pm will close the pool for the remainder of the day.
- 22.Swimming and bathing during an electrical storm (thunder and lightning) is prohibited in accordance with Red Cross guidelines. Swimmers are permitted to reenter the pool 30 minutes after the last clap of thunder or stroke of lightning.
- 23.Any individual who refuses to follow pool rules or the direction of a lifeguard or security guard and/or whose conduct is abusive to fellow residents, pool management employees, or CCA employees will be required to leave the pool area.

Clubhouse Swimming Pool Rules Approved 3-22-2023

The rules listed below take into account the requirements mandated by New Jersey State law.

- (NJSA 26:1A-7 and 26:4A-7)
- 1. Use of the pools when a lifeguard is not on duty is prohibited.
- 2. Pool Season is from Saturday May 27, 2023 through Monday September 4, 2023 A. Hours of Operation are from 10am to 7:45pm B. From 10:00am to 11:00am the Clubhouse pool will be used for lap swimming ONLY. 3. Guests

A. Each unit is allowed 2 guests at no charge.

B. Over 2 guests are \$5 per guest. Fee for guests is to be made payable by check to Clearbrook Community Association and given to the guard at the gate.

C. All guests will receive a

they are using the pool facilities.

- 9. Residents must show their Clearbrook picture ID card and sign in their guests in the log book located at the entrance to the pool. Residents must remain at the pool with their guests.
- 10. Residents and guests using the pool facilities must shower (no soap when using pool showers) before entering the pool in accordance with the New Jersey State Board of Health regulations.
- Pool furniture may not be 11. reserved, may not be placed closer than 4 feet from the edge of the pool and may not be taken from the pool area.
- 12. Food and drink are not permitted in the pool area.
- 13. Smoking, including ecigarettes is not permitted in

D. ONLY standard noodles are allowed. No noodles with nets are allowed.

- 19. Any person showing signs of skin disease, sore or inflamed eyes, a cold, nasal or ear discharge, or any communicable disease is not permitted in the pool. Band-Aids are also not permitted in the pool.
- 20. Roughness, rowdy behavior, expectoration, or other conduct affecting the safety and comfort of others are not permitted.
- 21. For the comfort of all residents and guests, any music device is prohibited with the exception of those that have individual ear/head phones.
- 22. No tables will be permitted on the pool deck.
 - 23. Changing of clothing in the pool area is prohibited, i.e.

Mayor Introduces 2023 Municipal Budget with No Tax Increase

At the May 1 Township Council meeting, Monroe Mayor Stephen Dalina introduced a 2023 municipal budget that keeps the municipal tax rate flat at \$.489 per \$100 assessed value, the same rate as 2022.

This would be the third consecutive year without an increase to the municipal tax rate and continues Mayor Dalina's focus on affordability, property tax relief, and ensuring Monroe remains with the second lowest overall effective tax rate in Middlesex County for the coming year.

A public hearing is set for May 31. As part of the new spending plan, residential water and sewer rates will remain flat and continue to be among the lowest in the entire region.

"With growing inflation and ongoing economic uncertainty, many residents including myself have had to tighten their belts, and my job as Mayor is to do the same to keep our community affordable," Mayor Dalina said. "This is my third budget as your mayor, and our team has worked very hard to develop a responsible budget proposal that continues to provide excellent services but keeps municipal taxes flat at .489 per \$100."

Among the factors that led to a flat tax rate are:

Successful contract negotiations with all Township unions resulting in important, mutually agreeable, healthcare changes and savings. The township's healthcare expense line item is a 0% increase in the 2023 budget, compared with other towns in the state health care plan that increased approximately 23%.

Mayor Dalina expressed "a big thank you to our unions and all employees who worked together this past year to make this savings happen."

With a strong AA+ bond rating, the Township has refinanced much of existing debt over the past few years, saving several million dollars. As a result, debt service is down again in 2023.

The Township once again aggressively pursued federal CARES Act funding, American Recovery Act Funding, as well as State grant funding, which has helped keep tax rates flat.

Monroe has also expanded shared services efforts. Last year was the first full year as part of the county-wide radio system network, which has significantly reduced both the capital and operating expenses compared to managing its own radio network.

Commercial ratables continue to be added, thus stabilizing residential municipal taxes for future years.

"Monroe residents deserve credit for our budget success," Mayor Dalina said.

"Despite the challenges many of our residents faced these three years, remarkably, the township again achieved a more than 99% tax collection rate, which helps keep taxes low and stable. I would also like to thank the Township Council for their partnership in managing this and previous Township budgets, as the municipality remains on solid financial footing."

Monroe Township Council Appoints New Councilman

MONROE TOWNSHIP, N.J. - May 3, 2023 - Following the recent passing of Councilwoman Elizabeth "Betty" Schneider, the Monroe Township Council has appointed Michael A. Markel to fill her unexpired term through the November election. Markel received the unanimous support of the Township Council to serve in the seat.

place to live and urged us to check it out," Markel said. "We immediately loved it here and settled into Rossmoor. We haven't looked back."

Despite being retired from 35 years as owner of a retail business, Markel has no plans to sit still. He became president of the Rossmoor Democratic Club and then became chairman of the Monroe Township Democratic Organization. He also served on the township's planning board but must now step down because of his position on the Township Council. The new councilman said he will focus his efforts on preserving open space and further enhancing public safety in Monroe, making sure the police have the equipment and training they need to ensure the township remains one of the safest communities in the state. Markel has also closely followed the ongoing truck traffic study in southern Middlesex County. He said many residents in Rossmoor, as well as surrounding commu-(Continued on page 18)

wrist band for the day.

- 4. Children under 4 years of age, strollers and/or baby carriages are not permitted in the pool or enclosed pool area.
- 5. Minors 4 years to 12 years old, accompanied by a resident, are permitted in the enclosed pool area and pool on: A. Monday, Tuesday and Wednesday 2pm to 7pm B. Thursday, Friday, Saturday and Sunday 12pm to 7pm
- 6. Children over 4 years of age are not permitted in the locker room or bathroom of the opposite sex.
- 7. Family Swim Days are Memorial Day Weekend, Father's Day only, July 4th day only, and Labor Day Weekend. Hours for families are entire day, opening to closing.
- 8. Residents are responsible for their guest's behavior while

the pool area.

- 14. No alcoholic beverages are permitted at any time; persons suspected of being under the influence of drugs or alcohol will be prohibited from entering the pool area.
- Congregating at the pool 15. steps is prohibited at all times.
- 16. Running is not permitted within the pool area.
- 17. Diving and/or jumping in the pool is not permitted.
- 18. The following flotation devices are allowed in the pool: A. Safety Devices (water wings, U.S. Coast Guardapproved life vests, back bubbles)
 - B. Therapy/medicinal devices (aqua-belts, water dumbbells).

C. Small kickboards may be used for therapy/exercise only.

outer wear to swim wear and swim wear to outer wear. 24. No pets, except ADA approved service animals, are allowed in the pool area. 25. Rain continuing past 3:00 pm will close the pool for the remainder of the day.

26. Swimming and bathing during an electrical storm (thunder and lightning) is prohibited in accordance with Red Cross guidelines. Swimmers are permitted to reenter the pool 30 minutes after the last clap of thunder or stroke of lightning.

27. Any individual who refuses to follow pool rules or the direction of a lifequard or security guard and/or whose conduct is abusive to fellow residents, pool management employees, or CCA employees will be required to leave the pool area.

"I've always been someone who is eager to contribute to my community," Markel said. "Unfortunately, when Betty passed away, there was an opening on the governing body. I submitted my resume for consideration as I believe there are many ways I can give back to Monroe and help my fellow residents."

Markel and his wife, Barbara, moved to the Rossmoor adult living community, after raising a family in Port Chester, NY. Their daughter lives in Metuchen with children ranging from ages 5-13 and the grandparents were eager to settle closer to family.

"My daughter had suggested that Monroe is a great

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June at the Monroe Township Public Library

June 2023 at the Monroe **Township Public Library**

The Monroe Township Library offers a mix of inperson, virtual and hybrid programs for adults, children, and teens. Please read the program descriptions carefully. Many programs require registration. Register on our website at www.monroetwp library.org/calendar or by phone (732) 521-5000.

Book Café

Wednesday, June 7 at 11 a.m. & 1 p.m.

What have you been reading? We want to know! Join other book lovers for a lively discussion. Book Café is a perfect place to find your next great read or share what you have enjoyed. This is a hybrid program. Join us via Zoom or in person. Registration is required.

Virtual Author Talk: Mike Rucker, Ph.D.

Wednesday, June 7 at 4 p.m.

"The Fun Habit: How the Disciplined Pursuit of Joy and Wonder Can Change Your Life" by Mike Rucker, Ph.D., is the ultimate guide to reap the serious benefits fun offers. Fun is an action you can take here and now, practically anywhere, anytime. Through research and science, we know fun is enormously beneficial to our physical and psychological well-being, yet fun's absence from our modern lives is striking. This is a virtual program. Registration is required.

CPR Training

Saturday, June 10 at 11 a.m.

Penn Medicine will offer the American Heart Associa-

New Councilman

(Continued from page 17) nities, have continually expressed concern about the volume of truck traffic that traverses through Monroe. Working together, he said, with strong communication between surrounding municipalities, Middlesex County and the state, he will be pushing for solutions that benefit all residents.

"What people really care about is their families and knowing they are living in safe, strong communities," Markel said. Family is what attracted us to Monroe and why I have chosen to serve. Enhancing the quality of life for all Monroe families is why

tion Family and Friends CPR class. Learn basic Adult/ Child CPR, and cardiac event and stroke warning signs. Designed for the general community, this course teaches you what to do in the first few moments until a First Responder arrives. This is not a certification course, but a participation course. Space is limited. Registration is required.

Medicare Scams Prevention

Monday, June 12 at 2:30 p.m.

Protect yourself from having your Medicare/Medicaid services stolen from you. Presented by Senior Medicare Patrol of New Jersey. This is an in-person event. Registration is required.

Learn to Crochet

Tuesdays, June 13, 20 & 27 at 2 p.m.

Learn the basics of crochet using Creativebug guided by library staff! This class is 3 sessions. Registrants will need to bring medium weight (#4) yarn and an H8 (5mm) crochet hook. This is an inperson event. Participants should plan to attend all three sessions. Registration is required.

Scrabble Club

Tuesday, June 13 at 3 p.m.

Feel free to bring your own board, or use one provided by the library. Registration is required.

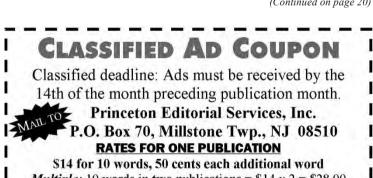
Photography Club

Tuesday, June 13 at 3:30 p.m.

. No experience is necessary to join. Bring a camera (smart device is acceptable) and share your love of photography. This is an inperson program. Registration is required.

Caregiver Support Group Wednesday, June 14 at 11

a.m. A Caregiver Support Group meets at the Library



monthly on the second Wednesday of the month. Kat Verdi, Certified Alzheimer's and Dementia Care Trainer, of The Gardens at Monroe leads the group. Her mission is to educate, empower and encourage caregivers. All are welcome. This program is held in person. Registration is not required. Sponsored by The Gardens at Monroe.

Genealogy Club

Wednesday, June 14 at 2 p.m.

Beginner and experienced genealogists welcome to discuss research, share findings and resources. This program is held in person. Registration is required.

Page Turners

Thursday, June 15 at 11 a.m.

Looking for something to read or add to your reading list? Library staff will present and recommend a variety of titles pertaining to a different topic, both new and old titles. The theme for this session is Reel Good Books (Books to Movies). This is a hybrid program. Join us via Zoom or in person. Registration is reauired.

Book Bingo for ADULTS

Monday, June 19 at 2:30 p.m.

Come play a few rounds of Bingo and win free books! Registration is required. For ages 17+

Coffee and a Book

Tuesday, June 20 at 11 a.m.

This month we will discuss "The Lost Apothecary" by Sarah Penner, nominee for Best Historical Fiction (2021). and nominee for Best Debut Novel (2021). A female apothecary secretly dispenses poisons to liberate women from the men who have wronged them - setting three lives across centuries on a dangerous collision course.

(Continued on page 20)

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(Above information is for Princeton Editorial purposes only if we need to contact you. Above information will not be published.) PLEASE PRINT YOUR AD ON 8.5 x 11" PAPER

The Clearbrook Courier

	The Clearbrook Courier					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9 am Ceramics Club CER 10 am Lifestyle Comm. Mtg. MPR 10 am Current Events CON 10 am Women's Table Tennis CC 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Dup. Bridge LA 1 pm New Horizons CB 1 pm Scrabble Games MPR 3 pm Mandolin CER 7 pm Chair Aerobics CB 7 pm Meditation CON 7 pm New Horizons LA 7 pm Woodshop - Ladies Night WS	2 10 am Men's Table Tennis CC 11 am Woodshop WS	3 7 pm \$5 Dance - The Prom CC
4	5 9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga with Rama CB 6 pm Bocce Bocce 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 6:30 pm Sec. 6 Bd. Mtg. CON 7 pm Self Defense Class - second class CB 7 pm Woodshop - Ladies Night WS 7:15 pm Ballroom Dance CC	6 7 am Primary Election CC 9 am Stained Glass Class AS 10 am Women's Table Tennis CC 11 am Woodshop WS 11:30 am VOC Mtg. MPR 1 pm Bd. Mtg. Sec. 3 CON 2 pm Healthy Bones CB 5:30 pm ShuffleBd. Shuffle CT 6:45 pm Cribbage CER 7 pm Presidents Council MPR 7:15 pm Line Dancing CB	7 9 am AARP Safe Driving Course LA 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm New Horizons Reading Group CON 1 pm Diamond Painting CER 5:30 pm Cornhole CC 6 pm Stained Glass Class AS 6:30 pm Sec. 7 Bd. Mtg. CON 7 pm Billiard Club Mtg. LA 7 pm Pinochle CER 7 pm Sec. 8 Executive Mtg. MPR 7:30 pm Chinese Dance CB TRASH PICK UP/RECYCLING	1 pm Scrabble Games MPR	9 10 am Men's Table Tennis CC 11 am Woodshop WS 6 pm Republican Club Fundraiser CC 6:30 pm New Horizons Movie and Presentation CB	10 8 am Scrap Booking/ Card Making CER 10 am Pool Party - rain alternate space CC 12 pm Pool Kick-off Party CH Pool 6 pm Veterans Pizza Party LA & LB 7 pm Movie CB
11 2 pm Sec. 9 Block Party CC	9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga w/Rama CB 6 pm Bocce Bocce 6 pm Sec. 14 Bd. Mtg. CON 6 pm Stained Glass AS 6:30 pm Billiards Clinic BIL 7 pm Democratic Club Mtg. LA	 9 am CCA Work Session MPR 9 am Stained Glass Class AS 10 am Women's Table Tennis CC 11 am Woodshop WS 2 pm Healthy Bones CB 5:30 pm ShuffleBd. Shuffle CT 6:30 pm Sec. 5 Bd. Mtg. LA 	 pm New Horizons Socrates Cafe LA pm Diamond Painting CER pm Sec. 17 Bd. Mtg. CON pm JCC Bd. Mtg. LA 5:30 pm Cornhole CC pm Sports Advisory Comm. CON pm Stained Glass Class 	<i>CDURIER COPY DEADLINE</i> 15 9 am Ceramics Club CER 10 am Current Events CON 10 am Women's Table Tennis CC 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Dup. Bridge LA 1 pm Scrabble Games MPR 3 pm Mandolin CER 6 pm Sec. 18A Bd. Mtg. MPR 7 pm Chair Aerobics CB 7 pm Meditation LA 7 pm Sec. 2 Bd. Mtg. CON 7 pm Woodshop - Ladies Night WS	 am Men's Table Tennis CC am Woodshop WS pm Christian Fellowship Mtg. LA pm Christian Fellowship Mtg. LB 7:30 pm JCC Friday Night Services CC 	17 12 pm Sec. 17 BBQ CC
Happy, Fathers Day!	9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga w/Rama CB 6 pm Bocce Mtg. LB 6 pm Sec. 15 Bd. Mtg. CON 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 6:30 pm Bocce Bocce 7 pm Sec. 6 Open Mtg. MPR 7 pm Sec. 10 Bd. Mtg. LA 7 pm Woodshop - Ladies Night WS 7:15 pm Ballroom Dance CC	 11:30 am VOC Mtg. MPR 2 pm Healthy Bones CB 5:30 pm ShuffleBd. Shuffle CT 6:30 pm Sec. 5 Open Mtg. LB 6:30 pm Sec. 16 Bd. Mtg. CON 6:45 pm Cribbage CER 7:15 pm Line Dancing CC 	21 10 am Men's Table Tennis CC 10 am Treasurer's Council MPR 11 am Woodshop WS 1 pm Diamond Painting CER 2 pm Computer Club Mtg. LB 5:30 pm Cornhole CC 6 pm Stained Glass Class AS 7 pm Pinochle CER 7:30 pm Chinese Dance CB TRASH PICK UP/RECYCLING	22 9 am Ceramics Club CER 10 am Current Events CON 10 am Women's Table Tennis CC 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Dup. Bridge LA 1 pm Art Appreciation Open Mtg. LB 1 pm Scrabble Games MPR 3 pm Mandolin CER 7 pm Chair Aerobics LA 7 pm Chair Aerobics LB 7 pm Republican club CB 7 pm Sec. 18A Open Mtg. CC 7 pm Woodshop - Ladies Night WS	23 10 am Men's Table Tennis CC 11 am Woodshop WS	24 8 am Rent CC
25 ABBREVIATIONS CON = Conference Room BR = Ballroom CC = Cultural Center LA = Lounge A LB = Lounge B CER = Ceramics Room BIL = Billiards Room MPR = Multipurpose Room WS = Woodshop COM = Computer Room PL = Parking Lot	26 9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga with Rama CB 6 pm Bocce Bocce 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 7 pm Sec. 10 Open Mtg. LB 7 pm Woodshop - Ladies Night WS 7:15 pm Ballroom Dance CC	27 9 am Stained Glass Class AS 10 am Women's Table Tennis CC 11 am Woodshop WS 1 pm Italian American Club Luncheon CC 2 pm Healthy Bones CB 5:30 pm ShuffleBd. Shuffle CT 6:45 pm Cribbage CER 7:15 pm Line Dancing CC	28 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm Diamond Painting CER 5 pm Cornhole CC 6 pm Sec. 1 Bd. Mtg. CON 6 pm Stained Glass Class AS 7 pm CCA Open Bd. Mtg. CB 7 pm Pinochle CER 7:30 pm Chinese Dance LA 7:30 pm Chinese Dance LB	 9 am Ceramics Club CER 10 am Current Events CON 10 am Women's Table Tennis CC 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Dup. Bridge LA 1 pm Scrabble Games MPR 3 pm Mandolin CER 7 pm Chair Aerobics CB 7 pm Sec. 16 Welcome Mtg. LB 7 pm Woodshop - Ladies Night WS 	30 10 am Men's Table Tennis CC 11 am Woodshop WS 2 pm 4th of July Flower Making LA	All Events Are Subject to Change. Schedule does not reflect changes made after the 15 th of the month.

June at the Monroe Township Public Library

(Continued from page 18) Please read the book in advance and join us for a discussion. This is a hybrid program. Registration is required.

Elder Investment Fraud -Don't Let It Happen to You Tuesday, June 20 at 1

p.m.

Presented by Arlene Ferris -Waks, Director of Investor Education, New Jersey Bureau of Securities, Office of NJ Attorney General. Ms. Ferris-Waks will help identify the investor scams to which seniors are most susceptible, as well as give tips regarding how to spot, stop and avoid becoming a victim of fraud. In partnership with the New Jersey Coalition for Financial Education (NJCFE). Registration is required.

Short Story Discussion Group

Thursday, June 22 at 2 p.m.

We will discuss "Greenleaf" by Flannery O'Connor in The Best American Short Stories of the Century edited by John Updike

raren

REAL ESTATE GROUP

and "Camp Sundown" in What We Talk About When We Talk About Anne Frank by Nathan Englander. This program is held in-person. Registration is required.

Farmers Market

Thursdays, June 22 & 29 from 2:30 p.m. to 6:30 p.m.

The Monroe Township Farmers Market is returning to the Library parking lot on Thursdays this summer. Start your weekend early! Eat fresh! Shop local! Our second season promises old favorites and will introduce you to some new ones. Scoop up seasonal produce, baked goods, honey, teas, prepared foods, and artisanal goods. Enjoy a different live musical performance every week. The Friends of the Library will be selling books at bargain prices. The market will run on Thursdays beginning June 22 to September 14 from 2:30 p.m. to 6:30 p.m., plus a Harvest Market on Tuesday, November 21.

All You Need Is

Love Book Club Friday, June 23 at 11 a.m. Join our modern romance book group to discuss "Me For You" by Lolly Winston. This is a hybrid program. Join us via Zoom or in person. Registration is required.

Friday Afternoon Movie Friday, June 23 at 2:30 p.m.

Every month we show a different modern classic film. We are unable to list the title of the film here due to our licensing agreement but visit our website or call the library for more information. This month, a grandfather tells the story of a farm boy-turnedpirate who encounters numerous obstacles, enemies, and allies in his quest to be reunited with his one true love. This program will be held in-person. Registration is required.

Small Changes/Big Impact on the Environment

Saturday, June 24 at 11 a.m.

Learn what you can do to help make a difference. Members of Monroe Township's Environmental Commission present a greener sustainable life around you, your house and community. This is a hybrid program. Join us via Zoom or in person. Registration is required.

Open Sewing

Monday, June 26, 3 p.m. to 5 p.m. OR

Thursday, June 29 from 6:30 p.m. to 8:30 p.m.

Students will bring their own projects on which to work – there is not a planned project; everyone will be working on their own. Students must take the Meet Your Sewing Machine class or have prior machine sewing knowledge to take this class. Ages 18 and over.

Registration is required.

Virtual Author Talk: Tananarive Due

Wednesday, June 28 at 8 p.m.

Please join us for a chat with Tananarive Due about her newest work, "The Wishing Pool and Other Stories". The second collection of stories by the author is full of her signature offerings of horror, science fiction, and suspense while confronting monsters of all kinds, including racism, the monster within, and the supernatural. Due is an award-winning writer, educator, and producer. Her body of work includes 16 books. This is a virtual program. Registration is required.

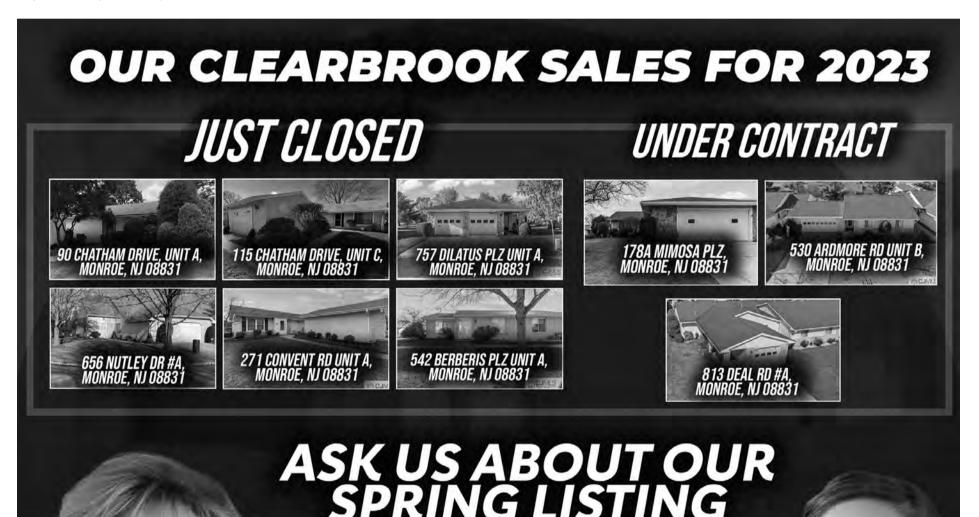
Discovery of a Masterpiece

Thursday, June 29 at 7 p.m.

Hear the story of how a simple art cataloging project evolved into a search for a mysterious piece's provenance and became one of the biggest art finds in recent history. This is a virtual program. Registration is required.

Device Advice

Need one-on-one tech help? Register for a 45minute one-on-one session for assistance with your phone, tablet, laptop, or any technology device, e.g., navigating our website and online resources, how to use an iPad, tablet, Kindle, smartphone, laptop, or other device, download books and media onto your device, how to access your email account. Registration is required.





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